

Save the date:
Bungendore Bites,
Saturday August 30

Bungendore Preschool
Christmas in July
Markets: this Saturday
at the Village Square

Pet
of the
Week



Regional Independent

Free

An independent, community newspaper distributed throughout the
Queanbeyan - Palerang region

No. 439

Wednesday 16 July, 2025

\$5.14 million to build John Fordham House for people living with disabilities in South Jerrabomberra

The NSW Government is partnering with the Ricky Stuart Foundation to deliver the John Fordham House in South Jerrabomberra, a new best practice accommodation home for people living with a disability.

\$5.14 million is being invested as part of the Government's ongoing work to build a better New South Wales, with greater opportunities, inclusion and understanding of peoples living with a disability.

The House will be made up of private living spaces with indoor and outdoor areas including a breakout room, kitchen, living, dining, courtyard and a carers office with live in facilities.

The home will include design features that ensure an accessible home including wider corridors, and will be completed with fittings, fixtures and finishes specifically designed to ensure safety.

Residents will be encouraged to engage in their local community and grow their networks by participating in local events, sports, social activities and

by working locally.

The project will be led by the Ricky Stuart Foundation which has demonstrated experience in the design, development and delivery of disability accommodation and support projects, having constructed Ricky Stuart House in 2016 and Emma Ruby House in 2018, providing local families with access to state-of-the-art disability respite care and accommodation.

Local Member for Monaro, Steve Whan said, "This is such a fantastic project for South Jerrabomberra, and I know it will mean a lot to many local families. Everyone deserves to feel safe, supported and connected with their community, and that is exactly what John Fordham House will offer to those who access the facility.

"I've seen the difference that the Ricky Stuart Foundation has made through its other accommodations, and I'm proud to see that kind of care and commitment coming to our region.

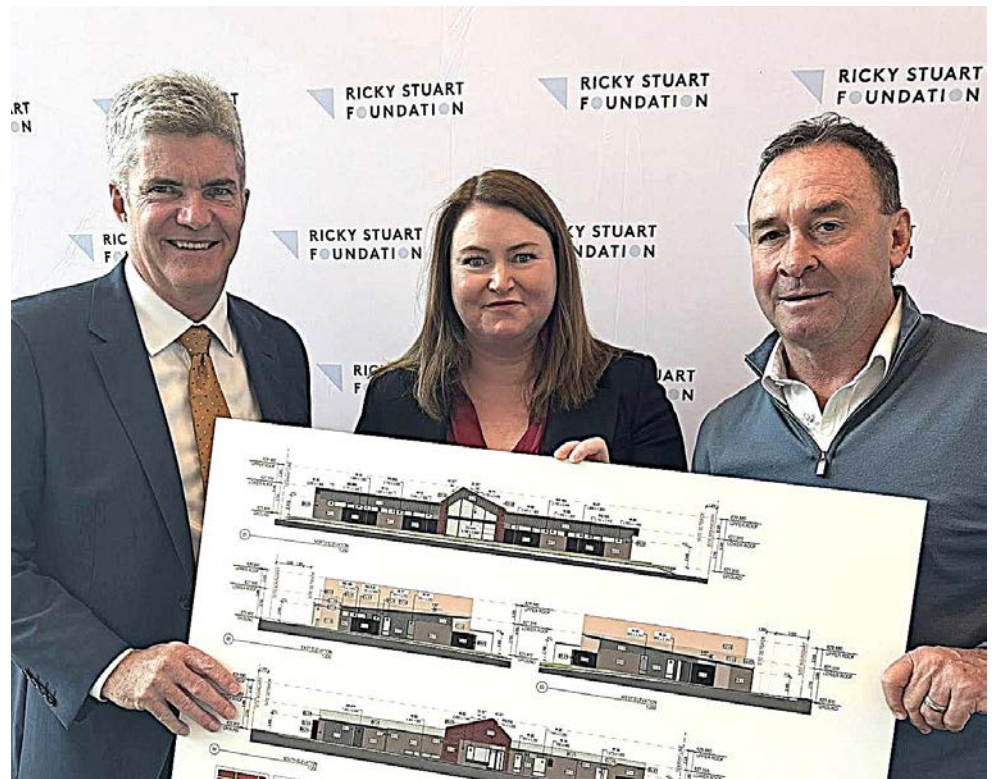
"John Fordham House will give families peace of mind, knowing their loved ones

have access to the right support in a caring space that has been designed with care and dignity at front of mind. I'm thrilled that the NSW Government is backing this important work."

The Ricky Stuart Foundation was created in 2011 by former Kangaroos and NSW Blues halfback and now Canberra Raiders coach Ricky Stuart and his wife Kaylie.

Following their daughter Emma's autism diagnosis at age 11, Ricky and Kaylie became aware of the lack of awareness, services and support for families in similar situations. Having experienced firsthand the challenges of raising a child with autism, Ricky and Kaylie knew more needed to be done to support local families.

The project has been named in honour of Ricky's mentor and manager, the late John Fordham, who is remembered for his legacy of dedication across many charities including the establishment of the Head and Neck Foundation and work with the Cauliflower Club.



Chairperson and Founder of Ricky Stuart Foundation, Ricky Stuart said, "Emma's journey to independent living has taught us so much about what young people need to thrive. John Fordham House is built on that experience. It will give others the same opportunity, a safe and supportive home where they can grow, feel proud of who they are and be part of their

local community."

"The \$5.14 million commitment from the NSW Government means we can get on with delivering the promise we made to local families. This is about more than building a home. We are creating a blueprint for supported living that puts dignity, inclusion and community at the centre. I'm

proud we're doing that right here in Queanbeyan."

For more information, go to: www.rickystuart.org

Photo supplied of Member for Monaro, Steve Whan, Minister for Regional NSW, Tara Moriarty and Chairperson and Founder of Ricky Stuart Foundation, Ricky Stuart

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Young leaders step up – but Bungendore Show needs more local help

The Bungendore Show needs your help!

The Bungendore Show might be more than 60 years old, but it's in the capable hands of a new generation of leaders. President Ashley Meyer-Dilley and Vice President Lara Hewitt, both under 35, are now leading the charge—working alongside an experienced and supportive committee to deliver what they hope will be the best one-day show in NSW on Sunday, 26 October 2025.

While Ashley briefly served as President during the pandemic, this will be her and Lara's first full show together at the helm. They're joined by another under-35 local, Jamie Crowe—a talented seamstress who's stepping into the key role of Chief Pavilion Steward for the first time.

The committee is particularly eager to get more young people and young adults involved in the

Bungendore Ag Show, which regularly attracts crowds of more than 3,500. With just three months to go, they're still looking for someone to take on the important role of Treasurer, as well as volunteers to help with set-up and pack-up.

Bungendore has a proud tradition of supporting youth involvement in the show. As it becomes increasingly challenging for regional events to engage the next generation, the committee is working to share the load across volunteers so that younger members can contribute while still managing full-time work and family commitments.

If you've got time to lend a hand—or have a specific area of interest—please get in touch by emailing president@bungendoreshow.com.au.

Pictured L-R: Jamie, Lara and Ashley. Photo supplied



Stay Safe with Your Wood Fireplace: Essential Night-Time Fire Safety Tips for Every Home

Bungendore RFS

As the chill of winter continues to set in, there's nothing quite like the warmth and comfort of a wood fireplace. While a crackling fire can create a cosy atmosphere, it's vital to remember that fireplaces also bring serious safety responsibilities—especially at night before you head to bed.

This winter Lake George Rural Fire Brigades have attended an increased number of structure fires that have started from wood fireplaces, so we want to share some practical advice to help you enjoy your fireplace safely and protect your loved ones from the very real dangers of house fires and carbon monoxide poisoning.

Why Night-Time Fireplace Safety Matters

Most fatal house fires occur at night, when people are asleep and unable to react quickly. The risk is even greater if a fireplace is left unattended or not properly extinguished before bedtime. Embers can smoulder for hours, and a single stray spark can ignite nearby materials, sometimes with devastating consequences.

Safe Steps Before Bed: Extinguishing Your Fireplace

1. Let the Fire Burn Down Naturally
Stop adding logs at least an hour before you plan to go to bed. Allow the flames to die down until only glowing embers remain. This gradual process helps prevent sudden flare-ups and reduces the risk of stray sparks.
2. Spread Out the Embers
Use a fireplace poker to carefully spread out the embers. This helps them cool more quickly and ensures there are no hidden hot spots that could reignite.
3. Smother Remaining Heat
Sprinkle a thin layer of ash over the embers to smother any lingering heat. Check for any glowing spots—if you see any, repeat the process until everything is cool to the touch.
4. Close the Damper (When Cool)
Only close the damper once the fire is completely out and the fireplace is cool. Closing it too soon can trap smoke and dangerous gases inside your home.
5. Remove Flammable Items
Always keep furniture, curtains, books, and other flammable objects at least a metre away

from your fireplace—especially overnight.

Never Leave a Fire Unattended

It may be tempting to let your fire burn overnight to keep your home warm, but this practice is unsafe. Unattended fires can lead to house fires, carbon monoxide poisoning, and rapid soot buildup in your chimney. Always extinguish your fire before going to sleep or leaving the house.

The Importance of Smoke Alarms

Even with the best precautions, accidents can happen. That's why working smoke alarms are your home's most crucial line of defence. Modern fires can fill a room with toxic smoke in minutes—often before flames are visible. When you're asleep, your sense of smell is inactive, making it impossible to detect smoke without an alarm.

Key Smoke Alarm Safety Tips:

Install smoke alarms in every bedroom, living area, and hallway—not just in the kitchen or near the fireplace.

Interconnect your alarms so that

if one sounds, they all do. This ensures everyone in the house is alerted, no matter where the fire starts.

Test alarms monthly and replace batteries at least once a year. Replace the entire unit every ten years.

Consider combination smoke and carbon monoxide alarms for added protection, especially if you use a wood fireplace.

Regular Maintenance Saves Lives

Have your chimney professionally cleaned and inspected at least once a year to remove soot and check for blockages or damage.

Burn only seasoned hardwood—never wet, green, or treated wood,

which can produce more smoke and soot.

Keep a fire extinguisher nearby and make sure everyone in your household knows how to use it.

Final Thoughts

If the unfortunate does happen and a fire does start in your house, leave immediately closing all doors as you go, make sure everyone has left the house, have an assembly point everyone is aware of, such as your letter box, and of course ring 000.

If you have questions about fireplace safety or smoke alarm installation, contact your local NSW RFS brigade. Stay safe, stay warm, and make fire safety a nightly habit this winter.



Regional Independent

The Regional Independent is the only free, printed, independent, community newspaper within the Queanbeyan-Palerang local government area.

Distribution is 5,500 copies every fortnight and covering the entire Queanbeyan-Palerang local government area

We welcome local stories. For editorial and advertising enquiries please email: info@regionalindependent.com.au or phone Sharon Baxter-Judge on 0419 025 533.

The Regional Independent is produced and distributed from our base located in Bungendore within the traditional lands of the Ngunawal and Ngambri peoples. We acknowledge and pay our respect to their elders, past, present and their emerging leadership and pay tribute to their resilience as First Nations peoples. We acknowledge and embrace the wisdom, richness and diversity of all Australian First Nations peoples and their cultures.

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Planning panel rejects Jerrabomberra Club proposal

The Southern Regional Planning Panel unanimously refused the development application DA.2023.0635 for the construction of a Registered Club Premises at 37 Tompsitt Drive, Jerrabomberra. The decision was made on 4 July 2025, following a public determination meeting held on 27 May 2025 and a deferral on 4 June to assess further documentation submitted after Council's original assessment report.

Resident Robert Wilson has criticised the development application process for a proposed Vikings Club in Jerrabomberra, calling it a "nightmare" for nearby residents who were not consulted, despite living as close as 50 metres from the site. He said affected residents were blindsided by the initial notification from Queanbeyan-Palerang Regional Council (QPRC) in March 2024 and received no consultation from either QPRC or the Vikings Club. Direct communication from the club didn't occur until 11 months later, via a letterbox drop.

The application was made by Knight Frank Town Planning on behalf of Tuggeranong Valley Rugby Union & Sports Club Ltd. It attracted significant community interest, prompting public briefings and multiple opportunities for the community and stakeholders to address the Panel.

The applicant submitted updated material in May 2025, including a planning response letter, amended architectural plans, a revised operational noise assessment, social impact assessment, legal advice, and a waste management plan. A supplementary report from Council, incorporating the late submissions and public feedback, was provided on 20 June 2025.

Despite acknowledging the proposal's architectural merit and general compliance with some planning controls, the Panel determined that the development was inappropriate for the site due to its incompatibility with surrounding residential uses. Noise impacts could only be managed through intensive mitigation measures, including a 3-metre-high acoustic barrier, which raised additional visual, social, and security concerns. The Panel found the proposed club use inconsistent with the objectives of the E1 Local Centre zoning and the desired low-scale, neighbourhood-focused character outlined in local planning controls.

The proposal failed to comply with several sections of relevant State and Local Environmental Planning Policies, particularly in relation to signage, solar infrastructure, noise, waste, and social impact. It was also deemed inconsistent with the South Jerrabomberra and Queanbeyan Development Control Plans.

Submissions raised community concerns about inadequate consultation, anti-social behaviour, noise, loss of residential amenity, duplication of services, and environmental impacts. The Panel considered these concerns and found they were substantiated by the assessment reports.

Ultimately, the Panel concluded that the development would have unacceptable impacts on the built and social environment, did not demonstrate suitability for the site, and required an unreasonable level of planning control. The net public benefit was insufficient to justify approval, and errors in the applicant's material further reduced confidence in the proposal.

Mr. Wilson said the lack of consultation breached both NSW planning legislation and QPRC policy. He noted that residents made detailed submissions during all three notification periods, while the Vikings Club later prompted its members to submit support via a QR code mailout. Despite this effort, fewer than 1.5% of the club's 13,500 members responded in support.

At the public determination meeting on 27 May 2025, Vikings Club CEO Anthony Hill said the club would not proceed in a location where it wasn't wanted. Mr. Wilson said the message from the community was clear and called on the club to withdraw from the site and find an alternative location. He also called for a Parliamentary Inquiry, citing multiple failures in the development application process.

Sharon Baxter-Judge



Bungendore Bites
Saturday 30 August
Mick Sherd Oval, Bungendore

FREE community event

Bungendore is gearing up for a full day of flavour and fun with the launch of a brand new free community event, Bungendore Bites, on Saturday 30 August at Mick Sherd Oval.

The event promises something for everyone, with two exciting programs running across the day and evening. From 10am to 2pm, Bungendore Bites & Kites will take flight with a jam-packed line-up of family-friendly entertainment, hands-on activities and kite-flying fun.

Highlights include:

- Warehouse Circus workshops
- Live music from the vibrant Raio De Sol Community Samba Band
- Free face painting
- Creative Bites - a nature-themed craft space for kids and adults alike, with fun competitions and \$50 IGA gift cards as prizes
- Kite flying workshops and demos, thanks to members of the Australian Kiteflyers Society

• Kite flying competitions with free diamond kites (thanks to Community Bank Bungendore - numbers limited, weather permitting)

When the sun goes down, the fun continues with Bungendore Bites @ Night from 5pm to 9pm. Live band Hitparade will light up the marquee with party tunes, and a great selection of food and drink vendors will be serving meals for \$20 or less.

