

Winter Solstice, Bungendore
Bowling & Sports Club,
Saturday June 21

World Knit Day
fun & activities:
Saturday 14 June

Pet
of the
Week



Regional Independent

Free

An independent, community newspaper distributed throughout the
Queanbeyan - Palerang region

No. 435

Wednesday 21 May, 2025

Prams, pride and purpose: community walks for mothers in need

Saturday May 10,
Queanbeyan Park

In a joyful celebration of motherhood and community, the Queanbeyan Pramathon brought together families from across the region - arriving in style with prams and babies decorated in vibrant themes and colours. The event was a

huge success with \$35,000 raised to support the local organisation First Steps Pregnancy Support (FSPS).

The walk began with a conga line of prams, led by Queanbeyan midwife Fiona Burge who set the rhythm around Brad Haddin oval. The official pram count was 86, accompanied by 202 Mums, Dads, grandparents

and children, setting the Australian Record for the longest pram conga line! Not the record set out to be broken, but a record none the less. Bystanders along the Pramathon route held up signs of encouragement to the Mums going by and everyone had a wonderful time walking, talking and enjoying the crisp autumn

morning.

Bungendore Community Bank (Braidwood, Bungendore and Crookwell) was the major sponsor of the Pramathon, however there were over 50 additional businesses and local organisations that supported the event, donating prizes and sponsoring teams as part of

the fundraising challenge.

The winning team of Pramathon participants, "Little Lovers", raised a staggering \$10,220 in sponsorship, almost a third of the total fundraising efforts for the event.

The Community Bank's Community Engagement Manager, Nick Fry said, "The event brought the

community together. There were mum's and dad's, grandparents and friends all there to support the work of FSPS and the Queanbeyan Maternity Hospital. It was also important to thank our mum's, no matter of their age.

"The Community Bank realises the importance that FSPS play in our community. Together, we have built a partnership that will remain for many years", he added.

Event organiser, Dr Sarah Jensen from First Steps Pregnancy Support, said "we can't believe the community response and goodwill of everyone who got behind this event. It was so wonderful seeing the prams starting to move in line around the course, conga music blaring and everyone having a good time. It really was the celebration of motherhood that we had hoped it would be."

continued page 10

Photo supplied



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Portrait of Perseverance: Bungendore Artist recognised as finalist in 2025 Archibald Prize

Bungendore artist Kerry McInnis: finalist in the 2025 Archibald Prize, Australia’s most prestigious portraiture award, with her painting of Lao-Australian artist Savanhdy Vongpoothorn.

The large-scale work, rendered in oil and synthetic polymer on canvas, reflects not just the connection between painter and sitter, but also the layered complexity of cultural identity and artistic practice. Vongpoothorn, known for her delicate, perforated canvases and paper works, is portrayed holding a traditional Lao textile—a nod to the spiritual and material threads running through her art.

“I have long admired the integrity and execution of Savanhdy’s oeuvre,” Kerry said. “Appreciating the complexity of the intercultural connections it illuminates, I wanted to reflect that in my portrait—without directly copying her work.”

To capture Vongpoothorn’s distinctive style, Kerry employed a creative workaround: painting through a pierced piece of canvas to evoke the illusion of her sitter’s signature technique. “Rather than piercing my canvas, as she often does in her own work, I chose to paint through a pierced template in my own loose and drippy style.”

This year marks a personal milestone for Kerry. After 27 years of submitting to the Archibald, this is only her second time being selected as a finalist. Her first success came in 2015, with a portrait of Queanbeyan rapper and poet Omar Musa.

“Being selected for the Archibald is a dream come true for most portrait artists,” Kerry said. “I guess I don’t give up easily.”

While Kerry’s art has been hung in other high-profile portrait prizes—such as the Portia Geach, the Doug Moran, and the Shirley Hannan—her resilience and dedication to the Archibald Prize have been unwavering. She has also been a frequent finalist in the Salon des Refusés, the respected alternative Archibald exhibition at the S.H. Ervin Gallery in Sydney.

First awarded in 1921, the Archibald Prize is Australia’s most celebrated award for portraiture. Administered by the Art Gallery of New South Wales, it is awarded annually to the best portrait, “preferentially of some man or woman distinguished in art, letters, science or politics.” The prize has long been a cornerstone of Australian cultural life, attracting both acclaim and controversy, and plays a vital role in shaping

the national conversation around identity, art, and representation.

Originally trained in fine art conservation, Kerry holds a Masters in the Conservation of Cultural Material and worked for more than 40 years in the field, including for institutions such as the National Library of Australia and the Australian War Memorial. She ran her own business, Art and Archival Pty Ltd, in Queanbeyan before turning to painting full time.

Most recently, she exhibited a series of landscape paintings at Sydney’s Wagner Contemporary Gallery. Now based on a rural property near Bungendore with her husband, metal artist Mike MacGregor, the pair are working towards a collaborative exhibition at Belconnen Arts Centre in 2026. While Mike will showcase forged metalworks, Kerry will contribute river-inspired landscapes.

For now, though, Kerry is taking a moment to savour the recognition.

“It’s a thrill to be part of this year’s Archibald. There’s nothing else quite like it.”

Sharon Baxter-Judge

Photo supplied of local artist, Kerry McInnes with her portrait

Photo supplied of local artist, Kerry McInnes with her portrait



Jerrabomberra Probus: going strong

The Jerrabomberra Combined Probus Club meets at the Jerrabomberra Community Centre from 10.30 to Noon on the Third Wednesday of Each month. The Next Meeting will be on 21 May, our June meeting will be Wednesday 18.

A new President Chris Colton was elected at the March AGM. At the April meeting five new members were welcomed and the four attending were presented with certificates by President Chris. Anyone thinking of joining or interested in what Probus does is welcome to attend a meeting as guest. Please drop an email or call Secretary Eleanor Robertson with your name and contact details so you can receive a proper welcome and acknowledgement. eleanor.vqa@gmail.com or mobile 0400 194 340.

Photo supplied of President Chris and new members L-R Maxine Cross, Sue Harrow, Pamela Mikola, Susan Collis and Chris Holton.



Regional Independent

The Regional Independent is the only free, printed, independent, community newspaper within the Queanbeyan-Palerang local government area.

Distribution is 5,500 copies every fortnight and covering the entire Queanbeyan-Palerang local government area

We welcome local stories. For editorial and advertising enquiries please email: info@regionalindependent.com.au or phone Sharon Baxter-Judge on 0419 025 533.

The Regional Independent is produced and distributed from our base located in Bungendore within the traditional lands of the Ngunawal and Ngambri peoples. We acknowledge and pay our respect to their elders, past, present and their emerging leadership and pay tribute to their resilience as First Nations peoples. We acknowledge and embrace the wisdom, richness and diversity of all Australian First Nations peoples and their cultures.

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Community News

Council rejects wood heater policy following overwhelming puplic opposition

Queanbeyan-Palerang Regional Council has voted not to adopt its Draft Solid Fuel Heater Policy after two rounds of public consultation revealed widespread and sustained community opposition.

The draft policy aimed to restrict the installation of new solid fuel heaters in designated urban areas of the local government area (LGA), citing public health concerns and the need to reduce smoke pollution. However, from the outset, the proposal was widely criticised, and the key

points of contention raised in hundreds of submissions included the lack of justification for the restrictions, particularly given that the draft policy stated that for an existing wood fire heater to be replaced it needed to be council approved.

Many residents argued it would impose unfair limitations on homeowners in colder areas without offering viable or affordable alternative heating options.

In the first round of consultation,

conducted in September 2024, more than 80% of the 237 submissions opposed the draft policy. The staff recommendation then was to not adopt the policy. Council, believing that these respondents “misunderstood” the policy - then undertook a second round after revising the wording and launching a public education campaign to clarify its intent. Despite this, the second round of feedback reiterated the first, with more than 80% of the 316 again rejecting the policy.

Council staff acknowledged that

proceeding with the policy without community support would carry significant risks and would not be in the public interest.

At the Council meeting on 14 May 2025, councillors formally resolved not to adopt the policy and instead focus on education around proper heater use.

1. That Council not adopt the Draft Solid Fuel Heater Policy.
2. That Council undertake an education campaign to ensure solid fuel heater owners understand their obligations in

controlling smoke pollution.

A foreshadowed contrary motion was put forward by Cr Willis: to adopt the policy and conduct annual education campaigns was not supported, as the original motion was carried.

The motion passed with six councillors voting in favour (Crs Broadbent, Grundy, Macdonald, Schweikert, Waterhouse and Winchester) and four against (Crs Livermore, Preston, Willis and Wilson).

Sharon Bater-Judge

Work begins on Macs Reef Road / Bungendore Road Intersection

QPRC

Macs Reef Road / Bungendore Road Intersection

- Project type: Capital works
- Project value: \$1,994,710
- Project schedule: Expected to commence 19 May 20225
- Contractor name: Cord Civil Pty Ltd (Construction)

Council received grant funding of \$951,311 from the Commonwealth Blackspot program towards the design and construction of safety improvements works at the Macs Reef Road and Bungendore Road Intersection, Bywong. After seeking tenders for the work, Council received additional funding to cover design and construction

costs and an extension of time. This was approved in March 2025.

The upgrade to the intersection includes:

- A channelised right turn lane into Macs Reef
- A channelised left turn lane into Macs Reef
- Painted and concrete medians
- Upgraded drainage channels
- Street lighting

On 12 March 2025, Council awarded the construction contract to Cord Civil Pty Ltd. Construction is expected to begin 19 May 2025.

For more information head to <https://www.qprc.nsw.gov.au/Major-Works-Projects>

Thank you too all of our volunteers!

Happy National Volunteer Week!

This year’s theme, “Connecting Communities,” highlights the vital role volunteers play in fostering unity, resilience, and belonging across the nation.

The scale of volunteer involvement in Australia is substantial. Around six million people volunteer through organisations across the nation. Millions more volunteer informally in their local communities, helping neighbours and strangers, especially in times of crisis and adversity. Many people do both, and in 2022 over half the population (57%) had undertaken either informal or formal volunteering. Volunteering touches almost every part of Australian life—from disaster recovery and aged care, to sports, environment, education, and the

arts.

As of 2023, approximately 4.3 million residents in NSW engaged in volunteer activities, contributing nearly 894 million hours of service. This immense effort equates to an estimated \$178 billion in benefits to the state’s economy and well-being.

At its core, volunteering is about people: people doing things for others, for their community, and for the nation. Volunteering is much more than just offering help—it’s about building connections, sharing knowledge, and creating spaces for people to belong.

Thank you to all our local volunteers, from our RFS, SES to our amazing local community groups, army of sporting volunteers and those within our

community who quietly make things happen, with respect and kindness.

Regardless of age, background, or ability, everyone can volunteer. In times of crisis and uncertainty, we are reminded of the power of collective action. This National Volunteer Week, let’s come together to recognise the incredible contributions of volunteers everywhere and inspire even more people to step forward and make a difference.



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Community News

Kristy McBain MP retains Regional Portfolios, adds Emergency Management role

In statement released last week, Kristy McBain, MP said, "I am honoured to have been sworn in as Federal Minister for Emergency Management, and to be reappointed as Minister for Regional Development, Local Government and Territories.

"In my maiden speech to Parliament, I committed to supercharging the response to bushfire recovery, after parts of our community in Eden-Monaro experienced some of the worst fires our country has ever seen.

"I am incredibly proud to be part of a government that is serious about reducing disaster risk, and strengthening our emergency management and disaster recovery capabilities.