The bar will be open, thanks to the Bungendore Mudhooks Rugby Union Football Club, and everyone is encouraged to join in the Best Table Centrepiece Competition - simply bring a tablecloth and a bit of creativity for your chance to win fun prizes.

Bungendore Bites is proudly supported by QPRC and Community Bank Bungendore, and aims to become a signature event on the town's calendar - celebrating community, connection and the tastes of spring.

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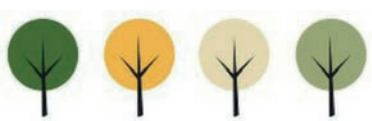
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Community News

Issues Paper - Palerang IWCM: comments open until July 29

QPRC

We are seeking feedback on the Palerang Communities Integrated Water Cycle Management (IWCM) Issues Paper. This has been written for the water and sewer services in the former Palerang Council area. Comments are open until 29 July.

IWCM is the process of developing strategic plans for Council's water and sewer businesses.

The Issues Paper has been written following a review of the water and sewer services, testing the health of the services against things like water security, regulatory compliance, capacity, levels of service, and more.

The issues are identified and key issues will be considered in the future IWCM Strategy. In some cases, an issue may be part of business-as-usual, or could be addressed by monitoring or reporting. The future Strategy is likely to focus on key issues where future public works will be considered.

Have a look at the documents in the Document Library on the Your Voice page on council's website, where there is a summary document, and the Issues Paper itself. FAQ are also available, see below:

FAQS

What is an IWCM and why do we need one?

Integrated Water Cycle Management (IWCM) is the process of developing a strategic plan for our water and sewer businesses.

An IWCM Strategy takes a 30-year forecast of the water and sewer schemes, considering asset management, renewals, typical residential bills and more.

What is the Issues Paper? Why did we prepare it?

The Palerang Communities IWCM Issues Paper has been written following a review of the water and sewer services, testing the health of the services against things like water security, regulatory compliance, capacity, levels of service and more. The Issues Paper model is now a well understood tool used by many Local Water Utilities (LWUs) in NSW as the foundation of their strategic planning.

The issues are identified and key issues will then be considered in the future IWCM Strategy. In some cases, a particular issue may be part of business-as-usual, or could be addressed by monitoring or reporting. The Strategy is likely to focus on key issues where future public works will be considered.

Why is there no budget?

The Issues Paper raises the issues, but developing the case for public works (if required) happens in the next stage, in the development of the Strategy.

What water schemes and sewer networks does the Palerang IWCM cover?

The Palerang Communities covers the Bungendore, Braidwood, and Captains Flat water supply and sewerage schemes although it also considers other non-serviced areas of the former Palerang Council who may use On Site Sewage Management systems, especially from the viewpoint of catchment protection.

Are there any outstanding issues not yet resolved from the previous 2019 Palerang IWCM?

Yes. The largest unresolved issue is Bungendore water security. The previous IWCM identified 3 options for water security for

Bungendore. The first two options were pursuing further groundwater supplies. After considerable work between 2016 and 2021, additional groundwater supply is no longer possible. The other solution is to consider a pipeline between Queanbeyan and Bungendore. Further information about this project is available at www.qprc.nsw.gov.au/pipeline

Have any new issues been identified in the 2025 update?

Yes. One of the two key new issues is Braidwood water security, with the projected growth likely to lead to water security pressures within the 30-year planning period of the IWCM.

The other is PFAS contamination. In 2024, we tested our water supplies for PFAS (known as 'forever chemicals') and found a low level in the Bungendore water supply. The water is compliant with the Australian Drinking Water Guidelines (ADWG) and is safe to drink.

New ADWGs have recently been released and introduced lower levels and individual values for different groups of PFAS. Our results remain compliant with the new guidelines.

We are testing regularly, and making the test results and other information available at www.qprc.nsw.gov.au/PFAS

Is the Palerang Communities IWCM different to the Queanbeyan IWCM adopted last year?

Yes. The Palerang Communities IWCM looks at the water supply and sewerage systems for Bungendore, Braidwood, and Captains Flat.

Will council consider merging or harmonising the Palerang and Queanbeyan IWCM's at some

stage in the future?

The development of the Issues Paper is an important stage in the ultimate aim of an IWCM - strategy development and financial modelling. While it is not crucial that the development of the Issues Paper is totally in alignment with the business financial model, it certainly makes sense to have them aligned in terms of project scoping.

It is likely that Council will be presented with options that look at both separated and harmonised financial models for the Palerang and Queanbeyan water and sewerage businesses in the near future. If Council decides to harmonise the models, future IWCM reviews are likely to be undertaken in a similarly holistic fashion.

Will options and solutions be considered to address the identified issues?

In some cases. The next stage is to produce an IWCM Strategy. This will consider options and solutions to address key issues. In some cases, the identified issue from the Issues Paper may not need a specific solution, while a larger issue may need significant public works to be considered.

What are the next steps and timelines?

The Issues Paper is open for consultation until 29 July. Following this, an updated IWCM Strategy will be prepared. This is expected to be complete by November 2025.

Issues Paper survey - you can provide feedback on the issues paper by completing a short, 3 question survey.

Comments are open until 29 July. <https://yourvoice.qprc.nsw.gov.au>

Free legal advice appointments

A solicitor from South Coast and Country Community Law will be visiting your area for in person legal appointments.

South Coast and Country Community Law provides free legal advice to residents of the Shoalhaven, Eurobodalla, Bega Valley, Snowy Monaro & Queanbeyan-Palerang Local Government Areas.

When: Tuesday 22nd July 2025

Where: The Hive, 274 Crawford Street, Queanbeyan Times: Between 9:30am to 1pm

Appointments are essential - please call 1800 229 529

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- Domestic and Family Violence Orders
- Personal Violence

Free telephone advice and information is available by appointment only.

Appointments can be in person or by phone.

To book an appointment, call 1800 229 529. Staff will complete an intake, and a solicitor will see you or call you back at your scheduled appointment time.

Local Land Services' annual farm census underway

NSW landholders are being asked to report their livestock numbers and land use information as part of Local Land Services' annual farm census.

The Annual Land and Stock Return collects important information that helps shape the delivery of essential animal health and biosecurity services and prepare for emergencies such as bushfires and biosecurity outbreaks.

Landholders must lodge their return by 31 August 2025 via the

online portal or by completing the paper form received in the mail.

Local Land Services' Executive Director Delivery, Rob Kelly, said the Annual Land and Stock Return helped paint a picture of agricultural land use and livestock across NSW at the time of the 30 June census date.

"An accurate snapshot helps the NSW Government respond quickly and accurately to emergencies such as bushfires and floods, monitor flock and herd health

and carry out emergency animal disease surveillance," Mr Kelly said.

"This helps protect NSW from the threat of pests, diseases and emergencies while supporting primary producers and keeping supply chains strong.

"We recognise many farmers have faced significant challenges recently that have impacted their stock levels, including floods in the Hunter and North Coast regions and drought conditions in southern

parts of the state.

"Despite these challenges, it is still important for everyone to lodge their Annual Land and Stock Return as this information allows us to better respond in emergency situations and deliver timely animal health and biosecurity advice.

"If you need advice or support, please reach out to Local Land Services on 1300 795 299 or visit your nearest office."

There are more than 170,000 landholders across NSW.

Those without stock still need to complete their returns to avoid unnecessary fees.

The Animal Health and Meat Industry Levy is automatically applied to a landholder's next Local Land Services rates notice if they fail to complete their return.

Landholders can visit nsw.gov.au/alsr or scan the QR code on their Annual Land and Stock Return notice to submit their return online.





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Council meeting summary - 9 July 2025

QPRC

Here is the summary of the resolutions made at the Ordinary Council meeting of 9 July 2025. The archived recording of the meeting is now available at: <https://webcast.qprc.nsw.gov.au/archive/video25-0709.php>

- Council approved the Leave of Absence application submitted by Councillor Kenrick Winchester for the 10 September 2025 Council meeting

- Council heard from two members of the public who made presentations about items on the agenda, including the Memorial Park and the Community Engagement Strategy 2025-2028

- Council will cease any further work on the 1241 Old Cooma Road site for the purposes of a Memorial Park and withdraw the State Significant Development Application from the NSW Planning Portal. Council will receive a report about short term options for interment in the Queanbeyan region, including further reclamation of the Queanbeyan Cemetery/Lawn Gardens at Lanyon Drive. Council will investigate potential sites for future Memorial Park to

service Queanbeyan and Bungendore and receive a report on options for the Old Cooma Road site

- Council adopted the Community Engagement Strategy 2025-2026 with the exception of part 5 which will be referred to a Council workshop to more fully develop the Community Participation Plan

- Council granted conditional consent to DA for concept development for a dwelling at 5401 Captains Flat Road, Harolds Cross

- Council refused consent to DA on Cooma Road, Bendoura as the variation to the minimum lot size is too large, it does not meet the objectives of the land use zone, and does meet clause to minimise unplanned rural residential development

- Council defers entering into a Memorandum of Understanding (MOU) with Bungendore Men's Shed Inc to operate a Men's Shed facility and a MOU with Rotary Club of Bungendore to use a storage shed, both at the Bungendore Sports Hub, to allow further discussion by the groups with their members

- Council endorsed a 5-year

licence agreement with the Australian Men's Shed Association (Captains Flat) over 106 Foxlow Street, Captains Flat

- Council endorsed the Plans of Management for the Queanbeyan Showground, Queanbeyan Town Park and Queen Elizabeth II Park Lands to NSW Crown Lands for assessment and comment

- Council approved a Cultural Grant of \$3,000 to Wildcare Queanbeyan towards costs of repairing the mosaic artwork from Wanniasa Park

- Council received information report about the Braidwood Heritage Centre

- Council received information report about Dunns Creek Road Stage 1: Tralee to Hume (ACT) connection

- Council received bi-annual compliance reporting information report in response to OLG compliance and reporting obligations

- Council received information report about Councillor workshop on 2 July including Waste Strategy Review and Roads Strategic Plan (Transport Investment Framework)

- Council endorsed the minutes and

recommendations of the Local Traffic Committee meeting on 3 June 2025

- Council noted the minutes of the QPRC Sports Council meeting on 16 June 2025

- Council noted the minutes of the Heritage Advisory Committee meeting on 19 June 2025, endorsed recommendation that Council submit letter to NSW Heritage in relation to draft NSW Heritage Strategy

- Council noted the minutes of the Seniors Advisory Committee meeting held on 25 June 2025

- Council received answers to questions with notice about the Bungendore Men's Shed

- In closed session, Council approved compulsory acquisition of part portions of lots from NSW Crown Lands for the purpose of road widening along Nerriga Road, Tomboye, and making of applications to Minister for Local Government and Governor for compulsory acquisition

If you'd like more information about these matters, you can find the business papers and minutes on our website at: <https://www.qprc.nsw.gov.au/>

Tidy Towns Sustainability Awards: entries for 2025 close July 31

The search is on for councils, towns, organisations, businesses and individuals across NSW who are leading the way to a sustainable future!

These annual awards inspire councils and communities to make a genuine and lasting contribution to their area. There are a broad range of award categories to enter with emphasis on partnerships between local authorities, businesses, community groups, schools and individuals.

The benefits of entering the awards are many, to which those who have taken part can testify. Your communities, volunteers and hard work can gain recognition, in turn assisting with grant funding, future planning approvals and state-wide credibility. In addition to the increase in civic pride, community organisations can position themselves as leaders in their area of expertise.

Share your amazing sustainability stories and programs and receive valuable recognition by entering the

2025 Sustainable Cities or Tidy Towns Awards.

Submissions close 31 July 2025

Running since 1981, the NSW Tidy Towns program encourages, rewards and recognizes projects across a range of categories. These projects are a source of community pride and cohesion and driven largely by volunteers.

The Awards weekend celebrates the achievements of these dedicated and passionate people from across regional NSW and allows other communities to learn from their experiences and successes. In October 2025 the event will be hosted by Parkes who were the overall winner in 2024.

In 1990, the state Tidy Towns Awards came together to form the Australian Tidy Towns Awards. The Overall winner for NSW has the opportunity to be nominated as the NSW finalist in this iconic national environmental sustainability program.

<https://www.kabnsw.org.au/awards/tidytowns2025/>



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Jenny Dibley

Sue Murray, President of the Braidwood Community Association (BCA) gave a presentation on why Braidwood formed an association. After initial conversations with people and organisations around

- The town was part of a very large area and a community voice was necessary, not just at a local level but for communicating with other levels of government.

- The BCA has achieved many positive outcomes. Queanbeyan

The Bungendore community responded positively to Sues's presentation. There was the opportunity for everyone to share ideas and general agreement that a community association could be beneficial to Bungendore. Other community associations have been

For further information contact:
Jen Dibley 0417 284 374

Community News

Council defers decision on Gibraltar Street medical centre – but at what cost to ratepayers?

A development application (DA) for a proposed medical centre at 24 Gibraltar Street, Bungendore has been deferred by Queanbeyan-Palerang Regional Council (QPRC), following concerns over how an earlier approval was procedurally handled.

The proposal involves the demolition of an existing cottage and construction of a single-storey medical centre featuring consulting rooms, a procedure area, and an ancillary retail tenancy. Operating hours are proposed from 8am to 6pm on weekdays.

Although the application was initially approved at a previous Council meeting (a request by three councillors initially triggered the item's referral under the Guidelines for DA referrals) procedural concerns were later raised. Specifically, it was identified that a foreshadowed motion may not have been dealt with correctly under QPRC's Code of Meeting Practice and the Local Government Act. To ensure transparency, the matter was brought back to Council for reconsideration at an Extraordinary Meeting on 2 July 2025.

At this meeting, Cr Preston put forward an amendment to defer the application - councillors voted 5-3 in favour of the amendment, despite a recommendation for approval from Council's

professional planning staff.

- For deferral: Crs Livermore, Preston, Waterhouse, Wilson, Winchester

- Against: Crs Macdonald, Schweikert, Taskovski

- Absent: Crs Grundy, Willis, Broadbent

RESOLVED (Preston/Wilson)

That Council defer a determination of DA.2025.0014 until:

1. Council has had the opportunity to consider applying for an interim heritage order under the HERITAGE ACT 1977.

2. A further examination of the intent of the LEP/DCP and other relevant planning instruments with respect to historical and heritage-value precincts and context has been considered and how this is applicable to this setting with a further report to council on the outcome of this examination.

3. A report has been presented to Council that outlines how the due diligence that was performed during the assessment considered the community expectations and public interest requirements implied within the DCP/LEP and other relevant planning instruments.

4. A invitation has been extended to the developer to voluntarily consult with heritage professionals on staff to consider ways to

amend their plans to address the historical significance and value of the setting and potentially include the historical building into their development.

While the heritage value of the building was raised in submissions, the site is not heritage listed, nor is it in a conservation area. Council's internal planning assessment found the development to be consistent with zoning and planning requirements. The heritage advisor noted that although some historic features remain, modern alterations – such as aluminium windows and a modified veranda – have reduced its integrity.

As a result of the deferral, staff will now engage heritage consultants to do a full heritage assessment of the building. That report, when completed, will advise planning staff if it meets the threshold and a report will then go back to council to decide on whether to go down the path of the Interim Heritage Order. If council were to submit an

Interim Heritage order - this order can also be challenged legally during this time. So, the process could take years.