"Under the leadership of Minister Watt and Minister McAllister, the Albanese Government has launched the National Emergency Management Agency and the Disaster Ready Fund, funded Disaster Relief Australia, established our

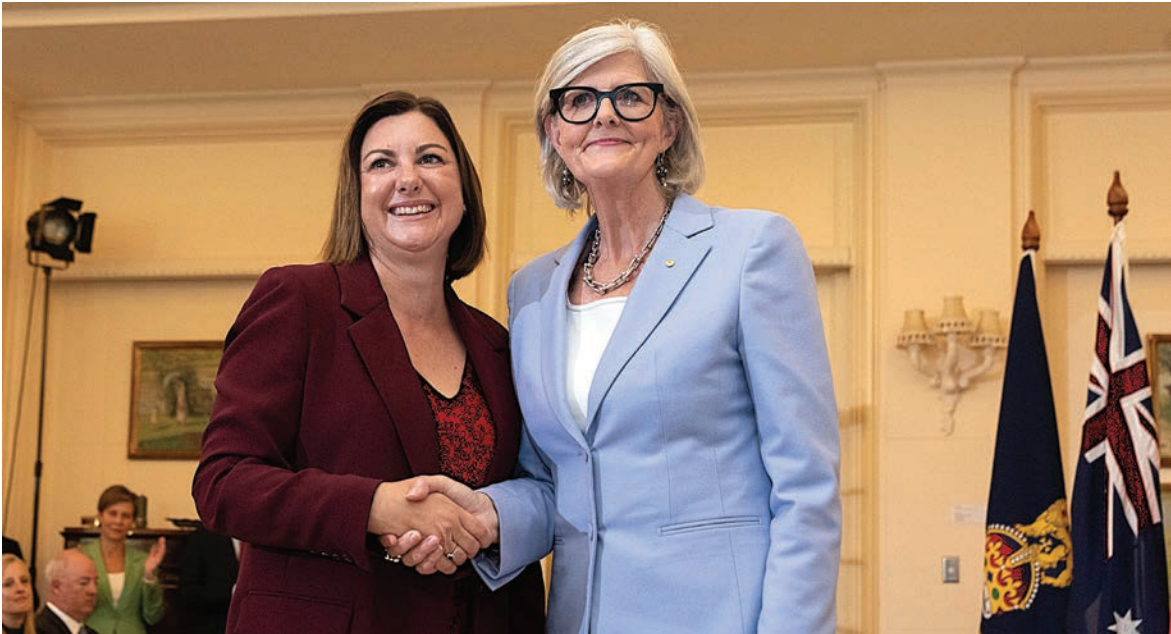
National Emergency Management Stockpile, and expanded our National Aerial Firefighting capabilities.

"We have delivered all 15 Commonwealth-led recommendations from the Royal Commission into National Natural Disaster Arrangements, and we continue to boost the disaster resilience of our telecommunications networks.

"I am humbled to continue the critical work of the Emergency Management portfolio alongside Assistant Minister Wilson, including progressing the National Messaging System.

"I also look forward to continuing to work with Minister King to strengthen the local government sector, which is not only on the front line of disaster response and recovery, but responsible for many services our communities rely on.

"I am proud to have brought local government back to the table as a trusted delivery partner - including



at National Cabinet and through two successful Australian Council of Local Government forums - while increasing local road funding for every council and launching transparent grant programs that every community can apply for.

"We remain committed to supporting councils, including through our response to the Parliamentary Inquiry into Local Government Sustainability, which we will finalise this term.

"I have always lived in our regions

and love the quality of life it affords us, which is why I will continue standing up for Eden-Monaro and regional Australia to ensure we get our fair share."

Photo supplied

Bungendore's Budo Kenkyukai

Bungendore's Budo Kenkyukai dojo ran a grading session for their children's class on the 8th of May.

Twelve students successfully graded. Their tests included demonstrating a range of technical proficiency and memorised drills, and the practical application of their training in self defence scenarios, and (always a highlight) breaking boards as a demonstration of skill and commitment.

For anyone interested in joining us, children's classes run Monday and Thursday 1730-1830 at the Bungendore War Memorial Hall, and teens and adults at 1830-2000 on the same days, also at the hall. We can be contacted via our Facebook page (Bungendore Budo Kenkyukai) or on 0490 109 179.

Photos supplied



Bungendore CWA News

Bungendore CWA has an abundance of yarn! Come see us during **QPRC Yarn bomb even on Sat 14th June** and grab a bargain. Why not also partake in a Devonshire tea while you are there.

Bags or yarn, knitted goods, Jams and Pickles will all be available for sale.

Bungendore CWA is looking for a cleaner to clean out rooms on a fortnightly basis. You must hold your own public liability insurance. Simple floor cleaning and bathroom. We would like to ensure the hall is slick and span for our regular hirers. please contact : bungendore.secretary@gmail.com

camaraderie and to help make a difference in the communities that we live in. Interested in joining? Get in touch with us contact the secretary on : bungendore.secretary@gmail.com.

You can also find us at <https://bungendorecwa.org/> or on facebook, just look for Bungendore CWA

"Service to the Country, Through Country Women, For Country Women, By Country Women"

Dates to remember:

Craft and Chat : 26th May

Mahjong: 27th May

Meeting: SUNDAY 15th June

Need a Hall hire?

Look no further than the CWA Rooms, a welcoming environment for a meeting with kitchen facilities - where the fee won't break the bank , please get in touch.

Interested in joining CWA.

The CWA is more than scones and jam - It's about bringing women together to share knowledge, skills, and





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Community News

Bungendore Crafters' Co-Op Celebrates 1 Year of Community Craft

The Bungendore Crafters' Co-Operative celebrated one year since they first opened their doors to the crafty women of our region. A year ago, organiser Thalia brought a few friends who shared a love of craft and conversation together, to trial a new craft group aimed at providing local women with a welcoming place to practise their craft, share their knowledge and learn new crafting skills surrounded by support and kindness. Thalia wanted to make a craft group where women of all ages with all manner of interests and experiences could gather and explore all forms of craft without the pressures of creating a 'perfect' finished piece or crafting at a certain standard. Her interest in the process and the experience of making art and practising craft alongside others drove this idea into reality.

In this time, the Co-op has grown to an amazing 196 (and rising) online members and have

gathered in person every fortnight to catch-up on their craft projects and talk all things community, art and craft. With a desire to increase access to craft opportunities in Bungendore, the Co-Op have also hosted monthly workshops throughout the year, which have explored crafts such as beading, mosaic, junk journal making, crochet, leather making and punch needle art to name a few. The workshops are always a hit, selling out fast and consistently proving to be fun, engaging and affordable. Workshops will continue each month with Ukrainian egg dyeing, sewing, embroidered photos, kokedama and glass etching planned for the months ahead.

The most recent workshop saw eager participants learning the art of beaded embroidery. Using hand selected beads, embroidery hoops and experimenting with water-soluble stabiliser, the group were carefully and expertly shown



how to upcycle otherwise dull pieces of clothing with beaded embroidery techniques. The fabrics were soon transformed into sparkling and dazzling works of wearable art, with the Co-Op's

signature welcoming and relaxed atmosphere and focus on upskilling and sharing always remaining at the heart of the workshop.

Follow the Bungendore Crafters'

Co-Operative on Facebook, watch out for the group on the community pages and in the Regional Independent for workshop updates.

Photo supplied

Mental Health Awareness Bowling Fundraising Event: Saturday May 31

12pm at Bungendore Bowling and Sports Club

Help us make it meaningful!

Mental illness doesn't discriminate - it affects 1 in 5 Australians every year with symptoms like depression and anxiety. The impact can be devastating, not only for those living with it, but

for those around them. That's why we are hosting our very own event, to raise funds for the Black Dog Institute. Every dollar raised from this event, will support crucial mental health research and support services that help Australians impacted by mental illness and suicide. Help us create a meaningful moment for mental

health, all for a great cause.

We will be providing Live Music on day presented by Jez Kirkwood as he makes a return to Bungendore for this event only. For those unfamiliar with Jez please take a look at his spotify.

We will be running a a bowls event - 2 bowl triples (or fours depending

on numbers) to raise money to support the Black Dog Institute. - \$20 to enter

Cash Prizes
3 x 6 end games

Cash prize End to End at the conclusion of the event included for all participants



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QPRC: meeting summary May 14, 2025

Here is the summary of the resolutions made at the Council meeting of 14 May 2025. The archived recording of the meeting is now available at: <https://webcast.qprc.nsw.gov.au/archive/video25-0514.php>

- Council heard from seven members of the public who made presentations about items on the agenda including solid fuel heater policy, fencing standards, Mount Jerrabomberra Plan of Management, and the proposed Vikings club in Jerrabomberra
- Council endorsed a submission on DA 2023.0635 Construction of a registered club premises (Vikings) at 37 Tomsitt Drive, Jerrabomberra and upon notification of determination meeting, authorises General Manager to address and present submission to Regional Planning Panel
- Council will develop a Notice of Motion for the Local Government NSW Annual Conference around fencing standards for rural subdivisions and will progress DCP fencing amendments in the next DCP housekeeping amendment
- Council decided not to adopt the draft Solid Fuel Heater Policy and will undertake an education campaign to ensure solid fuel heater owners understand their obligations in controlling smoke pollution

- Council endorsed draft 2025-26 Integrated Planning and Reporting documents for public exhibition, will publish short 'easy to read' version of the consolidated draft plans that highlight the projects, major programs and principal activities of the delivery program. Council will undertake community engagement in accordance with Community Engagement Strategy and receive a report to consider all community feedback before finalising draft plans
- Council will refer the Mount Jerrabomberra Site Specific Plan of Management and update of progress achieved, to the Sustainability and Climate Change Advisory Committee to determine priority projects for 2025-26 to 2029-30
- Council appointed six community members to the Sustainability and Climate Change Advisory Committee and will maintain a merit list from remaining community members who nominated if there are future vacancies in this term of Council
- Council appointed three community members to the Braidwood Flood Risk Management Committee
- Council appointed four community members to the Bungendore Town Centre and Environs Committee and endorses the appointment of Mel Cam as the Bungendore Chamber of Commerce & Industry

- representative
- Council appointed ten community members to the Arts and Cultural Development Advisory Committee and will amend the terms of reference to allow for a maximum of ten community members
- Council appointed ten community members to the Seniors Advisory Committee, appoints the Regional Manager of Warrigal and Aged Care Advocate, Southern NSW Region of Seniors Right Service as two agency representatives. Council will maintain a merit list from remaining community members who nominated if there are future vacancies in this term of Council
- Council will refer the Urban Forest Cooling Strategy and the update of progress achieved to the Sustainability and Climate Change Advisory Committee to determine priority projects for current Delivery Program 2024-26 to 2029-30
- Council received Investment Report for March 2025, noting return of \$579,057
- Council adopted the Draft Swimming Pool Inspection Program - 2025
- Council endorsed the draft Donations Policy, draft Grant Guidelines and Schedule of Donations for Category C (Rates and Annual Charges) for public exhibition

- Council received information report about Women's rugby changerooms at Freebody and Seiffert Ovals
- Council received information report about Councillors workshops from 18 April to 8 May including Strategy Action Plans and Budget Estimates, Council Submission on DA 2023.0635, NBN update/ briefing, budget workshop summary and councillor feedback
- Council noted local councils should be notified of each application for liquor and/or gaming machine licences or changes to existing, note the current LGNSW policy platform advocates for increased local government involvement in determination of these applications. Council notes that weekly losses through the LGA have reached \$1.4m and resolves that staff notify governing body of Council of each referral from the NSW Independent Liquor and Gaming Authority for an application or transfer of liquor or gaming licence
- Council received delegate report from NSW Policy Community Precinct Safety Committee Meeting
- Council received delegate report from the Country Mayor's Association General Meeting on 28 March 2025
- In closed session, Council awarded contract for Detailed Design - Renewal of 88 Wallace

- Street and New Carpark, Braidwood to Spiire Australia Pty Ltd for \$393,590
 - In closed session, Council approved the sale of the Laneway at Lot 12 DP 1305630 to Village Building Company Pty Ltd for \$452,250
 - In closed session, Council awarded RFT 2024-41 Captains Flat Pool Upgrade to Rice Constructions Group Pty Ltd for \$181,182
 - In closed session, Council noted that an owner would be advised that the excess water usage is not eligible for assistance in accordance with the Financial Hardship and Assistance Policy
- If you'd like more information about these matters, you can find the business papers and minutes on our website at: <https://www.qprc.nsw.gov.au/Council-meetings>



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Community Bank Bungendore

Community News

Maria's community corner



Maria Porreca

Just over 2 weeks ago the Queanbeyan Senior Citizens hosted a Trivia competition with QPRC staff and Karabar and Queanbeyan High School students. The last two years the trophy was won by QPRC staff and the year before that Karabar High School won it. Competition was fierce. The five teams fighting it out all had something to prove. Queanbeyan Seniors had two teams participating. All up there were some 30 contestants, 80 questions, four rounds of 20 questions each and some questions had a bonus point if you knew the year, official title etc. There was a lot of laughter and banter between the teams and the answers were independently marked. (Drum roll please). After 4 years the Seniors team, the 'Recycled Teenagers' won back the trophy. A delicious light lunch, to tantalise the tastebuds, was also provided by the Queanbeyan Seniors. Congratulations everyone. I look forward to participating again next year.

I was fortunate enough to attend the opening night of the 'Keeping Heritage Alive' in Sculpture at the Queanbeyan Hive. This exhibition invites citizens to experience the Nellie Hamilton Story in Sculpture and Cultural Arts. The new Nellie Hamilton Centre in Crawford Street gives this community a unique opportunity to acknowledge this incredible Aboriginal Elder. If you haven't been to see the exhibition, you still have time as it ends on 25th May. Well worth a visit.

The weather did not disappoint on Saturday 10th May, putting on a glorious day for the inaugural Queanbeyan Pramathon. The atmosphere was filled with excitement and expectation. So many people decorated their prams or dressed in costume. Judges and members from The Australian Book of Records ready to perform their tasks. Food, refreshment and trade stalls ready to serve. Although there was an enormous crowd unfortunately the record for the most prams in the one spot fell a bit short. They did however still break a couple of other records, one of which was the most prams in a conga line! Many prizes were awarded such as to - the most money raised by a team, cutest baby, best painting and poem by a school child. The best decorated pram was the one decorated as a green sheep. So much work and thought went into all the decorated prams it made the decision truly difficult. As did choosing the cutest baby. A huge thank you to everyone who participated - bigger and better next year!

Photo supplied



Bungendore Common Parkrun celebrates 1 year and 53 parkruns

It's been 1 year and we now have 53 parkruns under our belt. Why 53 - that's because people enjoy the parkruns so much that they opted to also run on Christmas Day!

Bungendore Common parkrun started on 11 May 2024 and since then 1,494 participants have completed 3,903 parkruns covering a total distance of 19,515 kms and clocked 774 new personal bests. Our parkruns average 74 participants every run. Our biggest run was with 141 participants on 25 May 2024 and the lowest (it must have been an awful day weatherwise as these are a dedicated bunch of people) was 27 participants on 20 July 2024.

That is an amazing effort.

The fastest male time clocked at 17:10mins and our fastest female time 18:34mins in the 11-14 year old group. The best male age grade was 19:05mins in the Junior male

11-14 years and best female age grade was 26:12mins in Veteran women 75-79 years.

And what makes them work - our volunteers who support the runs every week. 183 individuals have volunteered in 722 positions over the last year. Fantastic dedication to the parkrun and its participants.

So, after another quick 5kms run, jog or walk around the course on Saturday 10 May our participants joined together to cut the celebratory cake and kick off another year of pounding the pavements each week in Bungendore.

Congratulations to everyone involved and many thanks to our supporters, the Community Bank Bungendore, Iberdrola, Bungendore Medical Practice and the Rotary Club of Bungendore.

Photo supplied



STEVE WHAN MP

MEMBER FOR MONARO

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Bungendore Seniors



The Bungendore Seniors Association Incorporated welcomes anyone over the age of 55 to come along and join in.

BINGO is back! Save the dates

Friday 30th May - 10 am to 12 noon - Bungendore Sports Hub
Thursday - 5 June - 10 am to 12 noon - Bungendore Sports Hub

For these two dates, bingo will replace our regular games. Cost is the usual \$5.00 which includes morning tea.

Bingo books are FREE, lot's of great, fun, little prizes. Save the dates & bring a friend!

Get Togethers

Our get togethers are weekly and we alternate between Thursdays and Fridays, so mark your calendar and join us on a Thursday or a Friday or come along to both. Enjoy great conversation, a few laughs, some games and morning tea.

We meet at 10am at the Bungendore Sports Hub ammentities building (parking near the netball courts).

Cost is \$5.00 per person, which



includes morning tea.

See right for dates.

Everyone's welcome!

Seniors Chair Yoga

Chair Yoga: Tuesdays at the Bungendore Scout Hall. See page

19 for more information. Cost: \$13 per session for members, \$18 for non-members.

All welcome to attend

2025 Membership

Yearly membership is only \$10.00 per person. We welcome everyone

THURSDAYS

Thursday 22 May
Thursday 5 June
Thursday 19 June
Thursday 3 July
Thursday 17 July
Thursday 31 July
Thursday 14 August

FRIDAYS

Friday 30 May
Friday 13 June
Friday 27 June
Friday 11 July
Friday 25 July
Friday 8 August

over the age of 55. For more information contact Sharon on 0419 025 533 or email bungendoreseniors@gmail.com

Tarago Area Women's Shed News

Tarago Area Women's Shed

This month we started getting "back to business". Round table discussions over coffee and cake are always good but it's also fun trying to create, using the wonderful tools in the Men's Shed. We are so grateful to them for allowing us to work here while we search for a new home.

Several of us had another go at using the wood lathe, under the patient supervision of Doug. It looks easy when an expert uses it but it can easily go very wrong. Of course, we all wear PPE as flying shards of wood can be very nasty.

Eve is using chicken mesh to make another plant holder in the shape of a sunhat. They are very realistic when finished and look lovely when planted out.

Melinda brought in her personal

scroll saw and is creating more lovely acrylic designs, while Leanne is making wooden bird ornaments to display.

Clare has started making a wooden bench seat from a pattern found on the internet. While the design looks simple, it is giving her the opportunity to use tools again, such as the compound mitre saw and band saw.

We are also continuing to run workshops when we can.

In our second leather workshop, Jenni showed us how to make square bowls out of leather pieces, material and brass staples. The end result is a very attractive and useful shallow bowl.

We also held a rusting workshop where Eve helped us to use a two-part chemical process to create a realistic rust effect on a solid



surface such as glass or ceramic. The rust will increase more in time so it's going to be fun to watch it develop.

At the Goulburn Bunnings Mother's Day event our members helped visitors to finish off a small chopping board or decorate a

garden sign. It was a good night and, as always, the Goulburn Men's Shed produced delicious sausage sandwiches. The ice-cream truck was also great.

We also are very pleased to welcome our new members - Norma, Sabina, Debbie, Tamara

and Karen. New people always bring fresh ideas and enthusiasm to the Shed and we are looking forward to getting to know them better. Hopefully we can help them to develop their practical skills as well, if that is their interest.

Photo supplied

Why paying off your mortgage might be a mistake—and what to do instead



by Phil Harvey

For many Australians, being mortgage free is seen as the ultimate financial goal.

But what if paying off your mortgage isn't the smartest move?

There's a little-known strategy that can potentially grow your wealth faster, reduce tax, and still help you pay down your home loan.

It's called debt recycling—and if you're not using it, you could be leaving money on the table.

What is Debt Recycling?

It's a strategy where you gradually convert your non-deductible home loan into tax-deductible investment debt—all while building an investment portfolio that grows over time.

It's not a get-rich quick scheme - it's a long-term strategy designed to reduce bad debt, grow assets, and optimise tax outcomes.

In simple terms, here's how it works:

1. You use extra cash (like salary, bonuses, or savings) to pay down your home loan.
2. You then redraw or borrow back that amount using an investment loan.
3. You invest the borrowed funds into income-producing assets (like shares, managed funds, or investment property).
4. The interest on this new loan is now tax-deductible, and your investments start working for you.
5. Over time, you continue this cycle—reducing your bad debt and growing your wealth with good debt.

What are the benefits?

1. Minimise tax
The interest on your mortgage is not tax deductible. For every \$100,000 in non-deductible debt you convert to be tax deductible, you could save around \$3,000 a year in tax - assuming the interest rate is 6% and you are in the top tax bracket.
2. It doesn't mean more debt

For example, if you have a \$500,000 mortgage and have saved \$100,000. You could just invest this \$100,000 - or you could debt recycle. If you debt recycle, your mortgage is reduced to \$400,000 and you then borrow \$100,000 to invest.

3. Compound growth = increased wealth

Essentially, you're borrowing money at around 6% to buy an asset that could return 8-10%. This is how you build wealth.

4. Increased Liquidity
Paying off your mortgage can tie your money up. By debt recycling and buying diversified liquid assets, you are increasing your ability to meet any short-term cashflow needs.

Is Debt Recycling Right for You?

Debt recycling isn't for everyone. It works best if:

- You have equity in your home and access to a loan with a redraw or split facility.
- You have surplus income or cash flow to make regular repayments

and investments.

- You're comfortable with long-term investing and market ups and downs.
- You understand the risks and benefits.

Paying off your mortgage feels safe, but it isn't financially efficient. If you're serious about building wealth and getting ahead, debt recycling could be a powerful alternative.

We specialise in helping professionals and executives

grow and protect their wealth. Debt recycling is just one of the strategies we can use to do this. If you would like to discuss how you could benefit from independent financial advice, call me on 02 6269 3339 or email me at team@constructwealth.com.au.

General Advice Warning
This advice contains general information and may not be suitable for you because it does not consider your personal circumstances. Phil Harvey is an authorised representative of Independent Financial Advisers Australia (AFSL 464629)



Queanbeyan Senior Citizens Trivia

Members from Queanbeyan Senior Citizens, QPRC staff, Karabar High School and Queanbeyan High School attended a Trivia morning a couple of weeks ago at the Queanbeyan Seniors Centre.

Competition was fierce as QPRC staff have won the trophy these last 2 years and Karabar High School the year before that. Queanbeyan Seniors had 2 very knowledgeable teams participate. There were four rounds of questions, and each round had 20 questions, with some questions having a bonus point if you knew the year or name etc. A lot of laughter and banter, questioning looks, frowns and groans but eventually all the questions were answered and independently marked.

The winning team was the 'Recycled Teenagers', one of the Queanbeyan Seniors teams. After 4 years the trophy has come 'home'. YAY!! A delicious light lunch spread was also provided by the Queanbeyan Seniors. Well done everyone and I look forward to participating again next year.

Queanbeyan Seniors

Photos supplied of Cr Grundy with the winning team



1st Bungendore Scouts cook up 162 breakfasts at Gunfire breakfast

1st Bungendore Scouts hosted another successful Gunfire Breakfast on a cold and foggy morning on ANZAC Day and our group of volunteers cooked up 162 breakfasts. This was a record number for this event.

The event would not be successful without the help of all of our volunteers, Joeys through to the Vennies, our Leaders, parent helpers and our committee members all helping out the night before getting our hall ready for the breakfast, then up at 5.30am to start cooking and have everything ready as soon as the Dawn Service is over. A huge thank you to Mulloon Creek Natural Egg Farm for their donation of all the eggs which they have been donating now for over 20 years. Also, to the local Bungendore IGA for all the essential items they donated as well, including the tomatoes. Also, the Daley Family for the donation of 12 kilos of Baked Beans. Thank you also to Bungendore Country Butchers. These donations mean that after other expenses have



been taken out, we are going to be able to donate over \$1000 to Legacy. Our Cubs this year raised \$755 from the sale of their ANZAC biscuits, well done Cubs and this money will be donated, as it does each year, to the War Memorial Committee for the upkeep of the Cenotaph.

Our group then marched proudly, as they have done for many decades in the parade and placed wreaths on behalf of our group and in honour of our first Scout Leader, Nathaniel Henry Smith who fought in WW1.

Sharon Rasker
1st Bungendore Scouts
Publicity Officer/Historian
Photos: Rebecca Kelley



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Authorised by Kristy McBain, ALP, 21-25 Monaro Street, Queanbeyan

Pramathon a huge success

Continued from page 1

The competitions were a highlight of the day, with thousands of dollars of prizes on offer, all donated by the local businesses. There were prizes for the teams that raised the most money, the cutest baby of the region, best dressed prams, the much anticipated Mother's Day Draw as well as prizes for children who were voted winners in the Art and Poetry competition with the theme "What Mum Does." Local doctors and midwives were honoured for their exceptional care and long service to local mothers in the community, and a few extraordinary Mums were singled out for being amazing!!

Dad games, kids activities and the array of stalls, coffee and food was also thoroughly enjoyed by all in attendance.

Money raised will assist local organisation First Steps Pregnancy Support to continue their work with pregnant and newly parenting Mums in need in the region. More specifically, it will provide essential funding to help improve housing options for the 25% women in their care who do not have a safe or stable place to call home.