The developer, who submitted the DA in good faith, has already made a number of voluntary amendments to address community concerns – including changes to the roof pitch, cladding materials, veranda style, colour tones, and signage. The development will also remove 22 trees and shrubs (mostly non-native), which will be offset through landscaping designed to enhance the streetscape.

During debate, Cr Schweikert criticised the amendment, saying Council was “moving the goal posts”, calling it unfair to the developer at this late stage in the application.

Cr Macdonald was not in support of the amendment on legal grounds, saying that “this would cost ratepayers money in the courts”.

QPRC's Director of Planning, Ruth

Ormella, advised councillors that the DA could not be refused on heritage grounds, and warned that the deferral “will expose Council to legal matters.”

General Manager, Rebecca Ryan reminded councillors of the legal advice in the supplementary report (confidential), noting that any interim heritage order would involve additional legal and planning requirements and could also be challenged in the Land and Environment Court.

Despite council staff recommendations, the amended resolution was carried.

To view the archived recording of the meeting head to <https://webcast.qprc.nsw.gov.au/archive/video25-0702.php>

To read the business papers and minutes head to: <https://www.qprc.nsw.gov.au/Council-meetings>

Sharon Baxter-Judge

Below: Artist impression of the Ellendon Street aspect of the new medical centre at 24 Gibraltar Street



www.bdn.com.au

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DATE

Monday, 4th of August, 2025

TIME

10am arrival for a 10:30am start

LOCATION

St. Mary's Parish, Bungendore,
28 Turallo Terrace, Bungendore, NSW 2621



SCAN ME

CONTACT: Elvis on 1300 630 488 OR membership@probussouthpacific.org

Bungendore Crafters' Co-Operative

“Look what you got me into” is a statement that is not usually met with positivity, applause and praise. Although, one talented and creative local got just that reception as she walked through the door announcing that our craft group had inspired her to take up her knitting needles again

and begin making a cardigan for herself, knitted from the finest Irish Tweed yarn in her favourite shade of vibrant red. Other crafters at last Thursday's BYO Crafters' Co-Op craft evening worked on mindfulness and nature-inspired drawings, sewing burlesque and belly dancing costumes, bead

weaving on a loom, knitting cardigans for loved ones and crocheting amigurumi animals and jumpers. Our favourite segment of the evening, Show and Tell, was an epic affair, with the cold weather stirring something of a creative boom in the craft community. The extra time spent



indoors in the recent cold and windy weather provided many of the group, and probably many in the wider community, with a chance to catch up on those crafty works-in-progress or perhaps even take up a new craft or one put on pause literally for a rainy day! Bungendore Crafters' Co-Op continues to provide a space for women to gather and share their stories, skills, knowledge and love of crafts, without the pressure of a certain level of ability or creating successful products. The philosophy of the group instead

aligns with enjoying the creative process and sharing the successes and lessons learnt along the way with the support of those in our community. Co-Op craft evenings are held every second Thursday at 55 Gibraltar Street from 6-8pm. The next craft evening will be held on Thursday 24th July. For further information and to stay in the know with all things local art, craft and workshop opportunities, follow the Bungendore Crafters' Co-Operative on Facebook. Photos suppliedd council defers decision on gibraltar street medical



Maria's CommunityCorner

Maria Porreca
You hear stories of refugees on the news but the enormity and horror of it doesn't

actually hit you until you hear it from a refugee personally. At least that's what happened to me when I attended an event organised by QPRC, in conjunction with the Queanbeyan Multicultural Centre during Refugee Week.

On the day there were 4 refugees willing to share their heartfelt stories and personal journeys and included Dr Nilofar Ebrahimi from Afghanistan who is a doctor, former member of Parliament and Advocate. When she was 2 years old her father was buried alive for being a landowner, he was 22 and his wife 18, they had 2 baby girls who were considered orphans because they had no father. At age 5 she moved to live with her uncle in Kabul. This is where she started her education and is very grateful. Fast forward several years and Nilofar is a medical doctor and back in her village in Badakhshan as an obstetrician-gynaecologist and opens a clinic in 2003. She saw firsthand how women are only recognised as wives, mothers or housekeepers. She understood how lack of education and economic independence took away their choices, safety and control. As a result of her mother's persistence Nilofar won her first seat in Parliament in 2010. She was now a voice for women. Her work in Parliament increased her awareness and passion for the downtrodden and voiceless which led her to establish ZamZam, a charity foundation that focuses

on supporting and empowering orphans, youth and families in distress and placing many young women in universities until Afghanistan fell to the Taliban in 2021. Their current primary focus is to feed and clothe the homeless and struggling families. In 2022 Dr Ebrahimi joined her husband Asif and their five children who had migrated to Canberra seven years earlier. Ms Vando Celestina Emmy Rabi emigrated in 2019 from South Sudan, aged 15. She had lost both her parents at a young age. Ms Rabi is an Executive Youth Leader at the African Australian Council ACT. She uses her lived experience to be a role model for young people and is a powerful advocate for African-Australian youth.

She celebrates African culture and promotes social cohesion, helping to reduce isolation and the impact of racial abuse, while encouraging broader community engagement. Her advocacy promotes inclusivity. It also fosters a greater understanding of the experiences and contributions of African Australians. She was named Young Canberra Citizen of the Year in 2024. Then there is Sharif who arrived in Australia in December 2023 from Bangladesh with his wife, 10-year-old son and 5-year-old daughter on a visiting visa. He was a Vice President in the banking sector in Bangladesh, working in the loans and advance department. He was forced to leave his country after he exposed large-scale corruption involving

powerful individuals connected to the then-autocratic regime. After refusing to participate in fraudulent loan schemes and speaking out, he received serious threats against his family. Fearing for their lives, Sharif resigned, left Bangladesh, and began publicly exposing the corruption through social media and interviews with international and local journalists. Although the government has since changed, the powerful oligarchs from the previous regime still pose a threat, making it unsafe for him and his family to return. To give back to the community, Sharif is currently studying Certificate IV in Community Services at TAFE, due to finish in 2025. He actively volunteers with

several organizations, including Vinnies Store, Vinnies Night Patrol, TCF Night Podz, the Red Cross Aged Care Volunteer Visitors Scheme, and as a Digital Crisis Supporter for Lifeline. Like Dr Nilofar Ebrahimi and Ms Vando Celestina Emmy Rabi, Sharif has found the Australian community incredibly welcoming and supportive, experiencing a sense of belonging and kindness from diverse individuals. He emphasises that refugees do not leave their home countries easily but do so to protect their families, leaving behind their lives out of necessity. He highlights that refugees are honest individuals who want to live peacefully and contribute to their new country. Photo supplied



Community News

Why is there a bank holiday?

Everyone loves a 3 day long weekend and bank staff are no exception. On the first Monday in August each year it is known as the NSW Bank Holiday. But why did it originate and why do we still have the holiday?

The NSW Bank Holiday originated in the United Kingdom of compensating counting house staff for extra work involved in the June 30 end of financial year balances by granting them a holiday on the first Monday in August. This idea then flowed into Australia and was first introduced in New South Wales by the Bank Holiday Act of 1875. The holiday was observed on the first day of August each year, however, it was then changed in 1912 to be the first Monday in August. This has remained unchanged.

Of course, the manual

balancing of ledger books in banking has changed over the years and computers have assisted in the majority of banking procedures. Banking itself has changed dramatically in recent years with internet banking, Tap and Go, forms of insurance, continual policy, procedural and governance updates just to name a few.

The major difference that has not changed at the Community Banks of Bendigo Bank is our commitment to our customers and our community. It comes first and always will. Direct telephone lines to our branches, the majority of the staff and directors being local residents and a banking model that means a large percentage of profits at our local branches go back into the community in the form of sponsorships, grants and donations. In fact, over \$9.5

million has been returned back into the Braidwood and Bungendore districts in the past 20 years. And this is thanks to our communities supporting its local Community Bank.

So, if you go to the bank on the 4th of August and read the sign on the door saying "Closed due to Bank Holiday", please do not curse under your breath, take time to reflect on how the Community Bank, its staff and board of directors have assisted your communities. Next time you see one of the staff or directors, you might even give them a pat on the back and say thanks.

Nick Fry
Community Engagement Manager Community Banks Braidwood/Bungendore/Crookwell

Photo of staff and Board members supplied



Reinvent retirement with Probus

Are you looking to get more out of retirement than just relaxation? Perhaps you are still working part-time and looking to build more social connections?

Probus Clubs offer a wonderful opportunity for those who have left their professional lives, or are working part-time, but still crave engagement, purpose and camaraderie. The shared experiences and mutual support within Clubs help retirees and semi-retirees navigate this significant life transition with confidence and enthusiasm.

Members meet monthly and stay active and involved through a wide variety of activities that meet individual needs. From coffee catchups and cinema groups to day trips, walking groups and dinner dates, club activities are as varied as the more than 1,400 Probus Clubs themselves. What they all have in common, however, is the opportunity to meet with fellow retirees and semi-retirees regularly, to maintain healthy minds and active bodies, to expand interests, and to enjoy the fellowship of new friends.

Love to travel? So do the 100,000 people across the Probus network - and travel is always better with friends. We can all agree that it transforms a standard vacation into an epic adventure of laughter and memories.

To make things better, you will receive the latest exclusive deals from our Probus Partners with any cruise, bus tour, or flight you catch.

But the benefits of Probus extend beyond socialisation and sightseeing. Probus provides a structured environment where members can channel their skills and experiences into new projects and leadership roles. This not only keeps members intellectually stimulated but opens the door to new skills and personal development.

So, if you are working part-time or looking to turn retirement into an adventure filled with learning, connection and growth, Probus offers a compelling path forward.

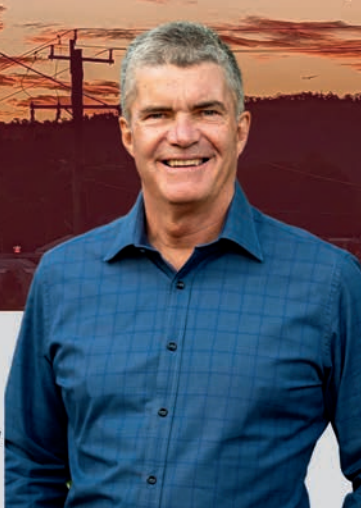
Don't miss out, join Bungendore Probus Club today by contacting Elvis on 1300 630 488 or membership@probusouthpacific.org.



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Feel free to contact my office if you need any assistance

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STEVE WHAN MP
STATE MEMBER FOR MONARO

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Bungendore Preschool

CHRISTMAS IN JULY MARKET

SATURDAY 19 JULY 2025
VILLAGE SQUARE BUNGENDORE

9:00 am – 1:30 pm

Shop beautiful festive items from local creators!

Face Painting

Bake Sale

Crochet Animals

Christmas Ornaments

Christmas Craft

School Holiday Busy Boxes & Games

Succulents

Jams Preserves

ALL PROCEEDS GO TOWARDS THE EXPANSION OF BUNGENDORE PRESCHOOL

Community News

Don't let pigs 'hog' the food - landholderd urged to act now

As are now in the cooler months, feral pigs are on the move and hungry. With less natural food available, they're increasingly targeting grain trails and livestock feeders, putting added pressure on feed supplies and competing directly with stock.

South East Local Land Services is encouraging landholders to take proactive steps now to control feral pig populations, with cooler weather making baiting and trapping efforts more effective – especially ahead of lambing season.

"This is the ideal time to act," said Senior Biosecurity Officer, Scott Schlunke from South East Local Land Services.

"Cooler weather means feral pigs are hungrier, and with dry conditions reducing natural food sources, they're more likely to take grain – making baiting and trapping much more effective."

Landholders are encouraged to plan and coordinate with neighbours, using a mix of control methods like baiting and trapping where appropriate.

"Effective feral pig control doesn't happen in isolation," Scott said.

"Planning and coordination between neighbours and Local Land Services is essential to reduce populations and protect crops and livestock."

South East Local Land Services can provide advice, resources and support to help landholders develop and implement feral pig control programs.

To discuss a plan or access support, contact your local biosecurity officer on 1300 795 299 or visit www.lls.nsw.gov.au/feral-pigs for more information.

Photo supplied



Bungendore Seniors

The Bungendore Seniors Association Incorporated welcomes anyone over the age of 55 to come along and join in.

We had a special birthday celebration recently. Member Rae turned 92 years young. When asked what was her secret to a long, happy life, she replied, "Lot's of sport when you are young and lot's of good whiskey when you are old!"

Get Togethers

Our get togethers are weekly and we alternate between Thursdays and Fridays, so mark your calendar and join us on a Thursday or a Friday or come along to both.

Enjoy great conversation, a few laughs, some games and morning tea.

- THURSDAYS**

 - Thursday 17 July
 - Thursday 31 July
 - Thursday 14 August
 - Thursday 28 August
 - Thursday 11 September
 - Thursday 25 September

FRIDAYS

 - Friday 25 July
 - Friday 8 August
 - Friday 22 August
 - Friday 5 September
 - Friday 19 September
 - Friday 3 October

We meet at 10am at the Bungendore Sports Hub ammentities building (parking near the netball courts).

Cost is \$5.00 per person, which includes morning tea.

See right for dates.

Everyone's welcome!
Seniors Chair Yoga

Chair Yoga: Tuesdays at the Bungendore Scout Hall. Chair Yoga is held during school terms

only. One class during the winter months at 2.30pm

Cost: \$13 per session for members, \$18 for non-members.

All welcome to attend

2025 Membership

Yearly membership is only \$10.00 per person. We welcome everyone over the age of 55.

For more information contact Sharon on 0419 025 533 or email bungendoreseniors@gmail.com



Part of the team

When you choose to bank with Bendigo Bank, good things happen in your community.

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Find out more. Call 6238 0547 or search Bendigo Bank Bungendore.



Community Bank
Bungendore

Are you living a life of abundance?



by Phil Harvey
I'm currently reading Abundance by Peter H. Diamandis and Steven Kotler. I'm only halfway through, but it's already provided great food for thought.

If we only get our news from mainstream media, it's hard not to feel like the world is going to hell in a handbasket. All we hear about are things like the different wars, climate disasters, tariffs, job losses, the housing crisis, and the cost-of-living crisis.

The book flips that script. Instead of focusing on what's going wrong, it focuses on what's going right. The central message is that we now have the technology to solve many of the world's biggest problems.

We can have abundant, cheap, clean electricity. We can create more than enough fresh water.

Housing could be affordable. And we can grow more than enough food.

The main thing holding us back is ourselves - whether on a global scale or a personal one.

Here are a few things I think we can all benefit from being reminded of at a personal level:

1, Flip your thinking to abundance mode

Mindset matters. Change how you look at things. Look for opportunities instead of reasons why you can't do something.

Instead of saying you'll never be able to afford something you really want, look for ways to make it happen.

This doesn't mean ignoring problems - it means looking for ways to solve them.

2. Be grateful

A hundred years ago, most families

ate simple home-cooked meals—stews or roasts. Nothing fancy, just straightforward, nutritious, and substantial.

Today, we can order nearly any food we want and have it delivered to our home - often within minutes - using a phone. Without even exchanging physical money.

In 1925, owning a car was a privilege, and it was still 10 years before the first international flight from Australia took off.

Now, you can book a flight from your phone in the morning and be in London by lunch tomorrow.

We have it so much easier compared to generations before us.

3. Buying more stuff doesn't give us a better life

We don't need to buy more just to prove we're living an abundant life.