They say it takes a village to raise a child, but it also takes one to support a Mum. The Pramathon saw the village of the Queanbeyan region coming alive, walking,



giving and standing alongside mothers from all walks of life. It was a reminder of what strong, compassionate community can achieve - and that you never have to walk, or push, alone.

Photos supplied



Community News

Bungendore High School Buzz

Bungendore High School

On Friday, May 9th, Bungendore High School participated in the Zone Cross Country Carnival held at Mulwaree High School. The day was a resounding success, marked by perfect weather conditions that set the stage for an exciting and competitive atmosphere.

Our students showcased not only their athletic abilities but also their outstanding sportsmanship, embodying the true spirit of competition. Each participant approached the race with enthusiasm, supporting one another and demonstrating a commendable team spirit that made our school proud.

We are thrilled to announce that seven of our talented students

have qualified to compete in the upcoming regional event on June 13th.

On Election Day, we thought we'd try something a little different, so, with the assistance of the Book Cow at Kingston, we ran a Book Fair. We had an excellent selection of children's and adult's books, with prices starting at just \$5. Every book sold earned a ticket in the raffle with the prize being 10 picture books. The raffle was drawn by the principal and won by Ethan, which seemed like excellent karma as Ethan had volunteered at the Book Fair for the day. We sold around 70 books in total, with 15% of sales going to Bungendore High School P&C.

Photos supplied



Worldwide Knit in Public Day
Day 14th June
Phil's Opshop Little Tree
Yarn Bombing
10am-12pm
Butmaroo St. Bungendore



Since 2023 we have made more than 30 blankets for the Wrap With Love charity that provides blankets to those in need across Australia and in different places in crisis around the globe.

In 2025 in conjunction with WWKIP day QPRC is yarn bombing Bungendore!

Please keep knitting those squares and sending them in but this year we invite you to make knitted or crocheted flowers or love hearts to decorate the little tree at the front of the Opshop.

Use any pattern that works best for you but just make sure to use bright colours.

If you would prefer something easier please knit or crochet a stripped scarf out of bright colours to wrap around our tree.

You could even make some pom-poms!



Please drop them off at Phil's or bring your knitting or crocheting to WWKIP day
Saturday 14th June 10am-12pm ♥️🌸♥️
Morning tea provided
Please bring a plate to share
Barista coffee by donation
Toilets & off-street parking available



APRIL-JUNE 2025
ONLINE REGISTRATIONS
31 March – 30 April 2025
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Q Exhibition Space, Queanbeyan
24 May – 14 June 2025

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FIND OUT MORE

QPRC Bendigo Bank Community Bank Braidwood and Bungendore THE Q QUEANBEYAN PERFORMING ARTS CENTRE

WWW.QPRC.NSW.GOV.AU/ART-AWARDS

Help us understand the impact of feral pigs in the Palerang region

Louise Edebohls, Projects & Programs Officer

Feral pigs continue to cause serious issues across our region -threatening livestock, damaging crops and destroying our natural environment. Local Land Services is calling on landholders to take part in our Feral Pig Impacts Monitoring Survey.

Your on-ground insights are incredibly valuable as the information our landholders provide

helps us:

- demonstrate the significant impacts feral pigs are having on local properties and communities

- justify investment in feral pig management efforts across affected areas

- collect on-ground data about what our landholders are experiencing and how you're responding.

Scan the QR code right to take the survey.

By completing the survey, landholders are directly contributing to more informed, effective feral pig control strategies in our region.

Find out more about the Feral Pig and Pest Program: nsw.gov.au/feral-pig-pest-program

Photo supplied



Upcoming South East Landcare Muster

Melissa Henry, Natural Capital Advisor

Bella Hart, Land Services Officer

Ross Kuchel, Senior Agriculture Advisor

Are you interested in finding out more about the benefits of joining your local Landcare group, or are you already a member looking to meet others in the organisation and explore what other groups have been up to?

Every year, South East Local Land Services partners with South East Landcare to hold the Landcare Muster, giving people the opportunity to come together to share ideas, learn practical skills, network, and hear from partnering organisations and keynote speakers.

This year the focus

is on celebrating opportunities for collaboration - Landcare's projects, partners, people and skills, highlighting the powerful partnerships and projects that are shaping our landscapes. Hear from keynote speaker Professor Andrew Campbell, a key driver of sustainable land management and international agricultural research, learn about practical tools like Covram, GIS Mapping and Atlas of Living Australia, and hear about working partnerships between Landcare and other organisations like Local Land Services, The Mulloon Institute, Water NSW and more.

The Landcare Muster is on Thursday 29 May in Bungendore from 9:00 am to 3:30 pm (morning tea, lunch and afternoon tea provided). To register or find out more, please scan the QR code.



Want to read more about what is going on in our region, sign up to the South East Circular to get newsletters delivered direct to your inbox. Scan the QR Code code to register.



Looking after your natural assets for productivity and profit

Melissa Henry, Natural Capital Advisor
Bella Hart, Land Services Officer
Ross Kuchel, Senior Agriculture Advisor

Even small changes in management style on your property can have large impacts on your farm's productivity, resilience and profit. Whilst these impact and changes are not always obvious, they build up over time to significantly benefit your asset and operation.

Caring for your natural

resources has obvious benefits, like how preventing soil erosion helps keep water clean and soil intact, and removing weeds provides more space for beneficial plants to grow - but have you thought about some of the less apparent benefits of taking care of your farm's natural capital?

Revegetating strategic areas, enhancing areas of remnant vegetation, or connecting these areas on your farm can provide windbreaks and shelterbelts for livestock and crops, disrupt weed seed distribution, stabilise

erosion sites, and support biodiversity like pollinators and woodland birds that can provide free invertebrate pest control.

Making management changes like retaining perennial pastures, operating a minimum-till system and improving soil biology can increase your soil carbon, which in turn will improve soil structure - influencing factors like drainage, aeration and water holding capacity, and not only give you production benefits but may also offer you access to another income stream - environmental markets.

While a rapidly developing space in Australia, there are already many up and running environmental markets that you may be able to capitalise on whilst improving your property's resilience and improving the marketability of your agricultural products.

If you would like to find out more about environmental markets, natural capital accounting, and ways to look after your natural assets that can influence your property's productivity, resilience and profitability, please come along to our upcoming Natural

Capital day in Braidwood on Tuesday 10 June from 9:30 am to 2:00 pm (morning tea and lunch provided).

Speakers include: Ross Kuchel (Senior Agriculture Advisor), Bella Hart (NRM Land Services Officer), Melissa Henry (Natural Capital Advisor) and Rodney Royds (local landholder).

To register or find out more, please scan the QR code or visit our website <https://www.lls.nsw.gov.au/regions/south-east/events>.

Photo supplied



Transporting livestock - are they fit to load?

Louise MacDonald, Senior Biosecurity Officer

Livestock producers are reminded of their obligations when transporting animals, with the Animal Biosecurity and Welfare team at South East Local Land Services providing important advice to help ensure animal welfare throughout the journey.

To meet the requirements of the Australian Animal Welfare Standards and Guidelines for the Land Transport of Livestock, there are several key considerations producers should be aware of before moving their animals.

The recommended best practice is to assess each animal's welfare before transport to confirm they are fit for the entire journey. The Fit to Load guide, published by Meat & Livestock Australia, is the most reliable resource for producers when assessing the suitability of their livestock for transport.

Nicki Brown, District Veterinarian for South East Local Land Services, said "Livestock must be assessed as fit for the intended journey and must meet a number of criteria."

The fit to load criteria include that livestock:

- be able to walk on its own by bearing weight on all four legs
- see well enough to walk, load & travel without impairment or distress. (Not blind in both eyes)

- be free from visible injury or distress
- not be weak, in poor condition or dehydrated
- not be heavily pregnant
- have had access to water prior to loading to meet maximum time off water standards.

Pregnant or lactating cattle should be off feed for the minimum time possible to ensure muscle energy stores and mineral levels are maintained. Providing access to good quality dry feed is an alternative to a green feed curfew when transporting pregnant and lactating breeders.

"The overall message we give to livestock producers, if in doubt leave it out".

The chain of responsibility in transporting livestock is shared between the person in charge at any one point.

- Consignor - mustering, handling, preparation including inspection & selection as fit for the intended journey, have adequate feed & water provision and holding periods before loading.
- Transporter/driver - responsible from the point of loading until unloading and notifying the receiver at the destination. Includes final inspection during loading, loading density and adequate spelling periods during the journey.
- Receiver (the person at the



destination) - responsible for welfare after unloading.

The Fit to Load guide when transporting livestock is published by Meat and Livestock Australia and is available from their website www.mla.com.au or you can visit the Local Land Services website www.lls.nsw.gov.au and search 'fit to load' to access a range of resources and information.

Some animals that do not meet fit

to load criteria can be transported under special conditions on veterinary advice, so if you have concerns about the assessment of fitness for the intended journey, contact your nearest South East Local Land Services office on 1300 795 299 to speak to one of the District Veterinarians, or speak to a private vet.

"Livestock should be handled in a manner that minimises stress on the animal and any weak, ill

or injured livestock should be managed to minimise risk to their welfare." Nicki said.

The duty of care and management of livestock is a shared responsibility for all those involved throughout the transport chain. This includes stock owners, transport operators, saleyard personnel/receiver and stockpersons.

Photo supplied

Rabbit resilience forces a rethink in pest control

Louise MacDonald, Senior Biosecurity Officer

A recent study conducted across the Queanbeyan-Palerang region has revealed a high level of immunity to the Rabbit Haemorrhagic Disease Virus (RHDV) among feral rabbit populations. The findings suggest that further use of the virus as a biocontrol method in the area would likely be ineffective at this time.

The research, conducted by Local Land Services, involved collecting blood samples from feral rabbits across eight properties, with a total of 73 samples analysed at the Elizabeth Macarthur Agricultural Institute in Menangle. The aim was to assess resistance to both RHDV1 and RHDV2 before considering virus release as a management tool.

RHDV, a highly contagious and fatal virus affecting European rabbits, has been widely used in Australia as a biological control method since the mid-1990s. The original strain, RHDV1, was introduced to curb wild rabbit numbers, while RHDV2—an exotic strain—was first detected in the country in 2014 through a natural outbreak. However, research shows that rabbits who survive exposure to one strain may develop immunity against the other.

The study's results confirmed high seroprevalence among local rabbits, meaning many have already developed antibodies against the virus. As a result, Local Land Services advises that releasing RHDV in the region would not be an effective strategy at this time.

Instead, landholders are encouraged to explore alternative rabbit management strategies, working together as a community to implement integrated control methods. More information on effective control options can be



found in the PestSmart Rabbit

By taking a coordinated approach, landholders and communities can work toward sustainable solutions for feral rabbit control while adapting to the challenges posed by increasing immunity within local rabbit populations.

To monitor ongoing resistance levels, Local Land Services plans to conduct further testing later in the year. Control Guide or by contacting a local biosecurity officer at 1300 795 299.

Photo: Wild Rabbit - Nathan Anderson

Purchasing Rural Property

Matia Pendergast, CAO Braidwood

In the south east region, all properties 10 hectares or more are required to pay Local Land Services rates in addition to local council rates.

When purchasing rural property, it is important to ensure that your solicitor requests a Local Land Services Rates Search, to confirm there is no historical debt on that property.

All properties 10 hectares or more are annually charged a Base Rate and a Special Purpose Pest Levy. There are additional levies that apply if you have livestock on the

property.

Local Land Services also recommends requesting an Animal Health and Chemical Residue report. This search looks at any reportable animal health issues and diseases that may have been historically on the property. This search will also look at historical chemical residue data for any buried sheep dips or chemical spills recorded on the property. This information is very useful for soil health and future farm planning.

For more information on any of these topics please visit [Home - Local Land Services](#)

Have your say in shaping future NRM events

Ryan Cope, NRM Graduate The South East Local Land Services

Natural Resource Management (NRM) team is excited to hear from all landholders via our regional NRM survey. We invite you to share your ideas on the timing, location, topics, and formats of our future events by participating in this brief and simple survey. Your feedback will directly influence the planning and execution of our programs, ensuring they meet the needs and interests of our landholder community.



Please take a few moments to fill out the survey and make your voice heard! Your insights and suggestions are invaluable in helping us create engaging and impactful experiences for landholders across the South East Local Land Services region.