Instead of spending money on

more stuff for a friend's birthday, why not buy them a memorable experience instead?

I'd like a new car. But on reflection—why do I need one, when my 11-year-old car does the same thing? That money could go toward a holiday instead.

4. Invest in the future

If you're investing money to be used in 10 or 20 years, put it into assets that are likely to grow.

If more people are working from home, commercial offices may not be the best investment.

If technology or healthcare are areas expected to expand, those might be good places to invest.

We live in a time where everything we need is readily available - but the more we have, the more we seem to want. Less is more.

A question people often ask me is: How much should I be spending?



There's no one-size-fits-all answer, but one thing I've noticed is this: People who spend money accumulating more stuff aren't any happier than those who don't. In fact, people who buy fewer things often invest more in experiences - and those deliver more lasting joy.

We specialise in helping professionals and executives grow and protect their wealth so they can live an abundant life. If you would like to discuss how you could benefit from independent financial advice, call me on 02 6269 3339 or email me at team@constructwealth.com.au.

General Advice Warning
This advice contains general information and may not be suitable for you because it does not consider your personal circumstances. Phil Harvey is an authorised representative of Independent Financial Advisers Australia (AFSL 464629 - ABN 61 601 365 904)

National Diabetes Week 2025: Free health checks to help turn the tide on Australia's type 2 diabetes epidemic

Australians are being offered free health checks at their local Priceline Pharmacy this National Diabetes Week (13-19 July) in an effort to strengthen efforts to prevent type 2 diabetes.

Conducted on a digital health station, checks are free, self-service, and take as little as five minutes to complete. The Health Stations can be found in over 300 participating Priceline Pharmacies, giving people a quick and easy way to check their type 2 diabetes, cardiovascular and metabolic health risks, with instant results. Diabetes Australia Group CEO Justine Cain said the initiative has the potential to save thousands of lives and ease growing pressure on the health system.

"There are 1.3 million Australians living with type 2 diabetes and another 500,000 living with silent, undiagnosed type 2 diabetes," Ms Cain said.

"Worryingly, there are another 2 million people who are at high risk of developing type 2 diabetes. A simple, free check could be the difference between early detection and a life-threatening diabetes complication like a heart attack or stroke.

"Despite the role that genetics and family history play in diabetes, we know that up to 58 per cent of type 2 diabetes cases can be prevented or delayed through lifestyle changes. A health check is a practical way to help Australians understand their risk and improve their health.

"This National Diabetes Week we want to highlight the importance of prevention and early diagnosis of type 2 diabetes and the prevention of complications from all types of diabetes.

"These are critically important to protect the health of Australians now and into the future."

Priceline Pharmacy National Pharmacy Support Manager, Mel Gannon, said: "Pharmacies are one of the most accessible healthcare touchpoints in Australia, and at Priceline Pharmacy, we take that responsibility seriously. Early intervention saves lives, and it all starts with knowing your numbers."

Lee Chinprahust, 34, is a physically active security analyst from Sydney. Five years ago, he started feeling unusually tired so visited his GP. It was a simple step that had a profound impact.

A routine blood test confirmed Lee had type 2 diabetes. Further checks revealed high blood pressure and high cholesterol, warning signs that often go unnoticed. "I wasn't expecting it," Lee said. "But catching it early gave me the chance to take control before things became more serious."

Now 34, Lee has become a strong advocate for prevention and early intervention. He is managing his condition with metformin, a healthy diet, and regular exercise. His latest HbA1c result is 6 percent, which is a sign of healthy management. "It's all about the choices you make once you know what you're dealing with," he says. "But first, you need to know."

The Priceline Health Stations can identify risks early, such as high blood pressure and cholesterol.

The health check initiative comes after Diabetes Australia reported updated economic modelling showing all types of diabetes are now costing the health system an estimated \$9.1 billion annually, almost three times higher than previously reported.

New analysis by Diabetes Australia, using updated prevalence data and the latest international evidence, highlights the true scale of the type 2

diabetes crisis.

"Type 2 diabetes is one of the biggest health challenges facing Australia. Every 8 minutes, someone is diagnosed with type 2 diabetes. If we don't act now, up to 3.2 million Australians could be living with type 2 diabetes by 2050. It's not all preventable, but where it is we need to take strong action," Ms Cain said.

"Behind the health costs are millions of Australians facing serious complications like stroke, heart disease and vision loss. We must do more to prevent those complications as much as possible."

Ms Cain said while Australia has made progress in other areas of disease prevention, such as breast cancer and melanoma, diabetes has not received the same level of national attention.

"Australia is lagging behind other countries when it comes to type 2 diabetes prevention. We need a strong, coordinated public health response," she said.

"That includes education campaigns, better food labelling, school-based initiatives and improved access to prevention and early intervention services.

Diabetes Australia is calling on governments to act urgently, with increased investment in community-based prevention and awareness programs to ease the growing burden on Australia's health system.

"Free checks are an important first step, but they must be part of a bigger, long-term strategy to tackle this national type 2 diabetes epidemic."

To find your nearest Priceline Pharmacy Health Station, visit: <https://portal.sisuhealthgroup.com/find-health-stations>

NSW Government delivers cost of living relief with \$250 washing machines

The NSW Government has introduced a scheme to provide thousands of new, energy and water-efficient washing machines at a significantly discounted price for pensioners, veterans and social housing tenants.

Up to 8,000 eligible households can get their hands on a brand-new front-loader washing machine for \$250, thanks to a program to help low-income households with cost-of-living pressures, including water and energy bills.

Eligible applicants can trade-in their old water and energy inefficient top loader machine and receive a brand-new high-end Westinghouse 8kg front loader for \$250.

The NSW Government has teamed up with The Good Guys to provide the heavily discounted machines, with the fee covering delivery, installation and a two-year warranty as well as removal and recycling of their old appliance.

Applications are now open online for all Centrelink or Department of Veterans Affairs-issued concession card holders in NSW.

We encourage households to act quickly to snap up their machine - but advise applicants to check first if their laundry space can house the Westinghouse model, which is 850mm high, 600mm wide and 660mm deep.

To apply and check if you are



eligible, please visit: Washing Machine Exchange Program.

Minister for Seniors Jodie Harrison said, "I encourage pensioners to apply for one of these new washing machines. At a highly discounted rate, this service will take your older machine away and replace it with a new and improved model.

"Not only will you end up with a brand-new washing machine at less than half price, it could potentially lower your utility bills, too."

Minister for Veterans David Harris said, "This is a fantastic initiative allowing veterans, pensioners and social housing tenants to get their hands on a great appliance valued at more than \$650 for just \$250, including installation and removal.

"Veterans served in defence of this great land, so the least we can do to assist in lowering their energy bills.

"This is just one of the ways the NSW Government is helping people every day with cost-of-living pressures."



Bungendore Bites

A Taste of Spring

FREE community event

Saturday 30 August

Mick Sherd Oval, Bungendore

Bungendore Bites & Kites
10am to 2pm

Food, fun & entertainment for all ages

- Warehouse Circus workshops
- Performances by the Raio De Sol – Community Samba Band ▪ Free Face Painting
- Creative Bites – Craft fun for all ages - kids and grown-ups welcome! Enter competitions, get creative, and win great prizes!
- Fly high with kite demos & workshops - thanks to members of the Australian Kiteflyers Society
- Kite Flying Competitions: our FREE Diamond Kites supplied: thanks to Community Bank Bungendore (number of kites are limited and comps are subject to weather conditions)

*Program subject to change

Bungendore Bites @ Night
5pm to 9pm

Party time.....Hitparade

will be bringing the live music vibes under the huge marquee.

Great variety of food and drinks on offer - all meals \$20 or less! The bar will be open - thanks to the Bungendore Rugby Union Football Club.

We'll have the tables and chairs ready — just bring a tablecloth and a little creative flair & enter our Best Table Centrepiece comp (fun prizes up for grabs!).

barlens Since 1965
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Community Bank
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Bendigo Bank

QPRC



warehouse circus



Risk v Benefit of Trees

Christine Rampling

With Australian cities facing the challenges of population growth, climate change and urban heating it is now more important than ever to recognise the critical role that a healthy urban forest plays in the livability of our built-up areas.

There is significant myth and misunderstanding about trees and tree risk that threatens the existence of our urban forests. Clashes occur when we bring our built infrastructure close together with our living infrastructure. Issues such as tree roots lifting structures or entering pipes, limb or whole tree failure and leaf drop being the most prevalent management issues. Tree owners and managers regularly overinflate these problems and mismanage these clashes.

It is critical that we do not disregard or overlook the extensive benefits provided by trees when we make decisions about urban tree risk and tree management. Trees provide extensive benefits to both individual tree owners and their neighbourhoods and our communities more broadly. Some of the functions of trees and the reported benefits are well-known and others may surprise you.

Environmental & ecological benefits

The environmental benefits of trees are well-known and well-studied. We know that trees produce oxygen and combat the greenhouse effect through carbon sequestration. They help control temperature and reduce noise. Trees slow the movement of water across the soil surface reducing stormwater run-off and erosion. They reduce salinity and function as a filter improving water quality. They filter the air by absorbing polluting gases, chemicals, odours and particles thus improving air quality.

The presence of trees promotes biodiversity and provides habitat and a food supply for wildlife, particularly our native animals and insects. Tree hollows are of noteworthy value for Australia’s hollow reliant birds and arboreal species of mammals; these are in very short supply in our urban areas.

Without trees, our urban environments would be challenging and unhealthy places to live. In short, trees are good for the environment.

Psychological and physical health of humans

Trees promote well-being. People are happier, experience significantly higher well-being and show significantly lower mental distress when they live in areas with greater amounts of green space. Individuals living in ‘greener’ buildings report more social activities, more visitors, know more of their neighbours and have stronger feelings of belonging.

Trees inspire physical activity. Residents living in areas with more green space are more than three times more likely to be physically active and to live longer. Patients in hospital, regardless of the ward type or country, recover more quickly in wards that offer a view of greenery that includes trees. These patients require less pain medication, have shorter hospital stays and experience fewer post-surgical complications.

Through a variety of means, trees promote and improve the psychological and physical health of humans.

Benefits to children

Trees provide fun play opportunities for children through activities like, swinging, climbing and building tree houses. Where children spend hours outdoors, trees provide shade protection from harmful ultra-violet rays. Tree-lined streets lower the risk of children developing asthma and asthma symptoms.

Children with attention deficit hyperactive disorder (ADHD) experience a relief of symptoms and can concentrate better following exposure to green areas with trees. Greener schools and childcare centres lead to reduced sick days, increased physical fitness, increased concentration and increased self-discipline.

The planting of trees by children encourages early environmental custodianship that they carry with them into adulthood. Living amongst trees makes children healthier and happier.

Aesthetic & sociological value

Trees create a sense of place and sense of scale. They provide spatial structure, evoke emotional attachment and memory, embed cultural identity and shape the sensory experience of environments.

Trees can provide a living screen and mask unsightly outlooks, add beauty and improve views.

Tree canopies boost the market value of homes, and the presence of trees can improve the value of neighbouring properties. Studies show that trees increase property values on average by 9% but this can increase up to 15% when large canopies of adjacent trees interlock, such as an avenue of street trees stretching up and over the road.

Trees have inspired the work of artists for millennia. They mark the seasons, they tell us when it is spring, summer, autumn or winter and are ever changing and growing becoming a work of art of their own. They are used symbolically to celebrate Christmas, commemorate people or significant dates, represent history and tell a story about past environmental and climactic conditions.

The presence and beauty of trees is invaluable. They make society a better and more meaningful place to be.



Commercial value

The presence of trees translates into increased financial returns in commercial settings. Trees attract customers and enhance tourism by providing a good impression for them.

Shoppers tend to linger longer with trees creating a sense of security and quality for customers, as well as shading in the warmer months. Well-treed businesses differentiate themselves from competitors, creating a competitive edge. Shoppers claim they are willing to travel further distances to shop and willing to spend 9-12% more on goods and services in central business districts that have high quality tree canopy.

Trees can be a source of medicine, fuel, building materials and craft wood. Timber, fruit and other products harvested from residential properties and community orchards can be sold, thus providing income. Trees are simply good for business.

Urban infrastructure savings

Trees reduce heating and cooling costs through shading and the release of water vapour to provide a thermal buffer and regulate extreme temperatures. The presence of trees throughout our built-up areas breaks up the urban “heat islands” through direct shading and cooling of the air as it moves through the canopies.

Shade from trees helps to prolong the life of city pavements and roads and reduces the need for resurfacing. In car parks, the cooling effect of trees reduces the evaporative hydrocarbon emissions released from the tanks and hoses of parked vehicles. They can also function as a privacy screen and muffle sound between properties or structures. Trees provide many practical and financial benefits to our built infrastructure and cityscapes.

Community safety benefits

Trees improve neighbourhood safety. Residents with higher amounts of nearby nature report fewer violent and minor crimes, and fewer incivilities. Studies show 48% fewer property crimes and 56% fewer violent crimes in well-treed communities. A survey

in a Californian community found that 90% of its property crimes had occurred in areas without vegetation.

This reduction in crime is due to the increase in social connectedness and the psychological benefits, such as reduced stress and anger, of being near trees. In addition to this, the presence of trees increases surveillance and discourages criminals, as the ‘green and groomed’ appearance of a property is a cue that the owners and residents care about a property and watch over it and each other.

Further, inner city families with trees and greenery in their immediate outdoor surroundings have safer domestic environments than families who live in areas that are barren of street trees and nature.

There is a demonstrated connection that trees ease poverty’s burden in inner city neighbourhoods by reducing mental fatigue therefore enhancing residents’ effectiveness.

Physically, trees also aid in traffic control by separating pedestrians from vehicles. Tree lined suburban streets also cause a reduction in individual driving speed, making roads safer for all users. Urban spaces with mature trees are safer places to live.

Tree risk

It is fundamental to note that no tree is ever considered ‘safe’. People are exposed to risks of varying levels every day, most often these risks are accepted without a second thought. When managing trees, the value of the tree and the benefits it provides are weighed against the risk of harm it poses.

Approximately 1000 people die per year in motor vehicle accidents in Australia however, there are only 3.5 accidental tree related fatalities annually. The risk of harm associated with travelling in a motor vehicle is generally considered a 1 in 10,000 risk of harm which is universally an acceptable level of risk to impose on another person. The average person accepts this level of risk due to the benefits provided by

motor vehicle transportation. The overall risk posed by trees is negligible when compared to the risks taken by people in their day to day lives.

When assessing the risk posed by specific trees, we examine the likelihood x consequence. To calculate this, the user considers how likely the failure is to occur and the consequences most likely to arise as a result. It is imperative to look at the typical or most likely outcome and never the worst-case scenario. If we measured all risk by the worst-case scenario, we would have no trees (or stairs or cars).

When assessing tree risk, we consider several aspects:

1. What part of the tree is most likely to fail?
2. What is in the target zone?
3. How often is the area occupied?
4. How much more likely is this tree to fail when compared to other trees?
5. What is the most likely consequence or outcome of the failure?
6. Is the cost of mitigation worth the reduction of risk?
7. Does the chosen mitigation method reduce or remove the benefits provided by the tree?
8. What risk is the tree owner willing to accept?

Several tree specific risk assessment tools exist. They consider internationally recognised levels of risk tolerance and provide decision-making framework to balance the benefits of the tree, the risk posed by the tree and the cost of mitigation. Use of these tools allows a tree owner to demonstrate that they have applied reasonably practicable steps to manage the risk posed by their trees. These tools are peer-reviewed, internationally accepted and recognised, and widely used in Australia by both public and private organisations.