Queanbeyan Seniors (50+) News

Fun... fun...fun... come and join us!

Mondays

Chair Yoga - 9.30am Mat Yoga - 11.00am Bookings essential for Mat Yoga, contact Sue on <https://www.agewell.yoga>

Tuesdays

Zumba - 11am-12pm - Zumba with Ellie - AXIS Centre - \$10

Monday Yoga & Tuesday Zumba at AXIS Centre, 22 Campbell Street (building next to the LionS Community Bookshop in Queanbeyan Town Park). ZUMBA & MAT YOGA OPEN TO EVERYONE (not just seniors)! Monday and Tuesday Yoga and Zumba classes during school terms.

TUESDAY EXERCISE CLASSES (falls prevention, balance, strengthening) Times - 9.30-10.30am and then11.00-12.00pm at 1 Farrer Place, Queanbeyan -\$10 for members

Wednesdays

Mat Yoga - 9.30am

Chair Yoga - 11.00am With Louise... no bookings required at 1 Farrer Place, Queanbeyan

BYO Mat for yoga if you have one, some will be supplied.

Cost for abovementioned activities \$10.00 per session for members & \$18.00 for non-members.

Monday

Craft weekly on Mondays - 11.00am till 2.00pm. Cost \$2.00. Bring your own lunch and your own project or work on a project for the Seniors.

Wednesdays

- Canasta - 10.00am -12.00noon Cost \$2.00
- Euchre - 1.00pm Cost \$3.00
- Mahjong - 1.00pm - 3.00pm Cost \$2.00Thursdays • Thursdays - Rummikin - 1.00pm Cost \$2.00

Fridays

- Carpet Bowls - 1.00pm Cost \$2.00

Delicious afternoon tea follows these activities.

Monthly meeting on the 3rd Tuesday of the month at 1.00pm, Rear 1 Farrer Place. Next meeting June 17, 2025.

Riverside Plaza Stall

We will be in Riverside Plaza on Saturday 21st June and at Spotlight on 28th June.

Membership only \$10.00 per annum.

New members very welcome.

Contact - Brenda on 0407 201 392 or Kim on 0407 264 132 or email - queanbeyanseniors@gmail.com or just drop in during opening times - Rear of 1 Farrer Place, Queanbeyan

LOOKING FORWARD TO SEEING YOU SOON AT ONE OF THESE ACTIVITIES

Photos supplied



Being social is good for you

National Seniors Australia

Why joining groups such as NSA can improve your health and well-being.

Staying socially connected is essential at any age, but it becomes even more important as we grow older.

In the recent National Seniors Australia (NSA) research report, Social connectedness and isolation, people spoke about wanting to increase the time they spent outside the home doing new activities, being more physically active or making connections with others.

Joining groups such as NSA's growing network of local social branches can provide a wealth of mental and physical health benefits, helping older Australians live happier, healthier, and more fulfilling lives.

Loneliness and social isolation have been linked to increased risks of depression, anxiety, and even cognitive decline. Social groups offer regular interaction, shared experiences, and a sense of purpose - all of which are powerful protectors against mental health issues.

Being part of a social group provides opportunities to form meaningful friendships, engage in stimulating conversations, and participate in activities that keep the mind active.

Regular meetings, guest speakers, and group outings encourage learning and mental engagement, which are vital for maintaining cognitive function.

Being socially active often leads to

greater physical activity. Many social groups organise walking groups, excursions, or gentle fitness sessions, encouraging members to stay mobile.

Research shows that older adults who engage in group activities tend to have better mobility, lower blood pressure, and stronger immune systems. Even light physical activity, when paired with social interaction, can improve balance, reduce the risk of falls, and support overall wellbeing.

Social groups offer more than just activities, they foster a sense of community.

Members of community social groups often describe their involvement as a source of belonging and identity. This emotional connection can lead to improved self-esteem, reduced stress, and even longer life expectancy.

Volunteering within a group or helping to organise events gives members a renewed sense of purpose and contribution, which is invaluable during retirement years.

With a bit of searching online, or at an old-fashioned community notice boards, you can find a social group to suit your particular passion - be it sewing or skydiving - or a you may prefer a general interest group based on where you live.

If you are interested in joining, or even establishing, an NSA social branch, contact our community engagement manager, Karen Furnivall, via the website contact at <https://nationalseniors.com.au>



Craft Evenings
Thursday 29th May
Thursday 12th June
55 Gibraltar Street
6-8pm
\$5+BYO craft project
Contact Thalia: 0412 884 120



Cybersecurity Tips for Older People

Seniors Rights Service

We all deal with different providers and organisations. It can feel like a lot to keep up with all the various platforms and people, especially when they all have their own unique ways of doing things. But just like keeping your door locked, a little knowledge is worth the extra security and peace of mind.

Unfortunately, some of the same technology advancements that make our lives so convenient have also made it easier for scammers to run more sophisticated schemes. So, it's important to be aware of some common tricks to watch out for.

Common scams to be aware of
Phishing scams

These are when criminals trick you into giving them your personal information by sending emails, messages, or SMS pretending to be from organisations or people you know and trust (like Services NSW, ATO, or transport agencies). This can be a general send-out, like a link saying you owe money, or it can be targeted to you as an individual.

Data breaches

This is when your data is accidentally released to unauthorised people or as a result of a breach (or a hack). If you use the same password and email to log into all of your accounts, you're at a higher risk of someone gaining

access to important information, for example, if your social media account information was leaked, and you use the same password for your myGov.

Friendship and romance scams

Cybercriminals can take advantage of you whenever you meet new people. It's important to stay alert in forums, Facebook, WhatsApp, and online support groups. They can be great places to connect with people, but there's always a risk involved. It can be tricky to verify if someone is who they say they are online. Watch out for anyone asking for money, gifts, or personal information.

Five Steps to Stay Protected While Online

1. Keep Your Personal Information Safe

Keeping your personal information private is super important for staying safe online. Scammers can be really convincing, and even people close to us can try to trick you. So, it's best to keep your info to yourself. Here are some tips to help you stay safe:

Keep your login details secret.

Make sure you use different passwords for each of your accounts. That way, if one password is compromised, the others aren't at risk.

If you have to answer a security question to recover your account,

try not to use the same one every time (like your mother's maiden name).

Whenever possible, set up two-factor authentication to add an extra layer of security.

Don't share your phone or other devices with anyone. Many people save important passwords to their devices, and if someone has your device and knows your passcode, they can access all of your saved login details.

2. Always double-check before providing sensitive details like making a payment or purchase

Scammers can send really convincing fake messages, including invoices, so it's always a good idea to double-check the details before you pay or give out any sensitive information to scammers. If you end up paying a fraudulent invoice or charge before realising it's a scam, contact your bank immediately to see if they can stop the transaction.

Safety checks for unsolicited calls, messages or emails:

Check the email address or phone number: Scams will often have different contact information.

Be wary of who might be calling: Government departments won't call, text you out of the blue to ask for sensitive info like your bank details or login credentials. If you're unsure about who's calling, you can always hang up and call

the organisation back on their official number.

Don't click any links: Many companies and agencies don't use links in their emails or texts anymore, especially if they're a common target for scammers. If you're not sure if a link is legitimate, don't click it! Just go straight to the organisation's website and log in to check if you have any messages waiting.

Check for tone or spelling mistakes. Even if the email address doesn't raise any alarms, look out for clunky grammar, an odd layout, or spelling mistakes - this can be an indication of a scam.

3. Check your consents

You might have given consent to nominees or carers to access your information. Make sure you're aware of everyone on that list. Also make sure your contact details are up to date and accurate so that any information is sent directly to you.

4. Update your software and backup your devices

Make sure your smartphone, computer or tablet is up to date. This will help protect you. Whether your device is Apple or Android, or your computer runs Mac or Windows, check if you've got the latest software. You can even turn on automatic updates to give you



peace of mind.

Backing up your information is like creating a digital copy of your precious photos, documents, and other important info. It means if you lose your device or it's stolen or damaged, you can easily restore your files and settings. You should back up often or, even better, set up automatic backups.

5. Trust your gut!

Scammers targeting older people will often rely on fear or intimidation. They take advantage of many of us not being confident online, and the fear of losing funding or being fined.

If something doesn't feel right, trust your instincts and don't feel rushed. It's better to be cautious and double-check. Being vigilant now can save a lot of trouble later on!

MEGA
YARN SALE
AND
DEVONSHIRE
TEA

SAT 14 JUNE
9AM-2PM

CWA ROOMS
40 Gibraltar St, Bungendore

YARN & KNITTED
GOODS FOR SALE

DEVONSHIRE TEA \$5



Service to the Country,
Through Country Women,
For Country Women,
By Country Women

www.bungendorecwa.org



Queanbeyan
Veteran and Family Hub



Here for veterans and their families, every day



What's on at the Hub



Mondays: Walking Photography -9.30am to 11.30am

Tuesdays: Invictus Yoga - 10am to 11am

Wednesdays: Brave Buddies Playgroup - 10am to 12pm

Thursdays: Catch up for a cuppa - 9am to 5pm

Fridays: Walk and Talk - 10am to 11am

Visit the Hub today

251 Crawford St, Queanbeyan

Open Monday to Friday
9am to 5pm

In partnership with



Seventy artists from Queanbeyan-Palerang compete for \$25,000 in Prizes

Bendigo Bank

This year's QPRC and Bendigo Bank Annual Art Awards has attracted 70 artists from the Queanbeyan-Palerang local government area, who are competing for 11 monied prizes. Artists are vying for the attention of six judges who will 'blind' judge the works on their creativity, quality and artistic concepts, across a range of media in this year's art awards.

The 'blind' judging concept is designed to remove bias from the process, where the judges are not supplied the artist's names or asking values of the works. Assessment focuses on aesthetics, presentation and quality of craftsmanship. This year's professional judges from outside



of the QPRC-LGA are; Yvette Dal Pozzo - Director of the Goulburn Regional Art Gallery (GRAG) and Dr Anna Wong - Director, of ACT Galleries, Museums and Heritage, who together will judge the majority of awards.

Ms Dal Pozzo has been Director at GRAG for the past 4 years, and has focused on working closely with artists, writers and curators to bring ambitious projects to fruition at the regional gallery. Yvette has previously worked at the National Gallery of Australia in Canberra, during her time there she worked on major projects including the two-part exhibition, Know My Name: Australian Women Artists 1900 to Now. Yvette has also been closely involved in the production of arts publications, including editorial assistant and contributor to the publication Know My Name (2020) and as coordinating editor of Roger Butler's publication Printed: Images by Australian Artists 1942-2020 (2021). Yvette holds a Master of Art History and Curatorial Studies degree from the Australian National University and a Bachelor of Arts (Honours) degree from the University of Melbourne.

Dr Wong has worked in the museum and cultural heritage management sectors across a broad range of historic, cultural,



and natural places and museums in Australia, including precinct-based activation of cultural sites. Her doctoral research examined the Australian heritage conservation movement through the house museum genre and how this shaped our national identity and cultural representation of Australia's past and present through collections, conservation, exhibitions, public programs, and community engagement.

For the first time in the Art Awards history, a new \$3,000 Acquisitive Heritage Art Award will be presented, recognising works that capture an aspect of the QPRC region's built or natural heritage. Judging this exciting new category will be QPRC Mayor Kenrick Winchester supported by QPRC's

Team Leader for Arts and Heritage Janita Byrne, who holds a Master's Degree in Visual Arts Education.

The Braidwood and Bungendore Branches of the Bendigo Bank will once again field three judges from their organisation to select the \$2,000 Bendigo Pick Award, a prize encompassing all media and categories across the exhibition as well as the new \$1,000 Bendigo Pick Photographic Award. The Bendigo Bank representatives relish this task, gaining an early preview of the work and experiencing the difficult job of narrowing down their preferred works to an agreeable final one.

QPRC Team Leader for Arts and Heritage, Janita Byrne who also coordinates the Awards, is thrilled to invite our community to come and celebrate the creative endeavours of our local artists at the official opening of the exhibition and awards announcement ceremony. This takes place on Saturday 24 May 4-6pm at The Q Exhibition Space in The Q Performing Arts Centre Queanbeyan. Book your free attendance ticket at the following link or from our website and be the first to know who has secured this year's art awards and also have the opportunity to purchase award winning art works.