Above: An avenue of Platanus sp. (Plane Trees) stretching up and over Rutledge Street Queanbeyan providing dappled shade even in the wintertime whilst quietly bumping up property values.

Continued for page 14

These tree assessment tools vary in method and application but usually involve:

(a) identifying the target - whether that is property, vehicle speed for trees over roadways or pedestrian occupancy (number of pedestrians and/or exposure time) i.e. what could the tree hit?

(b) identifying the size of the part most likely to fail - such as the whole tree, a specific branch, or simply and most commonly small diameter branches and branchlets during a wind or storm event; and

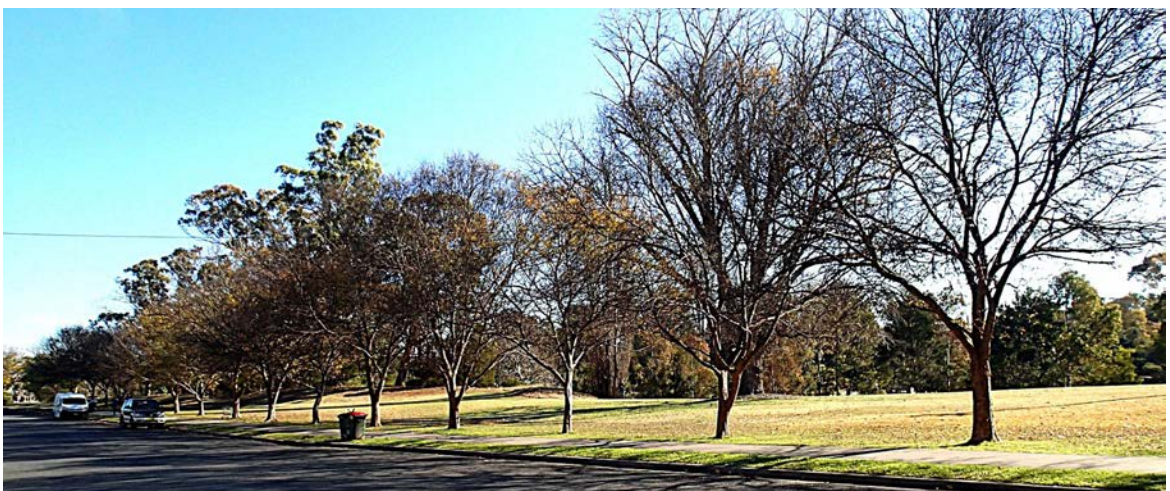
(c) estimating the probability of failure - this requires the user to refer to their industry experience and estimate how likely this part of the tree is to fail in the coming year. This estimation is made considering an average tree with average defects as a benchmark.

According to the Australia Bureau of Statistics, there were 316 deaths registered in 2008 from people falling because of slipping, tripping and stumbling; a much more likely daily occurrence than accidental tree failure. Comparatively, there are on average 3.5 deaths registered as

accidental tree-related fatalities annually, with the highest being 5 deaths in 2015. Tree related fatalities from trees in private residential gardens is even less than this.

A considerable number of these 2008 falls are associated with the use of stairs. To minimise the risk posed by stairs things such as lighting, rain protection, handrails and engineering standards, such as required dimensions are applied. To further assist in understanding risk and what society is willing to accept, it is worth noting the extensive placement of stairs in public spaces, many without the risk reduction features mentioned above. Most of us do not hesitate to use stairs because the risk of harm is just so low. We automatically slow down, hold the handrail (if there is one) and observe where and how we place our feet as we walk. These are usually subconscious adjustments. We continue to install and use stairs as a society.

Trees in private gardens statistically have a very low risk of harm. Between 2008 and 2019, 25 people have been killed by accidental tree failures in Australia.



This excludes those killed whilst working on trees or those killed in a motor vehicle accident involving a tree. Only two, possibly up to four (as two are indeterminate although probably not residential garden trees) of those 25 fatalities were caused by trees in private gardens. This represents an average of 0.2 to 0.4 fatalities per year from such trees (Hartley & Chalk 2019). This is largely due to the amount of time private gardens are unoccupied across a calendar year. Residential gardens are broadly considered very low traffic areas and residential garden trees are considered very low risk

structures.

When looking at tree risk mitigation, a dollar budget can be calculated by dividing the value of a statistical life (VOSL) or the estimated property damage by the probability of failure. This results in the acceptable amount of money to be spent annually to mitigate that risk. The VOSL in Australia is approximately \$4,000,000. The average probability of failure for a tree with a slightly higher probability of failure than the average tree with average defects is between 1/100K and >1/1M likelihood of failing in the next 12 months. This means that spending more than \$40 annually on mitigating the risk of harm to human life for the average tree is inappropriate.

Appropriate mitigation strategies for this level of risk would simply and inexpensively be periodic inspection and, if possible, avoiding the target areas of trees during strong wind or storm events. Given a qualified arborist consultation is upwards of \$200, it would be appropriate to monitor the condition of the tree yourself and only seek professional assessment every 3 to 5 years or if something significantly changed with the tree.

Elimination of all risk is impossible. As the British Medical Association states, 'We accept many risks, such as chest x-rays or driving to work, because the benefits in so doing are immediately obvious ... But if we perceive risks as higher than they really are, then we may

find ourselves foregoing benefits quite unnecessarily'.

Many tree owners fail to recognise that a tree on their property forms part of the collective urban forest. They can have tunnel vision for the concern or inconvenience they experience related to the maintenance or presence of their tree. Many of the benefits provided by trees as outlined in this article are not well-known or appreciated.

A healthy urban forest is necessary for human and societal health and well-being. By choosing to live in urban spaces, we are choosing to live amongst trees. When compared to the risk posed by trees, other risks we unconsciously and consciously expose ourselves to daily are far greater, but we choose to accept them due to the recognised benefits they provide us. When we choose to live amongst trees, we choose to accept some level of risk.

Christine Rampling is an AQF Level 5 arborist turned Bachelor of Laws student inspired by her work as an expert witness in the courts in tree-related in disputes.

Above: 50 x *Ulmus parvifolia* (Chinese Elm) planted along Waniassa Street, Queanbeyan to commemorate the 50th anniversary of the Lion's Club in Australia.

Left: *Schinus molle* (Peppercorn) providing amenity in an otherwise stark shopping centre car park tree in the town centre of Queanbeyan.

Photos supplied



What prevents us from exercising more

National Seniors Australia
Older people like walking, but there's a hitch. Here's an interactive tool to get you out and about.

Seniors are urged to exercise regularly as the path to improved sleep, mental health, and vitality; combatting heart problems, diabetes, asthma, arthritis, and osteoporosis; and reducing falls and injuries.

A Heart Foundation report has found that most people want to be physically active and want the opportunity to exercise in their local communities. In a survey of 3,000 people, 93% of respondents believed this to be important or very important.

The survey asked questions about:

- The features that are

most important in a local neighbourhood.

- What matters most to the respondents when deciding where to live.
- How they engage in physical activity.

However, the path to exercise and achieving better health is being blocked by the poor state of our footpaths.

We want our local areas to be easier and safer to walk, wheel, bike ride, or use public transport.

The What Australia Wants report revealed 66% of people want governments to redirect some roads funding into more local infrastructure such as footpaths that are safe, well-lit, and connected to shops, schools, and public transport.

Walking in the local neighbourhood is the preferred exercise for 70% of people surveyed. This was followed by using "active modes of transport" such as bicycles, to access daily needs, and using the natural environment, for example by hiking in nature.

The condition of footpaths was a barrier to exercising, followed by poor safety, difficult-to-get-to destinations, and a poor sense of community.

"This survey shows the pressing need for all governments to invest more in walking, running, and riding infrastructure and to make it as accessible and safe as possible for people," Heart Foundation senior physical activity adviser, Elizabeth Calleja, said.

"This isn't just about sparing people the heartache of

preventable heart disease, it's a smart economic investment. Supporting healthier environments helps people live active, healthy lives, stay productive in the workforce, and avoid costly hospital admissions."

Where to live?

When choosing where to live, people said they wanted connectivity to destinations:

- Walking distance of shops, health practitioners, and work.
- Sense of place, including having a sense of belonging.
- Access to healthy foods, public open spaces, and movement networks.

The report concluded that it's not only nice but essential for residents' health that local areas have well-maintained walkways

and shared public spaces, and the ability of residents to lead active, healthy lives.

You can check it all out the survey responses and more information about the Heart Foundation's advocacy for more walkable neighbourhoods is available at <https://www.healthyactivebydesign.com.au/community-walkability>

You can search the walkability of your local area on the interactive map here. The tool will help you find parks, supermarkets, schools, libraries, cafes, public transport, doctors, and convenience stores nearby. You can select places that are 5, 10, 15, or 20-minutes away by foot.

Related reading: Department of Health, Heart Foundation, What Australia Wants report



Fun... fun...fun... come and join us: new activity just added

Mondays

Chair Yoga - 9.30am Mat Yoga - 11.00amBookings essential for Mat Yoga, contact Sue on <https://www.agewell.yoga>

Tuesdays

Zumba - 11am-12pm - Zumba with Ellie - AXIS Centre - \$10

Monday Yoga & Tuesday Zumba at AXIS Centre, 22 Campbell Street (building next to the LionS Community Bookshop in Queanbeyan Town Park). ZUMBA & MAT YOGA OPEN TO EVERYONE (not just seniors)! Monday and Tuesday Yoga and Zumba classes during school terms.

TUESDAY and THURSDAY EXERCISE CLASSES (falls prevention, balance, strengthening) Times - 9.30-10.30am at 1 Farrer

Queanbeyan Seniors 50+

Place, Queanbeyan - \$10 for members

Wednesdays

Mat Yoga - 9.30am

Chair Yoga - 11.00am With Louise... no bookings required at 1 Farrer Place, Queanbeyan

BYO Mat for yoga if you have one, some will be supplied.

Cost for abovementioned activities \$10.00 per session for members & \$18.00 for non-members.

Monday

NEW Five Hundred (500) - card game - 1.00pm-3.00pm. Cost \$2.00



Craft weekly on Mondays - 11.00am till 2.00pm. Cost \$2.00. Bring your own lunch and your own project or work on a project for the Seniors.

Wednesdays

Canasta - 10.00am - 12.00noon Cost \$2.00

Euchre - 1.00pm Cost \$3.00

Mahjong - 1.00pm - 3.00pm Cost \$2.00Thursdays • Thursdays - Rummikin - 1.00pm Cost \$2.00

Fridays

Carpet Bowls - 1.00pm Cost \$2.00

Delicious afternoon tea follows these activities.

Monthly meeting on the 3rd Tuesday of the month at 1.00pm, Rear 1 Farrer Place. Next meeting and AGM 19th August 2025.



Riverside Plaza Stall

We will be in Riverside Plaza on Saturday 26 July 2025

Membership only \$10.00 per annum.

New members very welcome.

Contact - Brenda on 0407 201 392 or Kim on 0407 264 132 or email - queanbeyanseniors@gmail.com or just drop in during opening times - Rear of 1 Farrer Place, Queanbeyan

LOOKING FORWARD TO SEEING YOU SOON AT ONE OF THESE ACTIVITIES

Photos supplied

Council to withdraw Memorial Garden development application

Queanbeyan-Palerang Regional Council has resolved not to proceed with the proposed Memorial Garden at the corner of Burra Road and Old Cooma Road.

'After consultants completed extensive groundwater studies, we have discovered that the site will not be suitable for a Memorial Garden', Mayor Kenrick Winchester said.

'This site was purchased in 2017, and further studies commissioned into groundwater flow on the site has shown that without significant and expensive drainage solutions, burials are not going to be possible.'

'The required buffers around these drains reduce the usable burial space on the site to around 2.8ha, which just isn't enough space to be a long-term solution to burial requirements.'

'Council will be reviewing both the short- and long-term options for interment needs for our growing population. Council have asked staff to prepare reports around the options, including what additional works could be undertaken at the existing Lanyon Drive Cemetery to make available as much space as possible whilst we investigate new sites for a future Memorial Garden.'

'Council will also need to consider what to do with the land at the corner of Burra Road and Old Cooma Road, now that the Memorial Park will not proceed at this location'.

PHIL'S EMPORIUM CHRISTMAS IN JULY TOY DRIVE

SUPPORTING OUR DECEMBER CHRISTMAS HAMPER PROJECT



SATURDAY, JULY 19

Phil's Emporium Op Shop

How You Can Help

Donate new toy, book or gift card (\$25) to bring a smile to a child's face this Christmas! Gifts will be used in our Community Christmas Hampers for 2025.

We Accept:

- Board games
- Dolls and action figures
- Building blocks
- Art supplies
- Sports equipment
- Ages 0-12

Please Avoid:

- Battery-operated toys
- Damaged or incomplete items

Drop Off & Make a Difference!

We are getting in early to make a difference for families in the Bungendore & Captains Flat communities. Items can be dropped off to Phil's Op Shop and we will have extra Christmas cheer and activities on the day.

For more info contact us at 0422605009 or email chloe@bungendoreanglican.org.au

Queanbeyan Veteran and Family Hub



Here for veterans and their families, every day



What's on at the Hub



- MON: Mindful Movement Tai chi - 12.30pm to 1.30pm
- TUES: Invictus Yoga - 10am to 11am
- Veterans Guitar Group - from 22nd July
- WED: Brave Buddies Playgroup - 10am to 12pm
- Heart/Muscle/Balance - 12pm to 1pm
- THURS: Open Arms fortnightly Coffee Catchup - 10am
- FRI: Catch up anytime for a cuppa - 9am to 5pm

Visit the Hub today

251 Crawford St, Queanbeyan

Open Monday to Friday
9am to 5pm

In partnership with



Queanbeyan-Palerang Regional Council

FOR YOUR INFORMATION



Return and Earn in Bungendore

There is now a Return and Earn kiosk available at the Bungendore Waste Transfer Station.

Most beverage containers (larger than 150ml and smaller than 3L) that are made from aluminium, glass, plastic, steel and liquid paperboard are eligible for a 10c refund when returned to a Return and Earn Reverse Vending Machine.

The machine will be available to the public at all hours. This is part of the NSW Government's Container Deposit Scheme.

We encourage people to bring their cans and bottles in a reusable bag or box and please don't leave any rubbish next to the CDS machine.

Advertising of Notices and Documents under the Environmental Planning and Assessment Act 1979 and Regulations

Notices and documents required to be advertised under NSW planning legislation can be viewed at bit.ly/DPnotices

QPRC Community Grants applications open

Applications for QPRC's Annual Community Grants Program 2025/26 funding round are open!

There are two grant categories that local community organisations can apply for, and up to \$3,000 is available per eligible organisation.

Category A funding can be spent on charitable purposes and Category B funding provides donations towards venue hire of Council facilities.

Applications close 11pm Wednesday 30 July 2025.

- ▶ Read the Grant Guidelines and submit an application at bit.ly/QPRC-community-grants



National Tree Day planting

Join QPRC and Queanbeyan Landcare to revegetate The Scar reserve for National Tree Day.

We will be planting several hundred native trees and shrubs in the reserve, creating a pocket of native bush for everyone to enjoy.

We will meet on Sunday 27 July at 10am at The Scar reserve, LOT 2 Southbar Road, Karabar, between the dog park and the BMX track.

- ▶ Register your attendance at nationaltreeday.org.au/sites/10031531

Your Voice refresh

We've refreshed our Your Voice community engagement website!

You can still have your say on projects, plans, policies, proposals and programs that matter to you, now with more user-friendly features.

If you already have an active account with Your Voice, all you need to do is reset your password with the same email address by using the 'Forgot your password' link on the login/join screen.

- ▶ If you don't already have an account, sign up at yourvoice.qprc.nsw.gov.au

Your
Voice

Council Meetings and Times

Council holds Ordinary Meetings twice a month on a Wednesday, excluding December and January. Meetings start at 5.30pm. Agendas and business papers for the meetings are available on the Friday prior to the meeting from bit.ly/MinutesAgendas. Meetings are live streamed via bit.ly/QPRCwebcast.

Members of the public can watch the meetings via bit.ly/QPRCwebcast and make a presentation during the public forum via Zoom, by submitting a written presentation, or in person.

Members of the public can make a:

- Written presentation - submit by midday on Tuesday
- Zoom presentation - register by midday on Wednesday
- ▶ Register to make a presentation at bit.ly/QPRCinvolved

Next meeting dates are:

- 23 July (Queanbeyan)
- 13 August (Bungendore)

Written Questions on Notice

Questions on notice from the community must be submitted in writing or via email to public.forum@qprc.nsw.gov.au by 12pm on the Wednesday prior to the meeting. All questions and responses will be tabled at each Public Forum, provided to the person who asked the questions and published on our website.

Draft Palerang Communities Integrated Water Cycle Management Issues Paper 2025 on exhibition

Have your say on the draft Palerang Communities Integrated Water Cycle Management (IWCN) Issues Paper 2025.

This document identifies 35 separate issues related to all aspects of water and sewerage in the former Palerang region.

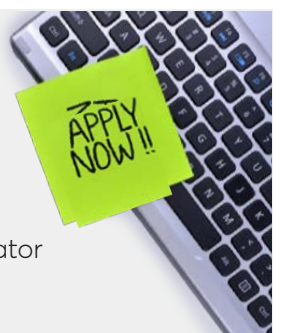
The issues have been identified and key issues will be considered in the development of the future IWCN Strategy. The Strategy may determine that some issues are part of business-as-usual, others may require ongoing monitoring or reporting, and some may warrant future public works projects.

- ▶ To read the paper and have your say by 29 July, go to yourvoice.qprc.nsw.gov.au

Work with Council

Current vacancies include:

- Resource and Systems Librarian Team Leader
- Turf Specialist (x2)
- Urban Landscapes Administrative Officer
- HR and Organisational Development Coordinator
- ▶ For more information and roles see bit.ly/QPRC-Careers



Policies on exhibition

There are a range of policies currently on exhibition on our Your Voice page:

- Open Burning Policy
- Sustainable Design of Council Buildings and Infrastructure Policy
- Tourism Policy
- Parking and Enforcement Priority Policy
- Footpath Management Policy
- + more
- ▶ Have your say at yourvoice.qprc.nsw.gov.au

Follow us on social media

@QbnPalerangRC



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@QbnPalerang



Sign up for our weekly eNewsletter

eepurl.com/codv-v



Queanbeyan-Palerang Regional Council

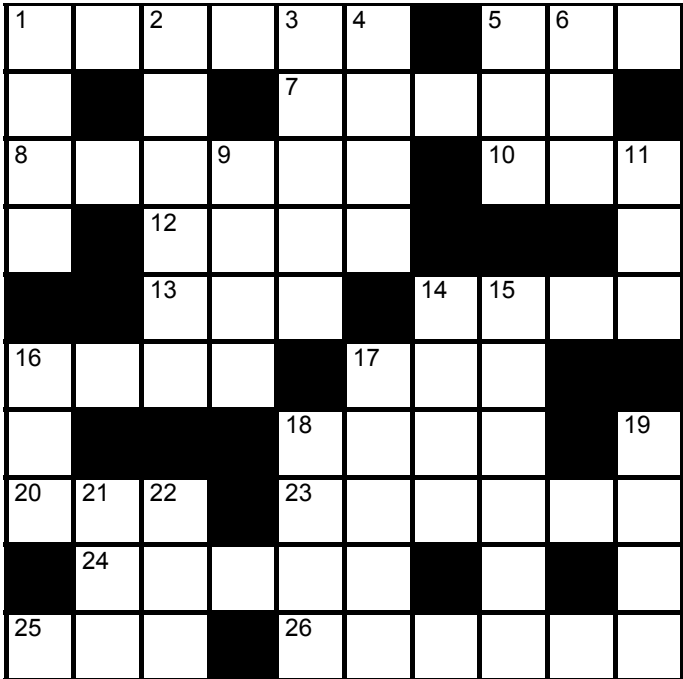
PO Box 90, Queanbeyan NSW 2620
1300 735 025

council@qprc.nsw.gov.au

www.qprc.nsw.gov.au

Puzzles

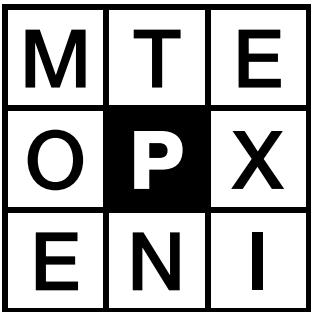
Quick Time Crossword



- Across
- 1 Length of army front (6)
 - 5 Greek letter (3)
 - 7 Rim (5)
 - 8 Flowering shrub (6)
 - 10 United (3)

- 12 Transmit (4)
 - 13 Apple Isle (abb) (3)
 - 14 Footwear (4)
 - 16 Augury (4)
 - 17 Command to a horse (3)
 - 18 Region (4)
 - 20 Girl's name (3)
 - 23 Reposed (6)
 - 24 Vestment (5)
 - 25 Kimono sash (3)
 - 26 Go hungry (6)
- Down
- 1 Traveller's bundle (4)
 - 2 Pure (6)
 - 3 Baking chambers (5)
 - 4 Peruse print (4)
 - 5 Self (3)
 - 6 Number (3)
 - 9 Incline (4)
 - 11 Female sheep (3)
 - 14 Understands (4)
 - 15 Winter appliance (6)
 - 16 Eggs (3)
 - 17 Accost with salutation (5)
 - 18 Curves (4)
 - 19 Border (4)
 - 21 Expert (3)
 - 22 Friend (Fr) (3)

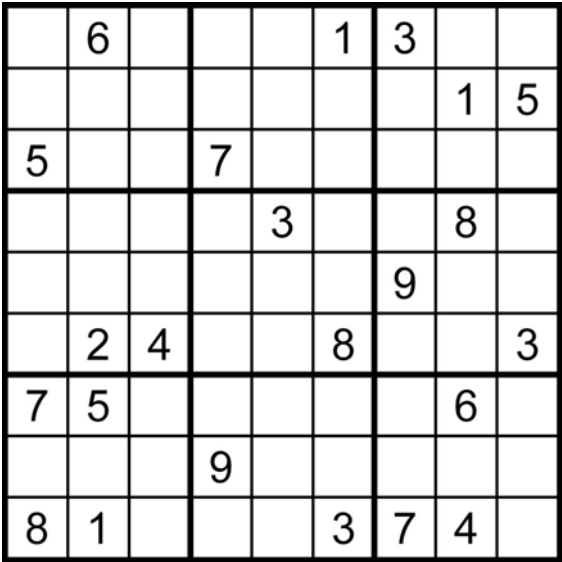
Target Time



Target: Average - 12,
Good - 16, Excellent - 24+

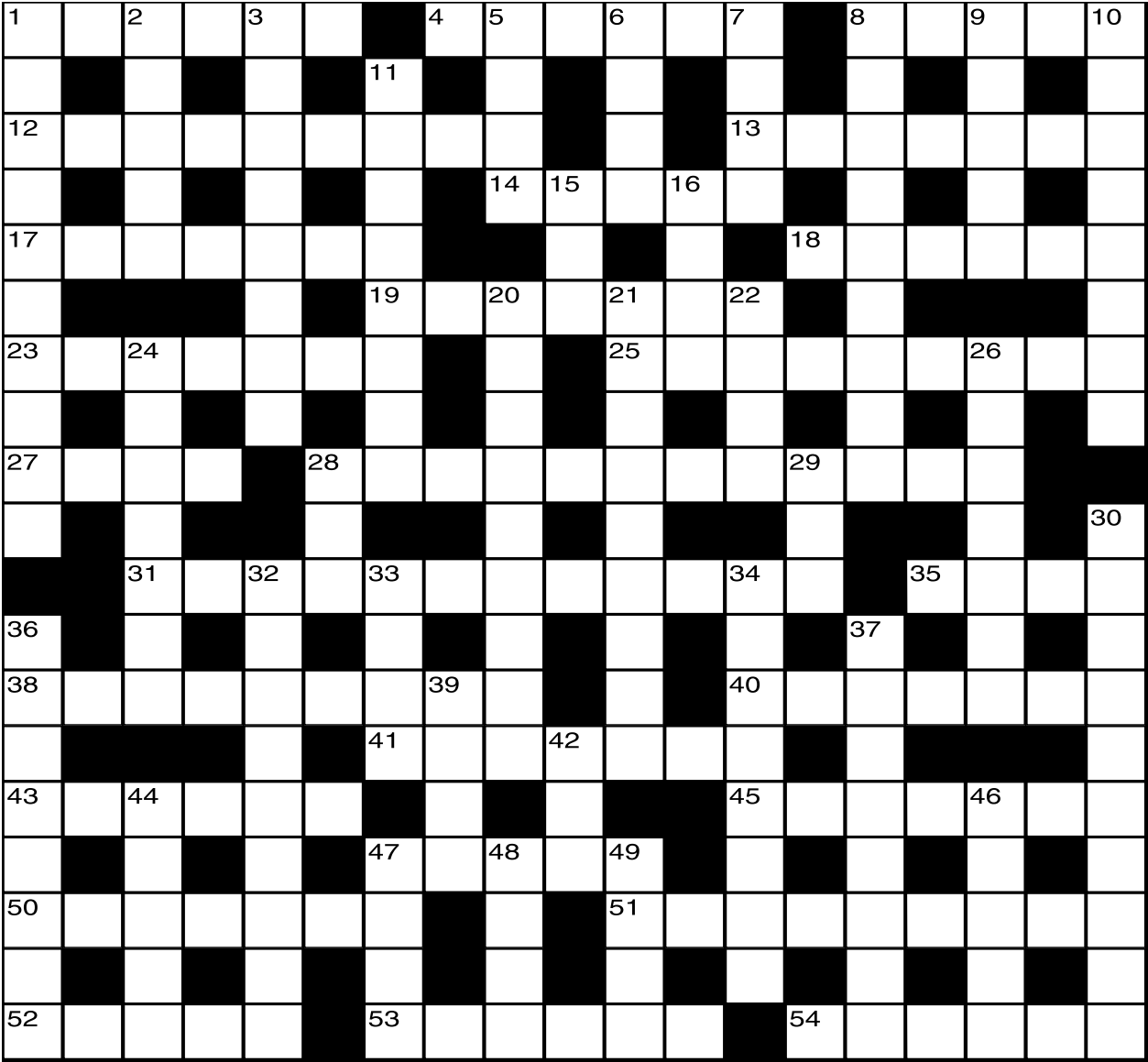
Using the nine letters in the grid, how many words of four letters or more can you make? The centre letter must be included and be used only once. Find at least one nine letter word.

Sudoku



Sudoku, it's a game of deduction rather than maths. Fill each row, column and 3x3 square with the numbers 1 - 9, without repeating. Each number can only appear once in each row, column, and frame.

Crossword



- Across
- 1 Small globule of gas
 - 4 Men's hairdresser
 - 8 Eclipse
 - 12 Hybridised
 - 13 Grieves
 - 14 Den
 - 17 Shooting
 - 18 Harness for horses
 - 19 Holiday destinations
 - 23 Portion
 - 25 Mesmerise
 - 27 Formerly
 - 28 Charged with an offence
 - 31 Alcoholic drink (5,7)
 - 35 Heavy shoe
 - 38 Reprimand (5,4)
 - 40 Contributes (coll) (5,2)
 - 41 Level of government
 - 43 Revise
 - 45 Torture
 - 47 Extreme
 - 50 Amidst
 - 51 Run-down
 - 52 Heron
 - 53 Company
 - 54 To stickybeak
- Down
- 1 Board game
 - 2 Inflated
 - 3 Juicy and delectable
 - 5 Assists
 - 6 Fop
 - 7 Blooming
 - 8 Misfit (3,3,3)
 - 9 Stealing
 - 10 Noticed
 - 11 Unfiltered licence (4,4)
 - 15 As well
 - 16 Tariff
 - 20 Rapid writing method
 - 21 Poetaster
 - 22 Twirled
 - 24 Attribute
 - 26 Inside a building
 - 28 Doubts
 - 29 Whatever
 - 30 Ancient monument in England
 - 32 Rebellious
 - 33 Horse's foot
 - 34 Cries out
 - 36 Cute
 - 37 Shame
 - 39 Woof
 - 42 Before (poet)
 - 44 H2O
 - 46 Homer's epic poem
 - 47 Detachment
 - 48 Crisp tortilla
 - 49 Please reply (1,1,1,1)

Brain Alert

Boost your brain power! Complete each of these puzzles as fast as you can and record your time.

Word Find 140 Find the following words in the grid.

A P K T W O

S S E A E G

A L H R U N

B R I D E R

A F D M U D

G R O O V E

Ash

Ask

Bag

Bride

Due

Dug

Fire

Groove

Hid

Let

Mud

Our

Red

Run

Sea

Slim

Tar

Ten

Two

Word Sudoku 141 Enter the word POLE in each row, column and 2x2 square, in each combination there should be only one of each letter.

O

P

O

E

Sudoku 138 Enter the numbers 2-5 in each row, column and 2x2 square, in each combination there should be only one of each number.

4

2

3

5

A P K T W O

S S E A E G

A L H R U N

B R I D E R

A F D M U D

G R O O V E

O L P E

E P O L

P E L O

L O E P

2 3 5 4

5 4 2 3

4 2 3 5

3 5 4 2

PHOTO OF THE WEEK



Turallo Creek flowing over the old road after a rainy weekend.
Photo Margaret Robinson

PET OF THE WEEK



Name: Indi
Age: 3 years old
Likes: wlags in the bush and people
Dislikes: other dogs
Claim to Fame: the perfect surf life-saver, whenever Mum and Dad are in the water, she will "rescue" them

Bungendore Seniors: Chair Yoga recommences next Tuesday

Chair Yoga is a gentle and effective way to support your physical and mental wellbeing, especially for those wanting to maintain strength, flexibility, balance, and calmness in a safe and supported way. Practised while seated, Chair Yoga is ideal for older adults or anyone recovering from illness or injury, helping improve mobility, reduce stress, and even support better sleep.

Many participants report benefits such as improved hand grip, limb strength, reach, balance, mood, and overall agility. The low-impact exercises are also known to help manage conditions like osteoporosis, osteoarthritis, and arthritis by reducing joint pain and improving quality of life.

Classes are open to everyone who'd like

to experience the benefits of Chair Yoga and enjoy the connection of exercising with others in a friendly environment.

Classes will resume next Tuesday and are held on Tuesdays at the Scout Hall, Turallo Terrace, Bungendore.