RSVP link for Annual Art Awards

Opening Event:
<https://www.eventbrite.com.au/e/qprc-bendigo-bank-2025-art-awards-opening-event-tickets-1356019162819>

Key dates for the 2025 Art Awards Exhibition are:

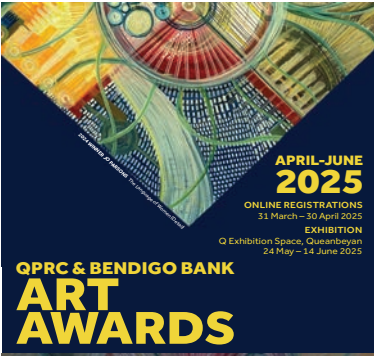
Opening event - Saturday 24 May, 4-6pm

Exhibition runs - Tuesday to Saturday - 24 May to 14 June 10am to 4pm

Closing event - Saturday 14 June 2-4pm

For additional information please go to www.qprc.nsw.gov.au/art-award

Photos supplied of judges: Yvette Dal Pozzo - Director of the Goulburn Regional Art Gallery and Dr Anna Wong - Director, of ACT Galleries, Museums and Heritage.



Queanbeyan to Bungendore Bulk Water Supply

MAY 2025



Background

In April 2023, Council endorsed the development of the Queanbeyan to Bungendore bulk water supply trunk main to tender-ready stage.

The bulk water supply pipeline became the preferred option to secure water for Bungendore following a series of reports and feasibility studies that ruled out expanded bore water collection.

Without the pipeline Bungendore cannot continue to grow as identified in the adopted Bungendore Structure Plan 2018-2048.

Since 2023 Council has been focused on developing the full suite of design and technical specifications to get the project 'tender-ready'. This includes technical specifications for the pipeline, a reservoir, pump station and re-chlorination facility.

At the 9 April 2025 meeting, Council received the detailed Business Case for the pipeline, endorsed our application for funding under the National Water Grid Fund program and authorised the beginning of negotiations for required land acquisition.

Why a pipeline?

Council adopted the Bungendore Structure Plan in 2019 following considerable community feedback. The Structure Plan identified growth scenarios for Bungendore, with the medium growth rate set just above 3.3% per year (the average growth rate in 2016).

In 2019, Council also adopted the Palerang Communities Integrated Water Cycle Management (IWCN) Strategy. The most significant issue in the IWCN was securing additional town water to support the growth of Bungendore. A variety of options were explored, and groundwater was identified as the most cost-effective scenario.

In 2016, Council had begun the search for fractured rock sources of water. Two sites were considered potentially viable, with an estimated combined yield of 630ML/a. Council was issued a water access licence of 1,000ML/a in July 2019.

Council then made a formal application for works approval to commission these two bores. However, in 2021 Council was issued with a combined works allocation of just 216ML/a from the two bores. Unfortunately, this meant that fractured rock was no longer considered a reliable solution for addressing the future of Bungendore's water supply needs.

The remaining option proposed by the IWCN was a bulk water supply pipeline and this has become the most viable option.

The pipeline addresses three key concerns for Bungendore:

- Planned residential growth - securing town water for current and future residents
- Drought resilience - providing an additional water source during extended dry periods which are expected to increase due to climate change
- Contamination risk - reducing the risk posed by contamination by providing an alternative water source for the town

What does tender-ready look like?

There are six critical criteria that must be satisfied and made tender-ready before Council can consider whether to proceed with the project or not.

These six key factors are detailed below.

Design and plans

We have completed detailed drawings and technical documents for the project. Aspects of these surveys and studies fed into the Review of Environmental Factors for the project. This includes:

- Detailed field land surveys
- Geotechnical investigations
- Biodiversity studies
- European and Aboriginal Heritage studies
- Drawings and technical specifications for:
 - Pipeline (31 km)
 - 6 ML concrete reservoir
 - Water pump station
 - Re-chlorination facility

Environmental Approval

The Review of Environmental Factors (REF) is on public exhibition on our Your Voice page at yourvoice.qprc.nsw.gov.au until 28 May 2025.

The REF is the key development approval for the pipeline and considers the impact of the project to the community and surrounding environment.

Intergovernmental Approvals

Various intergovernmental approvals are needed to permit water supply from the ACT to NSW.

These discussions are progressing well and include legislative considerations in both the Seat of Government Acceptance Act 1909 and the Canberra Water Supply (Googong Dam) Act 1974.

The Australian, NSW and ACT Governments must all agree for us to continue with this project.

Water (and Sewer) Pricing

The Palerang Communities Integrated Water Cycle Management Plan is being reviewed.

As part of this process detailed long-term plans will be developed that take into consideration the cost of maintaining, improving and using water infrastructure and how it will be funded.

This review will explore things like merging water and sewerage funds and harmonised tariff structures. We expect this review to begin after June this year.

Funding

The pipeline project can't be staged which means significant funding is required upfront.

Current estimates place the project at \$78 million to complete.

The construction of the pipeline will not be possible without grant funding. If the project proceeds, construction is expected to be paid for by a grant and a loan which would be repaid through developer contributions.

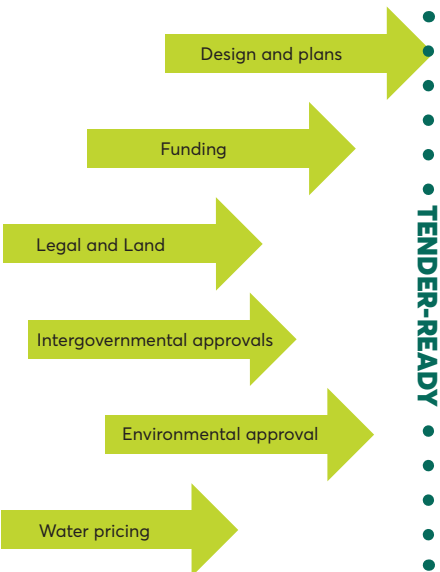
We have applied for funding under the National Water Grid Fund.

Legal and Land Matters

At the 9 April meeting, Council authorised the beginning of land acquisition negotiations along the route.

This includes temporary and permanent easements over the pipeline as well as land for the proposed reservoir at Brooks Bank and the re-chlorination facility at Millpost Lane.

All six factors must reach tender-ready



Queanbeyan-Palerang Regional Council

FOR YOUR INFORMATION





TUESDAY 3 JUNE
RECONCILIATION WALK
QUEANBEYAN

LEARN MORE 

QPRC 

NATIONAL RECONCILIATION WEEK 2025
Bridging Now to Next

qprc.nsw.gov.au/2025-rec-walk

Have Your Say

Projects & initiatives open for community comment	Closing Date
Sunset Planning Proposal - Amendment to QPRLEP 2022	26 May
Bungendore water supply pipeline - Review of Environmental Factors	28 May
19 Gibraltar Street Bungendore	1 June
Pedestrian and cyclist priority list	6 June
Draft budget and planning documents	13 June
Draft Donations Policy	13 June

► Find all the details at yourvoice.qprc.nsw.gov.au

Submissions can be made:

- By registering and commenting via yourvoice.qprc.nsw.gov.au
- By email to council@qprc.nsw.gov.au (referencing the item in the subject line)
- By mail to PO Box 90, Queanbeyan NSW 2620
- Delivered in person to our Customer Service Centres

Advertising of Notices and Documents under the Environmental Planning and Assessment Act 1979 and Regulations

Notices and documents required to be advertised under NSW planning legislation can be viewed at bit.ly/DPnotices

ClubGRANTS applications close next week

ClubGRANTS is one of Australia's largest grant programs, delivering over \$100 million annually to support local NSW community organisations, charities, and sports groups.

- Learn more about eligibility and submit an application online by 5pm 31 May 2025 at www.clubgrants.com.au



World Environment Day Events

Celebrate World Environment Day 2025 with a range of events:

- Waterbug Survey at Turallo Creek in Bungendore on 1 June
 - Environmental Networking Expo in Queanbeyan on 5 June
 - Educational walk in Queanbeyan on 8 June
 - Tree Planting on Queanbeyan River on 15 June
- Learn more about these events at www.qprc.nsw.gov.au/WED-2025

Council Meetings and Times

Council holds Ordinary Meetings twice a month on a Wednesday, excluding December and January. Meetings start at 5.30pm. Agendas and business papers for the meetings are available on the Friday prior to the meeting from bit.ly/MinutesAgendas. Meetings are live streamed via bit.ly/QPRCwebcast.

Members of the public can watch the meetings via bit.ly/QPRCwebcast and make a presentation during the public forum via Zoom, by submitting a written presentation, or in person.

Members of the public can make a:

- Written presentation - submit by midday on Tuesday
 - Zoom presentation - register by midday on Wednesday
- Register to make a presentation at bit.ly/QPRCinvolved

Next meeting dates are:

- 28 May
- 11 June (Braidwood)

Written Questions on Notice

Questions on notice from the community must be submitted in writing or via email to public.forum@qprc.nsw.gov.au by 12pm on the Wednesday prior to the meeting. All questions and responses will be tabled at each Public Forum, provided to the person who asked the questions and published on our website.

Notice of Licence Agreement Over Community Land

Notice is given that Council intends to licence Part of Lot 1365, Deposited Plan 1217419 (known as Googong Community Gardens, 44 Helen Circuit) to Googong Residents' Association for 5 years.

The fee is \$1 if and when requested and the site may be used as a community garden.

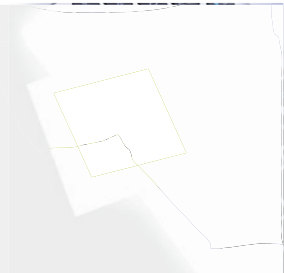
If you are interested in making a submission on the above proposal you are invited to do so in writing by 4:30pm on 17 June 2025.

- By mail:
Queanbeyan-Palerang Regional Council
PO Box 90, Queanbeyan NSW 2620
- Via email:
council@qprc.nsw.gov.au - ATTN: Governance and Legal

Work with Council

Current vacancies include:

- Town Planner
 - Legal Officer
- For more information and roles see bit.ly/QPRC-Careers

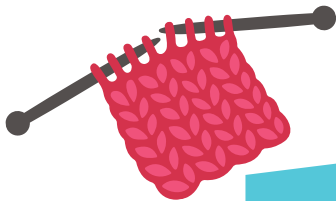


Bungendore Yarn Bombing

Ellendon Street in Bungendore is getting a cosy, colourful makeover and we need your help!




We'd love Bungendore locals and community groups to add their own yarn creations to be wrapped around trees in the street.