During the winter months we have one class available: 1-hour session: at 2.30pm

\$13 for Bungendore Seniors members / \$18 for non-members

For more information or to book, contact Sue Scarlett at sue@agewell.yoga or call 0411 407 737.

Come join us - feel stronger, more balanced, and connected.



CAPTAIN BUNgENDORE



often, the very Best THING you CAN do is to stop everyTHING, AND HAVE A CUddle.

A CUddle is A mlgHty good AND powerfUL THING.

JAC

Do you have a Photo of the Week? Or, if you would like to see your beloved pet featured as Pet of the Week, please email your photos to info@regionalindependent.com.au

The Regional Independent - letters to the editor need to be no more than 230 words. Please email your letters complete with full name, phone contact and address to: info@regionalindependent.com.au
Only your name and suburb will be printed

Bungendore Food Hub

A HELP UP FOR OUR COMMUNITY SUPPORTED BY OUR COMMUNITY

FOOD, TOILETRIES, WARM CLOTHING, ADDITIONAL SUPPORT, COMMUNITY RESOURCES ARE ALL AVAILABLE HERE!

OPEN WEDNESDAYS 10AM-12PM

LOCATED IN THE OLD OP SHOP BEHIND BUNGENDORE AMERICAN CHURCH, GIBRALTAR STREET BUNGENDORE

CONTACT 6228 1261 OR 0422606009

LIONS COMMUNITY BOOK SHOP

A non-for-profit group with all funds donated to local charitable organisations

LOCATED IN THE QUEANBEYAN PARK

OPEN: Tuesday to Saturday 10am-4pm

SECONDHAND BOOKS, MAGAZINES, GAMES, JIGSAWS, CRAFT



For more information: Phone 0461 365 831 Email: queanbeyan.nsw@lions.org.au
Facebook: <https://www.facebook.com/lionsofqueanbeyan/>

Public Notices

Queanbeyan Community Choir

Everyone is welcome to come along and join this friendly group who sing a variety of songs. No experience required.



Where: Queanbeyan Leagues Club Upstairs Meeting Room (Membership of QLC not required) 2:30-4:pm Saturdays
\$5:00 weekly attendance and \$5:00 yearly membership
Afternoon tea supplied. New members welcomed. For further enquiries emailayrrows@bigpond.com

Bungendore Bridge Club

Bungendore School of Arts, Gibraltar Street, Bungendore
Wednesdays: 7.00-10.00pm
Saturdays: 10.00am-1.00pm
Contact: Angela McGill, President 0408 409 989 or Bobbie Gosper, Secretary on 0408 788 213



BCCI - next Business Breakfast Wed July 23

The Bungendore Chamber of Commerce and Industry invite all local business representatives to our next Business Breakfast event on Wed 23rd July. We have a 'light financial management' theme for this one where you will receive a few tips from Rhyll Tozer local Chartered Accountant and Phil Harvey Financial Planner. Catch up with other local business owners and enjoy a great breakfast at Café Woodworks.
To register head to; <https://events.humanitix.com/bcci-july-business-breakfast>

NOTICE OF AGM

Notice is hereby given that the Queanbeyan Senior Citizen's Association is holding their Annual General Meeting (AGM) on Tuesday 19th August 2025 at 1.00pm at 1 Farrer Place, Queanbeyan. Everyone welcome to attend.
Brenda Russell
President
Qbn Senior Citizen's Association



BUNGENDORE PARK TREE PLANTING

Bungendore Community Landcare, in collaboration with QPRC, will hold a tree planting day in Bungendore Park on Sunday July 27th, National Tree Day, commencing at 10am.
The Park, dedicated in 1886, has a long history of community tree planting. In 1887, 24 trees were received from the Curator of the Sydney Botanic Gardens for planting in the park.
In recent years, a number of old pine trees have been removed, so 4 Italian Stone Pines will be planted, in keeping with the heritage theme. In addition, several Red Oaks and about a dozen Zelkova serrata will be planted.
Please come along on July 27th and help celebrate national Tree Day and Bungendore Park.
For more information, contact David Watson 0421241846.

Queanbeyan Probus Club: next meeting Mon, July 21

What are Probus Clubs?
The word PROBUS is an amalgam of the words PRO-fessional and BUS-iness
Probus is an association of retired and semi-retired people, who join together in clubs. The purpose of which is to provide regular opportunities for them, to keep their minds active, expand their interests and to enjoy the fellowship of new friends.
There are men's clubs, ladies' clubs and combined clubs and is a community service of Rotary Clubs. They are not-for-profit making and non-denominational. The first club, established by Rotary, was in 1996 at Caterham, England. It is now worldwide with a global membership of over 2,000 clubs.
The Queanbeyan club is a combined men's and women's club, we have guest speakers, BBQ's, walks, outings, coach trips, morning teas and other entertainment. We meet between 10am and 12pm, every third Monday of each month at the Queanbeyan Bowling Club. We welcome new members, for more information please contact Dawn on 0419 114 832 or Lynne on 0409 195 454.

Tech Help every Friday

Drop-In Queanbeyan Library Every Friday 10am to 12 noon. Bring your phone, tablet or laptop, along with any questions you have.
Queanbeyan Library, 257 Crawford Street, Queanbeyan . Phone: (02) 6285 6255

Mayor's Column

Last Friday, we celebrated the official naming of the Frank Pangallo Heritage Library. Mr Pangallo was Queanbeyan City Council's longest serving Mayor and the first elected Mayor from a non-British background. Throughout his local government career, Mr Pangallo made a lasting and significant contribution to the region. From overseeing the planning and construction of The Q to establishing the Queanbeyan Multicultural Centre, Mr Pangallo's leadership and vision were instrumental to shaping our community. Mr Pangallo spent many hours in the old Council Chambers, so it's only fitting that it now bears his name as a space for our local history collection and a place for study. The Frank Pangallo Heritage Library at 253 Crawford Street is open Monday to Thursday from 10am to 4pm.



At our meeting last week, Council decided to stop further work on the 1241 Old Cooma Road site for a Memorial Park and withdraw the State Significant Development Application. The latest groundwater studies have shown that significant and expensive drainage solutions would be required to manage groundwater on the site to prevent impacts on burials. As a result of this, Council will no longer be pursuing a Memorial Garden at this location. We will be looking into possible new sites and long-term solutions while we investigate improvements and alterations to the Lanyon Drive Cemetery in Queanbeyan to extend its use in the meantime.

Applications for Council's Annual Community Grants Program 2025/26 funding round are open! The grants support local community groups and not-for-profits to provide a wide range of activities that build community capacity, contribute to the welfare and the broader social fabric of the Queanbeyan-Palerang community, alleviate disadvantage, and build on existing community strengths. There are two grant categories that local community organisations can apply for, and up to \$3,000 is available per eligible organisation. Category A funding can be spent on charitable purposes like relief of poverty, advancement of education or other community purposes, while Category B provides donations towards venue hire of Council facilities. Applications close at 11pm Wednesday 30 July 2025. To read the Grant Guidelines and submit an application, visit bit.ly/QPRC-communitygrants

Celebrate National Tree Day with us! Join QPRC and Queanbeyan Landcare to revegetate The Scar reserve with several hundred native trees and shrubs. Meet at The Scar reserve, Lot 2 Southbar Road, Karabar, between the dog park and the BMX track on Sunday 27 July from 10am to 12pm. Learn more and register to attend at www.qprc.nsw.gov.au/Events/National-Tree-Day
Cr Kenrick Winchester, Mayor

We're supporting

National Diabetes Week

13 - 19 July 2025

A healthier future – for everyone

diabetes australia

diabetesaustralia.com.au/ndw

Puzzle Solutions

Target Time

Target: Average - 12, Good - 16, Excellent - 24+

epitome, exempt, EXEMPTION, expo, inept, metope, mope, nope, open, opine, peen, pent, peon, pine, pint, pinto, pion, pitmen, piton, poem, poet, point, pointe, pome, pone, poteen, temp, tempi, tempo, tope, topee, topi.

Sudoku

4	6	8	2	5	1	3	9	7
2	9	7	3	8	6	4	1	5
5	3	1	7	9	4	8	2	6
1	7	5	6	3	9	2	8	4
3	8	6	4	2	5	9	7	1
9	2	4	1	7	8	6	5	3
7	5	3	8	4	2	1	6	9
6	4	2	9	1	7	5	3	8
8	1	9	5	6	3	7	4	2

Quick Time Crossword

S	E	C	T	O	R		E	T	A
W		H		V	E	R	G	E	
A	Z	A	L	E	A		O	N	E
G		S	E	N	D				W
		T	A	S		S	H	O	E
O	M	E	N		G	E	E		
V				A	R	E	A		E
A	D	A		R	E	S	T	E	D
		A	M	I	C	E		E	G
O	B	I		S	T	A	R	V	E

Crossword

B	U	B	B	L	E		B	A	R	B	E	R		O	U	T	D	O
A		L		U		F		I		E		O		D		H		B
C	R	O	S	S	B	R	E	D		A		S	A	D	D	E	N	S
K		W		C	E		S	T	U	D	Y		M		F		E	
G	U	N	F	I	R	E			O		U		H	A	L	T	E	R
A				O		R	E	S	O	R	T	S		N				V
M	E	A	S	U	R	E		H		H	Y	P	N	O	T	I	S	E
M		S		S		I		O		Y		U		U		N		D
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			I	R	I	S	H	W	H	I	S	K	E	Y		B	O	O
A		B		N	O		A		T		X		D		R	O		
D	R	E	S	S	D	O	W	N		E		C	H	I	P	S	I	N
O				U		F	E	D	E	R	A	L		S				E
R	E	W	O	R	K		F		R		A	N	G	U	I	S	H	
A		A		G		U	T	T	E		R		I		R		L	E
B	E	T	W	E	E	N		A		S	U	M	M	A	T	I	O	N
L		E		N		I		C		V		S		C		A		G
E	G	R	E	T		T	R	O	U	P	E		M	E	D	D	L	E

Classifieds

Local Markets

Wamboin Home Produce and Craft Market
Third Sat of each month (except July & August)
9am to 12. Community Hall and grounds, Bingley Way, Wamboin. Contact Meriel Schultz 0422 614 304

Captains Flat Country Markets
1st Sat of the month, 9.30am-1.30pm, in the Community Hall, Foxlow Street, Captains Flat. Enquiries to communityassociation@captainsflat.org

the market @ bungendore
9am-3pm, Bungendore Memorial Hall. Note: Every 2nd SUNDAY of every EVEN month. www.themarketatbungendore.com

Braidwood Ryrie Park Markets
Fourth Saturday of every month, at the park in Braidwood. Contact Cathy: 0418 262 011 Sarah: 0417 468 686

Queanbeyan MarketsQbn Showground,
Third Sunday of every month. 9am to 1pm. For more info call 0419 848 786 or thequeanbeyanmarket@gmail.com

Sutton Village Country Markets
Second Sunday of the Month, 9am until 1:30pm, Sutton Oval (Cnr Victoria & Camp Streets) Contact@SuttonVillageCountryMarkets.com.au

BUNGENDORE WAR MEMORIAL HALL



If you are looking for a venue for a party or another event then check out the Hall. We have plenty of tables and chairs, a well equipped kitchen and our rates are very reasonable. Please contact Jill on 6238 1470 for bookings.

OPENING TIMES WASTE TRANSFER STATIONS

Bungendore waste transfer station:
Friday 12.30pm-4.30pm
Saturday and Sunday 8am-4.30pm. Monday 7am-12noon
Bungendore buy back centre: Saturday 10am-4pm
Bywong waste transfer station: Friday 2pm-4.30pm
Saturday and Sunday 8am-4.30pm Monday 7am-11am
Captains Flat waste transfer station: Saturday and Sunday 9am-3pm (gates close at 2.45pm)
Monday 9am-2pm
Braidwood waste transfer station
Fri, Sat Sun & Mon - 10am to 4.30pm
Monday - 1pm to 4pm
Braidwood buy back centre: Sunday 10am-4pm

SAGE HUT WIZARD

Empowering intuitive readings for better outcomes. 30 years experience. When logic fails, go up a level!
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https://www.facebook.com/sagehutwizard.com.au/



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Bobcat & excavator, with attachments & truck for hire. Residential & rural. Landscaping, topsoil & roadbase. Rural animal graves. Phone Cameron on 0423 513 238



VINTAGE & RETRO

Vintage, retro, secondhand shop. 144 Uriarra Road Crestwood, Queanbeyan 6297 8636. Open Friday, Saturday, Sunday 10.00am to 4.30pm - Lots of new stock in ART BY ANDERS

BUNGENDORE SENIORS
Next get together will be Thursday July 17, at the Bungendore Sports Hub amenities building \$5.00 per person. ALL WELCOME

NEED HELP LEARNING TO READ?

I have helped perople, of all ages, learn how to read within 12 weeks. Call Phillip at 0408 402 741 for more information.

WANTED

WANTED Kubota FEL L3800 or similar, 40-50 HP up to 10yrs old. Ph 02 6297 6895 leave a message



Personalised care for your dog. We care for a maximum of five dogs at a time, ensuring plenty of attention, playtime, and one-on-one care. Flexible drop-off and pick-up options available, with 24-hour supervision for peace of mind. Find us on Facebook at MJ Kennels or call 0404 844 161.