- Sign up to take part at qprc.snapforms.com.au/form/yarn-bombing-bungendore
- Drop off your creations or donate wool at the Bungendore Library until Thursday 12 June



Queanbeyan-Palerang Regional Council
PO Box 90, Queanbeyan NSW 2620
1300 735 025
council@qprc.nsw.gov.au
www.qprc.nsw.gov.au

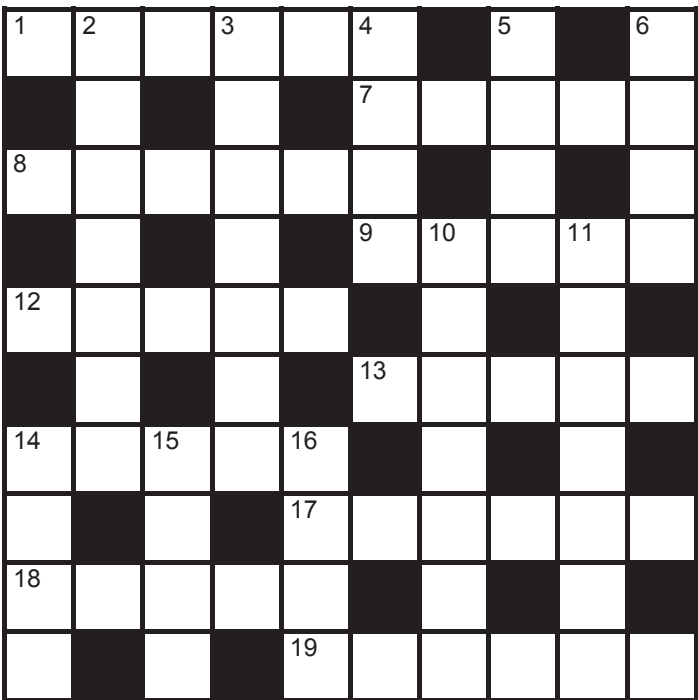
Follow us on social media

@QbnPalrangRC 
@QbnPalrang 
@QbnPalrang 

Sign up for our weekly eNewsletter
eepurl.com/codv-v 

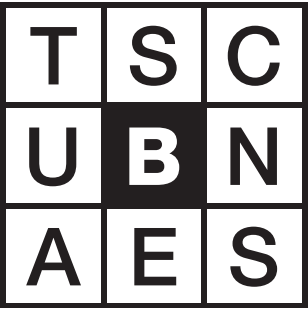
Puzzles

Quick Time Crossword



- Across
- 1 Most recent (6)
 - 7 Condition (5)
 - 8 Religious celebration (6)
 - 9 Bailiff (5)
 - 12 Court attendants (5)
 - 13 Use again (5)
 - 14 Cults (5)
 - 17 Rubs out (6)
 - 18 Quickly (5)
 - 19 Jellyfish (6)
- Down
- 2 Stir violently (7)
 - 3 Least difficult (7)
 - 4 Former Russian ruler (4)
 - 5 Small river valley (4)
 - 6 Festivity (4)
 - 10 Precious stone (7)
 - 11 Ships (7)
 - 14 Petty quarrel (4)
 - 15 Applaud (4)
 - 16 Appear to be (4)

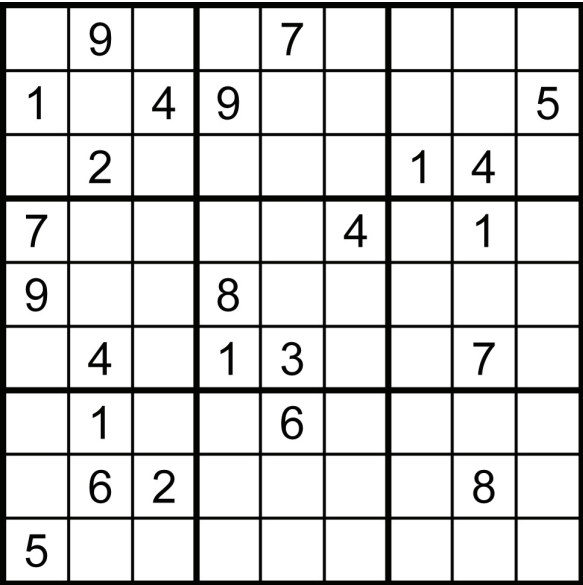
Target Time



Target: Average - 12, Good - 18, Excellent - 24+

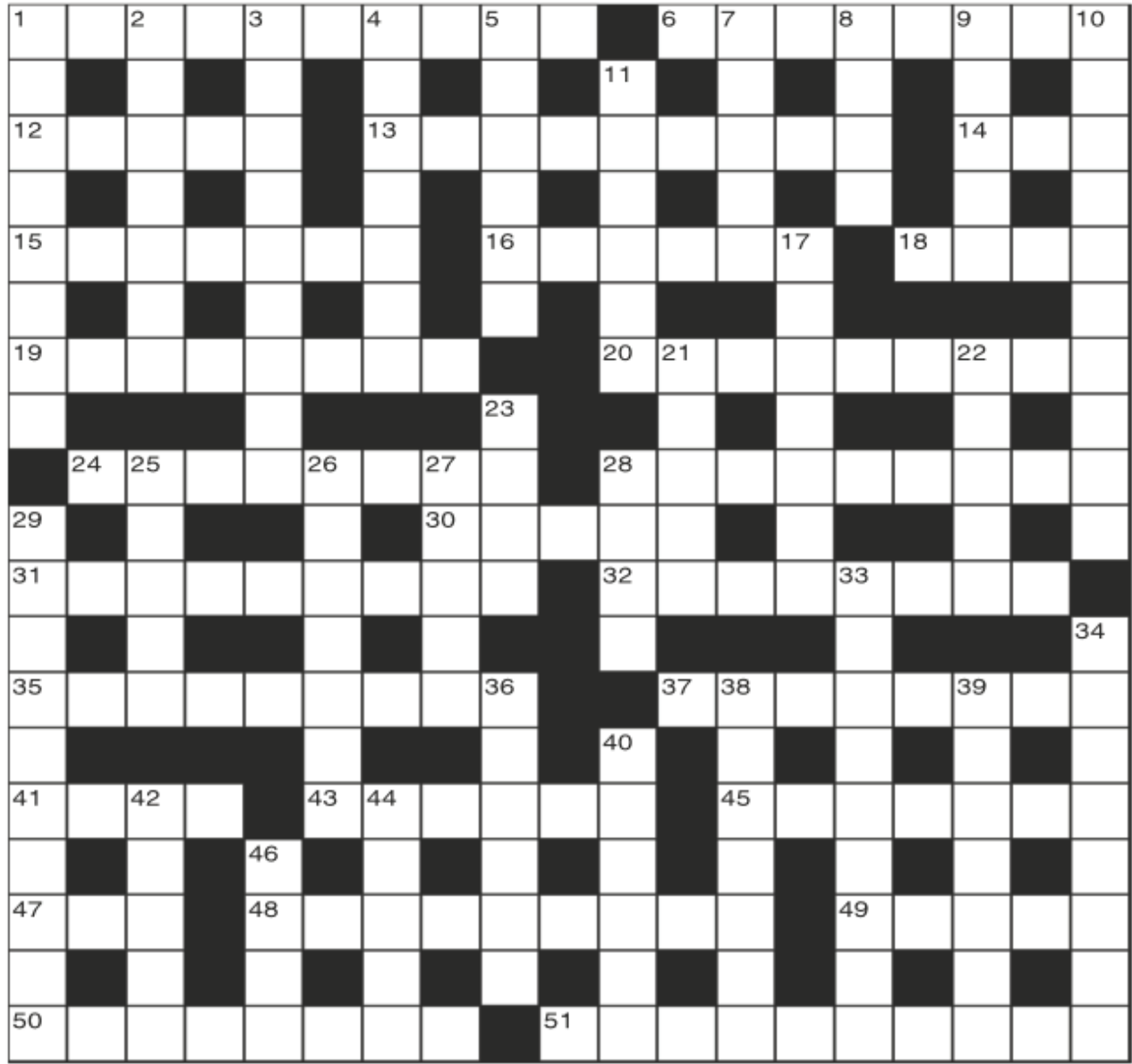
Using the nine letters in the grid, how many words of four letters or more can you make? The centre letter must be included and be used only once. Find at least one nine letter word.

Sudoku



Sudoku, it's a game of deduction rather than maths. Fill each row, column and 3x3 square with the numbers 1 - 9, without repeating. Each number can only appear once in each row, column, and frame.

Crossword



- Across
- 1 Rewording
 - 6 Death notice
 - 12 A lot (coll)
 - 13 Passed on orally
 - 14 Pluto
 - 15 Smiled
 - 16 Seepage
 - 18 Budge
 - 19 Prelude to an opera
 - 20 Amazed
 - 24 Good-looking
 - 28 Merriment
 - 30 Grant
- Down
- 31 Advocate
 - 32 Monocle
 - 35 Sooks (3-6)
 - 37 Agreeable
 - 41 Cheats
 - 43 City slum area
 - 45 Overspread with colour
 - 47 Objective
 - 48 Exceeds in value
 - 49 Chastise
 - 50 Trait of being neat
 - 51 Never-ceasing
- Across
- 2 Confection of nuts in sugar
 - 3 Reverberated
 - 4 Quiver
 - 5 Unit of force
 - 7 Truncheon
 - 8 Tincture
 - 9 Of sound equipment
 - 10 The recent past
 - 11 Town square (lt)
 - 17 Incandescent
 - 21 Flamboyant
 - 22 Dehydrates
 - 23 Raised mark on the skin
- Down
- 25 Suffering
 - 26 Flood protection
 - 27 Skin disease
 - 28 Young kangaroo
 - 29 Astronaut's vehicle
 - 33 Sad looks (4,5)
 - 34 Devout
 - 36 Sporting dog
 - 38 Maltreats
 - 39 Aluminium ore
 - 40 Search the internet (tm)
 - 42 Drifter
 - 44 Detests
 - 46 (Of grass) cut

Brain Alert

Boost your brain power! Complete each of these puzzles as fast as you can and record your time.

Word Find 137

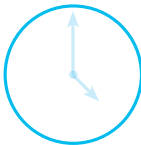
Find the following words in the grid.

T	A	G	S	W	P
E	L	B	A	A	E
M	A	I	L	S	T
P	Y	N	T	E	S
E	U	E	Y	E	A
R	S	O	A	K	M

Able
Any
Bin
Gas
Lap
Lay
Lit

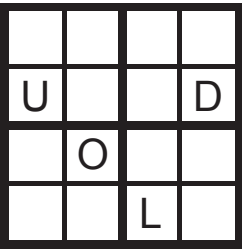
Mail
Pets
Run
Salt
Sat
Sets
Soak

Tag
Temper
Was
Yea
Yet



Word Sudoku 138

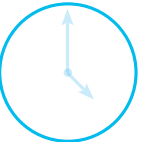
Enter the word LOUD in each row, column and 2x2 square, in each combination there should be only one of each letter.



Scrambled 138

Unscramble the following letters to reveal the words related to school days.

- 1. rufmoin
- 2. capbackk
- 3. kewmohro
- 4. stenngisam
- 5. netrcoc
- 6. toperr dcra



© Auspac Media 206

Word Find

Word Sudoku

Scrambled

1. Uniform
2. Backpack
3. Homework
4. Assignment
5. Concert
6. Report Card

PHOTO OF THE WEEK



2025 Wheels of Wamboin. Photo Wamboin RFS

PET OF THE WEEK



Name: Greycat
Age: 5
Likes: his closeup
Dislikes: paparazzi
Claim to Fame: best name in the region!

Bungendore Seniors: Chair Yoga Tuesdays

Chair Yoga is a gentle and effective way to support your physical and mental wellbeing, especially for those wanting to maintain strength, flexibility, balance, and calmness in a safe and supported way. Practised while seated, Chair Yoga is ideal for older adults or anyone recovering from illness or injury, helping improve mobility, reduce stress, and even support better sleep.

Many participants report benefits such as improved hand grip, limb strength, reach, balance, mood, and overall agility. The low-impact exercises are also known to help manage conditions like osteoporosis, osteoarthritis, and arthritis by reducing joint pain and improving quality of life.

Classes are open to everyone who'd like to experience the benefits of Chair Yoga and enjoy the connection of exercising with

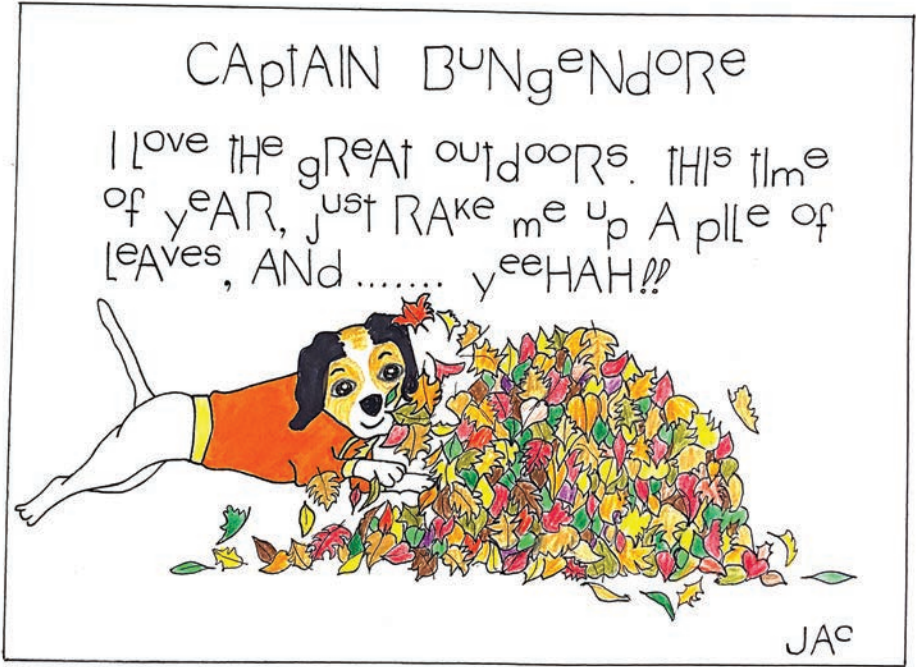
others in a friendly environment.