Monitor Training Solutions
"Breathing new life in to training" First Aid & CPR Training to Your Business or Home
Partnering with PADI Rto, Registered Training Organisation No. 6729, we specialize in tailored training sessions that meet your specific needs and scheduling requirements. Contact: info@monitortrainingsolutions.com.au https://monitortrainingsolutions.com.au Phone 0405 324 890

Business Classifieds

HAROLD BRADLEY TRANSPORT
Livestock transport available. Mobile loading ramp, 2 x 1 stock crates, competitive rates. Servicing all areas, located Bungendore. Contact Harold on: 0424 452 821



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Shed Builds - Stables - Farm Yards
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Premium yellow box, well seasoned, thoroughly clean. All wood sieved prior to delivery. 2.5 tn load \$1050. C.O.D.
Ph 0403 229 576

RSPCA: As of 12 July all these animals are available for adoption. For an up to date list of available animals click on this link: rspca-act.org.au/adopt-pet

INDI Bull Arab Approx 3 years rspca-act.org.au/adoption-list/pet/a3aJ30000004tM2IAI	LAHNI Mixed Breed Approx 2 years rspca-act.org.au/adoption-list/pet/a3aJ30000004qJxIAI	MILLIE American Staffy Approx 5½ years rspca-act.org.au/adoption-list/pet/a3aJ30000004rWWIAI	COCO Mixed Breed Approx 3½ years rspca-act.org.au/adoption-list/pet/a3aMn0000039xtZIAI
ROGER Border Collie Approx 18 months rspca-act.org.au/adoption-list/pet/a3aMn000006lgTNIAI	HERBIE American Staffy Unknown age rspca-act.org.au/adoption-list/pet/a3aMn000006ZRZIIAI	BINGO Siberian Husky Approx 1 year rspca-act.org.au/adoption-list/pet/a3aMn0000075PL7IAI	BETTY Mixed Breed Approx 3 months rspca-act.org.au/adoption-list/pet/a3aMn000007TKAKIAI
WILMA Mixed Breed Approx 3 months rspca-act.org.au/adoption-list/pet/a3aMn000007TKAIIAI	TIPSY, DSH Approx 4 months rspca-act.org.au/adoption-list/pet/a3aMn000006vmLIAI	ANGELINA, DSH Approx 2 years rspca-act.org.au/adoption-list/pet/a3aMn000007EHhIIAI	PUSHEEN, DMH Approx 1 year rspca-act.org.au/adoption-list/pet/a3aMn000006MCofIAI

TOTO, Bengal Approx 6½ years rspca-act.org.au/adoption-list/pet/a3aMn000007M1r3IAC	BISCUIT, DMH Approx 6 months rspca-act.org.au/adoption-list/pet/a3aMn0000072SfJIAU	MAESTRO Fancy Pigeon rspca-act.org.au/adoption-list/pet/a3aMn000007EH4zIAG	MICHELIN Pigeon rspca-act.org.au/adoption-list/pet/a3aMn000006rWYIAYI
CHARLIE American Show Racer Pigeon rspca-act.org.au/adoption-list/pet/a3aMn000005Km8rIAC	FLINT Barnvelder rspca-act.org.au/adoption-list/pet/a3aJ30000004igTIAQ	LOUIE Araucana rspca-act.org.au/adoption-list/pet/a3aMn000005w7BBIAY	WALLACE Plymouth Rock rspca-act.org.au/adoption-list/pet/a3aMn00000266ETIAY
GIOVANNI Padovana rspca-act.org.au/adoption-list/pet/a3aMn000006Zzp3IAIG	BAILEY Mini Lop Approx 6 months rspca-act.org.au/adoption-list/pet/a3aMn000007W9qXIAS	CARMEN Mini Lop Approx 6 months rspca-act.org.au/adoption-list/pet/a3aMn000007W9qYIAS	The bond between humans & animals is a silent promise: love without conditions, loyalty without end. (Fyodor Dostoevsky)

Every pet deserves a loving, safe home.
The Shelter is located at 12 Kirkpatrick Street, Weston (off Cotter Road)
Animal Viewing Hours: Monday-Friday: 10am-3pm & Saturday: 10am-3pm
The Shelter is closed to the public the first Wednesday of each month.
Contact: (02) 6287 8100

Sport

Wamboin Golf - July 2025

Sunday, 6 July. 177.5 days to Christmas. In light of the forecast a depleted but dedicated crowd gathered at the Hall. Some for the EOFY Medallion and some for the Christmas in July Pudding. We cater to all creeds. The day was sponsored by Diana and Paul Griffin whom we thank for the prizes, the sustaining repast and the decision to eschew that finicky Staplefoot scoring for stroke adjusted by handicap. The beautiful Winter's day, cold but sunny and still, was not to last. By 3pm the season showed its dark, sullen and angry side. Lightning flashed. Thunder roared. Golfers scattered.

Back in the evacuation centre, as the Captain did the sums, we discussed current affairs. Out of interest your correspondent looked up 'flotilla'. It means a small fleet. Not a lone boat that the RCYC would refuse entry to the Sydney to Hobart, carrying a small irritating Swede and a cargo of baked beans and M&Ms for the hungry Gazans who will continue to go hungry as long as Bibi holds them each personally complicit in the Hamas atrocity of 7 October 2023.



Greta and POTUS seem to share a characteristic. Both communicate in repetitive baby-talk of the kind you often hear from the neuro-divergent. Maybe Greta's a bit higher up the spectrum than Trump who ran away from the G7 rather than shirtfront the mighty Elbow over tariffs and Orcas. Or maybe he wanted to be somewhere safe after ordering the B 2s to blow Iran's underground nuclear facilities to pieces. That should get him the Nobel Piece Prize. One positive thing Trump has done is getting Europe to stop seriously leaning on the US dollar to support NATO. Those same free-riding countries are wasting taxes on full pay for state retirees at age 50. His next target should be the fairly useless UN, a sheltered workshop for failing states, dictatorships, activists and general whingers while succeeding in the accomplishment of little or nothing. Some call it a pressure valve. Open the valve, I say, and let the hot air out!

The NSW Judiciary - whoever that is - has released a "Bench Book" prescribing "cultural safety law" to make it a 'better experience' for indigenous people caught up in the legal system. Three things: 1. a better experience may be achieved only by not being caught up in the legal system; 2. what about the rest of us? - shouldn't a multicultural society be treated equally? 3. the judiciary only applies the law, the parliament makes it. In my youth a bench book sat on the bench in the 'long drop' of a country property.

It didn't lose its literary value by having its pages torn out for sanitary purposes. The NSW Judiciary's bench book should be accorded the same utility. The secretive, shambolic National Anti Corruption Commission strikes again. The unconventionally-managed NACC, which plainly can't identify conflicts of interest internally, has now cleared everyone involved in allowing a former ministerial employee to trouser \$2.4M Very Large, no questions asked. And the ACT's pathetic version is no better, unable to see a conflict in slipping its departed CEO what smacks of a substantial golden handshake,

The last two things the mendicant state to the South of the mainland needs is another election and an eye-wateringly expensive stadium in which to play that silly 'four sticks' game. Tassie's relative population of snoozers and tree-huggers (93%) won't turn up to watch, anyway. Great to see the Federal Court restored to Toni La Teef the two days pay (\$70k) the ABC short-changed her on. In Tibet the Daily Llama reported that China wants to control the country's next spiritual leader. Maybe they want a compliant Daily Alpaca. And in Morwell the jury found Omicidio con Funghi.

The Captain called for order and introduced our guests, Matt Williams and Honor and Patrick Matapia. He welcomed home Scott Mason after a long absence and Alex Gordon, AWOL from uni in Wollongong. The googly ball



went to everyone who dodged the lighting. Vicki Still took the dummy spit trophy with her to Queensland for safekeeping. But it would have gone to Rob Gorham for noting that in her absence we didn't have to eat that GF muck; thence to Deb Gordon for complaining about Alex's handicap, and finally to Col Urquhart for something to do with the rain spoiling the coefficient of friction between hand and club. LD and NTP ball winners were Alex Gordon 2, Ken Gordon 2, Glenn Crafter and Col Urquhart. Winner of the nine hole comp was Alex Gordon 45/27 from Steve Harrison 57/29 and Ken Gordon

37/33. Winner of the 18 hole comp was Glenn Crafter 76/66 from Col Urquhart 89/68.

Next month is August, a sort of nondescript month. But you can still join us at the Hall at 12.15pm on Sunday, 3 August for the 12.30 pm start of the End of Winter Pennant. Meanwhile, did you enjoy Elder Abuse Day (15 June)? Your correspondent had a whale of a time shouting rude things at all the codgers in the Riverside Plaza. Enormous fun and so therapeutic!

Larry King, golfer
Photos: Pete Harrison



Bungendore Tigers & Tigerettes

Georgia Buckley
Bungendore Tigers

Bungendore Tigers had a great day out in Googong for round 10 on Saturday, 12th July taking home two wins. Our George Tooke Side came out on top with a 68-0 victory over the Googong Goannas.

Try scorers:
Harry Buckley
Michael Gordon
Jermaine Williams
Luke Colquhoun
Alex Evans
Ben Rayner

Daniel Jacobs
Dylan Ahosivi
Matt McKenna

Conversions nailed by Zach Smith

3 points - Michael Gordon
2 points - Jesse Collins
1 point - Pat Pryor

Our Tigerettes had a great win coming back from the bye week, taking a 28-4 win against Googong.

Try Scorers
Elvy Buckley
Lillie Pryor

Ellie Shoobert
Emily Holdom

3 points - Lillie Pryor
2 points - Emily Holdom
1 point - Ellie Shoobert

Please join us on Old Boys Day 26/07 as we celebrate the official naming day of the Anthony Rayner Oval!

Photo - Lauren Woodward Photography



BUNGENDORE JUNIOR TIGERS

CELEBRATING 30 YEARS

FAMILY ENTERTAINMENT 10AM -2PM

& LIVE MUSIC FROM 2PM

SUNDAY 10TH AUGUST **BUNGENDORE SPORTS HUB**

INVITATION EXTENDED TO ALL PAST AND PRESENT PLAYERS, FAMILIES AND VOLUNTEERS

Sport

Mudhooks On Top

Stewart Wilson

The Bungendore Mudhooks rugby team's 2025 season continues to build momentum with the minor premiership now guaranteed following a 57-22 victory over the Yass Rams at the Bungendore Sports Hub on 5 July.

The Mudhooks scored nine tries to the Rams' four and halfback Tom Worman kicked six conversions. It was good to see the local boys starting strongly and it was Tom who got things going soon after play began with an individual effort which he converted.

The Mudhooks were very much in control throughout the first half and strong defence meant they were able to repel a lengthy and sustained attack on their line without conceding any points. They led 31-5 at half time with tries to Tom Worman, flanker Cameron Faddy, centres Maloni Tubekitu and Uraia Rabici and winger Aiden Shand.

The team added four tries in the

second half scored by flyhalf Toby Campbell (two), flanker Anthony McCudden and winger Jone Waqa, three of them converted by Tom Worman.

Not helped by being temporarily down to 13 men for a while and probably unconsciously easing off a bit, the Mudhooks allowed the Rams some joy in the final 40 minutes when they added three tries to give their score some respectability.

Despite this, the Bungendore team never looked like getting into serious trouble and still outscored the Rams in the second half to go on to win by a comfortable margin.

The Mudhooks are approaching the business end of the season and are in a strong position. Team camaraderie is high, the necessary player skills and commitment are there, the club's excellent backup and support is in place and throughout the season the boys have shown what they are capable of.

The Mudhooks now have a week off and the team's next game is



against the Taralga Tigers at the Sports Hub on Saturday, 19 July. This is the last regular season match before the major semi-final in which the Chooks will play the fourth-placed team, also at home. Win that, and the team goes straight into the grand final.

Player awards and their sponsors

for the Yass game were:

Best and Fairest: Jack Worman (3 points), Tom Worman (2 points), Will Smith (1 point).

Players' Player: Alex Ganchov

and Jye Russell.

Coach's Player: Jye Russell.

Chicks' Pick: Maloni Tubekitu.

Photos: Sharon Baxter-Judge



Mudchook ladies shine early, but fall short on Ladies Day

Bungendore Mudchooks

Saturday, July 5 - Garry Cook Field
The Mudchooks Rugby Club celebrated its annual Ladies Day with a fantastic turnout and a thrilling match, as the Mudchooks women took on Cooma Women's 10s in a high-energy contest full of heart and determination.
The home side came out firing, inspired by a special pre-game moment that saw

the players presented with their jerseys and hear from Brumbies Women's star Edwina, whose words clearly struck a chord. Riding that momentum, the Mudchooks dominated the first half, running in three well-earned tries through Taryn, Sacha, and Lana to take a strong early lead.
With the crowd behind them at Garry Cook Field, the Mudchooks looked in

control – but Cooma showed tremendous fight, speed, and fitness in the second half. The visitors responded with four unanswered tries to snatch a 24-15 win, completing a gutsy comeback.
Despite the final scoreline, the Mudchooks played with determination right to the end, lifted by the energy of their supporters. The match reflected the growing depth



and spirit of the women's program, which continues to gain momentum.
Off the field, the day was a huge success, thanks to the hard work of the Mudchooks committee of volunteers who provided catering and a warm, welcoming atmosphere. The event celebrated not only women in rugby but also the broader community that supports the game.
Best on Field Points:
3 Points - Kylie
2 Points - Taryn
1 Point - Kate & Sacha
Coaches Pick - Sacha
Dicks Pick - Charlotte
The Mudchooks women took

on ADFA on Monday night: Mudchooks 29 to ADFA 24.
The girls will now play 2 games on the gala day held

at Bungendore Sports Hub, this Saturday 19th July.
Photos: Sharon Baxter-Judge



Round 13 - Vikings show no mercy as Whites woes continue

By Brodie Campbell

The Queanbeyan Whites' mid-season struggles in the BentSpoke John I Dent Cup have continued as they suffered another heavy defeat, this time at the hands of the Tuggeranong Vikings as they went down 50-20 last Saturday at Viking Park. It has been well documented that the Whites first grade side has been experiencing a mid-season slump after an electrifying start to the season, as injuries have decimated the lineup causing several changes to the side. Since round 10, the Whites have fallen to three straight losses at the hands of Royals, Lions and Owls to fall to 3rd place on the ladder and went into their match up with the Vikings desperate to make a statement to the opposition that they should never be counted out. With Tuggeranong also in the race for 1st on the ladder, the Whites were intent on spoiling Vikings Old Boys day.
The Whites came out of the blocks strongly with plenty of possession and darting runs by Nate Carroll, Andrew

McFarlane, Jakob Biet, Riley Turner all testing the Vikings defence. The Whites attack was finally rewarded with John Madjaga finding the gap, before passing to Jack Gordon who was able to cross the line unchallenged. The conversion by Cullin Cooper-Jones gave the Whites a 7-0 lead at the ten minute mark.
Vikings immediately responded, gathering the ball from their lineout on half way and moving it out quickly to winger Jacob Church who raced away for his first five-pointer. Vikings missed the conversion allowed the Whites to maintain their lead. The Whites continued to pepper Vikings line but struggled to break through until a some quick passing by McFarlane, Ewald Kruger and Jackson Stuart resulted in an overlap for winger Blake Miller who soared through in the 20th minute to extend the lead to 14-5 and bring his season tally to 11 tries.
In typical Vikings fashion, they managed to close the gap once again in the 28th minute when Amaani

Vercoe-Aoina crashed across to bring the Whites lead back down to two points before they jumped to the front just two minutes out from half time to give Tuggeranong a slim 19-14 lead at the break.
Queanbeyan entered the second stanza with a more patient mindset as they were prepared to frustrate the home side through a slower play style. The Whites were gifted two opportunities at penalty goals which allowed them to take the lead back within the first five minutes, as the ever-reliable Cullin Cooper-Jones used his boot to put them in front 20-19.
Despite penalties, it would prove to be the last scoring opportunities for the Whites as the Vikings took full control of the contest in the final 30 minutes, scoring five unanswered tries. The blistering attack that has carried Tuggeranong throughout the whole season came to their rescue once again, as the Whites defence was just unable to keep up.
The full-time siren signalled the end of a disappointing second half, as a 20-19 lead

turned into a 20-50 losing score.
The loss see's the Whites slump to their fourth consecutive loss and fall to 4th on the competition ladder which is their lowest point of the season. The Whites must win their next few matches to keep themselves in the final's conversation.
In the other games, only one team managed to record a win with Thirds scraping through for a 14-12 win. Reserve grade (43-12z),

Colts (35-7) and Fourths (47-10) all lost to Vikings while the Women's team were a forfeit.
The Whites return to Campese Oval this Saturday to take on Uni-Norths Owls for their Charity (Bowel Cancer Australia) and Heritage Day.
Firsts: Tries: Riley Turner (1), Blake Miller (1). Conv: Cullin Cooper-Jones (2). Penalties: Cullin Cooper-Jones (2).
Reserves: Tries: Lochlan

Smith (1), Thomas McGuinness (1). Conv: Archie Blaney-Brown (1).
Colts: Tries: Alex Fisher (1). Conv: Zane Glanville (1).
Thirds: Tries: Lewis Bozzato (1), Christopher Prail (1). Conv: Matthew Saul (2).
Fourth's: Tries: Jack Luksza (1). Conv: Braden Reid (1). Penalties: Braden Reid (1).
Photo by Jordan Mirchevski of Cullin-Cooper-Jones