We're delighted to welcome back our yoga teacher Sue Scarlett in term two, and we thank Jordan and the Familia Fitness team for their exercises classes while Sue was away.

Classes have resumed and are held on Tuesdays at the Scout Hall, Turallo Terrace, Bungendore
Choose from two 1-hour sessions: 2:00 pm or 3:30 pm
\$13 for Bungendore Seniors members / \$18 for non-members


For more information or to book, contact Sue Scarlett at sue@agewell.yoga or call 0411 407 737.

Come join us - feel stronger, more balanced, and connected.



Do you have a Photo of the Week? Or, if you would like to see your beloved pet featured as Pet of the Week, please email your photos to info@regionalindependent.com.au

The Regional Independent - letters to the editor need to be no more than 230 words. Please email your letters complete with full name, phone contact and address to: info@regionalindependent.com.au
Only your name and suburb will be printed




LIONS COMMUNITY BOOK SHOP

A non-for-profit group with all funds donated to local charitable organisations

LOCATED IN THE QUEANBEYAN PARK

OPEN: Tuesday to Saturday 10am-4pm

SECONDHAND BOOKS, MAGAZINES, GAMES, JIGSAWS, CRAFT



For more information: Phone 0461 365 831 Email: queanbeyan.nsw@lions.org.au
Facebook: <https://www.facebook.com/lionsofqueanbeyan/>

Bungendore Food Hub



A HELP UP FOR OUR COMMUNITY SUPPORTED BY OUR COMMUNITY

FOOD, TOILETRIES, WARM CLOTHING, ADDITIONAL SUPPORT, COMMUNITY RESOURCES ARE ALL AVAILABLE HERE!

OPEN WEDNESDAYS 10AM-12PM

LOCATED IN THE OLD OP SHOP BEHIND BUNGENDORE ANGLICAN CHURCH, DIBALTA STREET BUNGENDORE

CONTACT 6288 1261 OR 0422605009

Mary Magdalen Sillis

29 May 1922 – 12 May 2025

Late of Bungendore.

102 years and 11 months.

Loved wife of Leslie (Ted) (dec).

Loving mother of Pat, Ann, Geoff (dec),Lyn, Peter, Barry, Maureen, Jenny, Tony, Les (dec) Jude, Christine & Stephen and their partners.

Adored nanna to her many grandchildren, great grandchildren and great, great grandchildren.


Beloved sister to Therese, Bernadette, Agnes, Ray (all dec) and Philomena.

The family would like to especially thank Warrigal, Queanbeyan and Drs Simon & Clare and nurses at Queanbeyan District Hospital for their gentle care of our Mum.

Requiem Mass for Magdalen will be held at St Mary's Catholic Church, Turallo Terrace, Bungendore on **Thursday** 29 May commencing at 11am.

Burial will follow at Bungendore Cemetery.

Rosary will be recited at M.H. O'Rourke Funeral Director's Chapel, 113 Crawford Street, Queanbeyan, on Wednesday 28 May at 5pm.



M.H.O'ROURKE
Proudly Australian Owned
Telephone: 6297 1052

Bungendore Bridge Club

Bungendore School of Arts, Gibraltar Street, Bungendore
Wednesdays: 7.00-10.00pm
Saturdays: 10.00am-1.00pm
Contact: Angela McGill, President 0408 409 989 or Bobbie Gosper, Secretary 0408 788 213



Queanbeyan Community Choir

Everyone is welcome to come along and join this friendly group who sing a variety of songs. No experience required.

Where: Queanbeyan Leagues Club Upstairs Meeting Room (Membership of QLC not required) 2:30-4:pm Saturdays

\$5:00 weekly attendance and \$5:00 yearly membership

Afternoon tea supplied. New members welcomed. For further enquiries emailayrrows@bigpond.com



Tech Help every Friday

Drop-In Queanbeyan Library


Every Friday 10am to 12 noon. Bring your phone, tablet or laptop, along with any questions you have.

Queanbeyan Library, 257 Crawford Street, Queanbeyan .
Phone: (02) 6285 6255

Bungendore Open Mic

The organisers of the community event "Bungendore Open Mic" will be running their monthly (June) open mic event on **Saturday May 31** from 1pm to 5pm at the Royal Hotel and **Sunday June 1** from 1 to 5 at the Bungendore Bowling and Sports Club
If you are interested in performing, contact John on 0447 069 317.
1st time performers are very welcome!

Bungendore Evening VIEW Club


Bungendore Evening View Club - (Voice, Interestsand Education of Women).
Next meeting is on the Monday, 2 June - 6pm for 6.30pm. Meeting followed by a guest speaker.

Meetings are held in The George Dining Room, Gibraltar Street, Bungendore. New Members most welcome.

Bungendore Community Aid

Loan of assistance aids
This is to notify our residents of Bungendore and our immediate surrounds that we are still operational
We have crutches, over toilet seat raiser, shower chairs, wheelchairs and more. A list of what we have is in the back of the 2023-2024 Bungendore Directory, page 101.

Contact details are:
Lauren phone: 0402 329 067 or
Linda phone 6238 1359 or
0439 381 359

QUEANBEYAN SENIORS MOTHER'S DAY RAFFLE – Results

The Queanbeyan Senior Citizens group held a raffle to celebrate Mother's Day. The raffle was drawn on Saturday 10th May whilst at the inaugural Queanbeyan Pramathon, and was drawn by Nick F. from Braidwood.

The results are as follows:
1st prize - Face & Neck Facial from Deziner Beauty Queanbeyan - Fran S. Queanbeyan
2nd prize - Wash and blow dry from Absolute Hair Queanbeyan - Kenrick W.
3rd prize - Handmade Boho blanket - Louise D. Queanbeyan.

Rarely does a member of the Queanbeyan Seniors win a prize in one of our raffles however this time 1st and 3rd prizes were won by one of our fabulous hardworking members.


With regard to 2nd prize winner, if you know Kenrick and you see him sporting a fabulous new hair do, then please compliment him as the 'new' look is courtesy of Absolute Hair in Queanbeyan.

We sincerely thank all of you who participated or donated a prize in our raffle - without your help and support it would not be possible to grow as we have been. THANK YOU!



Mayor's Column

At last week's meeting, Council endorsed the draft budget and planning documents for community feedback. These are our major planning documents that help guide Council's direction over its elected term.
Next year's budget is highlighted by significant investment in our road network with more than \$42m funding for roads - including the major project on Monaro Street, Stage 5 of the Nerriga Road upgrade, design and land acquisition of stage 1 of Dunns Creek Road and many more. There is also more than \$13m towards bridge projects, highlighted by the upgrade of Briars Sharrow Bridge and Reschs Creek Bridge. In the recreation area, the budget includes a much-needed upgrade of the Braidwood Pool plant room and rtiling of the outdoor pool at the Queanbeyan Aquatic Centre. The capital works are funded by a combination of capital grants, developer contributions and reserve funds. Have your say on the Draft Operational Plan and Delivery Program, Statement of Revenue Policy, Fees and Charges, Long-Term Financial Plan, Workforce Management Plan, Asset Management Plan, and Donations Policy until 13 June at yourvoice.qprc.nsw.gov.au
Community meetings kicked off last week and it's been great to meet with community members to discuss things that are important to them. You can still join us in Queanbeyan on Thursday 22 May at the WB Freebody Council Chambers in the Nellie Hamilton Centre (257 Crawford Street) from 6pm to 8pm. We are also holding community information meetings at the Nerriga Hall on 24 May and at the Araluen Federal Hall on 13 July. Register your interest to attend the Queanbeyan meeting and find more information at www.qprc.nsw.gov.au/Events
Join us for our annual Reconciliation Walk on Tuesday 3 June. We will gather at Marj Christian Park on Trinculo Place at 9.30am before walking to the Sunken Gardens in Queanbeyan Park. National Reconciliation Week runs from 27 May to 3 June 2025 and is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. Learn more at www.qprc.nsw.gov.au/Events/2025-Reconciliation-Walk
To celebrate World Environment Day 2025, we are hosting a range of events. Join us in Bungendore to conduct a Waterbug Survey at Turallo Creek on Sunday 1 June, Bicentennial Hall in Queanbeyan for an Environmental Networking Expo on 5 June, an educational walk in Queanbeyan on 8 June or to plant trees along Queanbeyan River on 15 June. Find out more about these events at www.qprc.nsw.gov.au/Events



Cr Kenrick Winchester, Mayor

Target Time

Target: Average - 12, Good - 18, Excellent - 24+

abet, absent, abuse, abut, bane, bant, base, basest, bass, basset, bast, baste, bate, bean, beast, beat, beau, bent, best, beta, bunt, bust, butane, cube, scab, scuba, snub, subset, SUBSTANCE, stab, stub, tabu, tuba, tubae, tube.

Sudoku

6	9	5	4	7	1	8	2	3
1	3	4	9	8	2	7	6	5
8	2	7	3	5	6	1	4	9
7	8	3	6	9	4	5	1	2
9	5	1	8	2	7	4	3	6
2	4	6	1	3	5	9	7	8
3	1	9	7	6	8	2	5	4
4	6	2	5	1	9	3	8	7
5	7	8	2	4	3	6	9	1

Quick Time Crossword

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	G		A		S	T	A	T	E
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	T		I		R	E	E	V	E
P	A	G	E	S		M		E	
	T		S		R	E	U	S	E
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P		L		E	R	A	S	E	S
A	P	A	C	E		L		L	
T		P		M	E	D	U	S	A

Crossword

R	E	P	H	R	A	S	I	N	G		O	B	I	T	U	A	R	Y
E		R	E		H	E		P	A	O		U						
L	O	A	D	S		U	N	W	R	I	T	T	E	N		D	I	S
I		L	O		D		T		A	O		E		I				T
G	R	I	N	N	E	D		O	O	Z	I	N	G		M	O	V	E
I	N		A		E	N		Z			L							R
O	V	E	R	T	U	R	E		A	S	T	O	U	N	D	E	D	
N			E					W		H	W							R
	H	A	N	D	S	O	M	E		J	O	V	I	A	L	I	T	Y
S		G		A		A	L	L	O	W		N			E			S
P	R	O	P	O	N	E	N	T		E	Y	E	G	L	A	S	S	
A		N		D		G		Y			O							R
C	R	Y	B	A	B	I	E	S			A	M	E	N	A	B	L	E
E						A			E		G		I		G	A		V
C	O	N	S		G	H	E	T	T	O		S	U	F	F	U	S	E
R	O		M		A		T		O		U		A		X			R
A	I	M		O	U	T	W	E	I	G	H	S		C	H	I	D	E
F		A		W		E		R		L		E		E		T		N
T	I	D	I	N	E	S	S		P	E	R	S	I	S	T	E	N	T

www.regionalindependent.com.au

Classifieds

Local Markets

Wamboin Home Produce and Craft Market

Third Sat of each month (except July & August) 9am to 12. Community Hall and grounds, Bingley Way, Wamboin. Contact Meriel Schultz 0422 614 304

Captains Flat Country Markets

1st Sat of the month, 9.30am-1.30pm, in the Community Hall, Foxlow Street, Captains Flat. Enquiries to communityassociation@captainsflat.org

the market @ bungendore

9am-3pm, Bungendore Memorial Hall. Note: Every 2nd SUNDAY of every EVEN month. www.themarketatbungendore.com

Braidwood Ryrie Park Markets

Fourth Saturday of every month, at the park in Braidwood. Contact Cathy: 0418 262 011 Sarah: 0417 468 686

Queanbeyan MarketsQbn Showground,

Third Sunday of every month. 9am to 1pm. For more info call 0419 848 786 or thequeanbeyanmarket@gmail.com

Sutton Village Country Markets

Second Sunday of the Month, 9am until 1:30pm, Sutton Oval (Cnr Victoria & Camp Streets) Contact@SuttonVillageCountryMarkets.com.au

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OPENING TIMES WASTE TRANSFER STATIONS

Bungendore waste transfer station:

Friday 12.30pm-4.30pm Saturday and Sunday 8am-4.30pm. Monday 7am-12noon Bungendore buy back centre: Saturday 10am-4pm

Bywong waste transfer station:

Friday 2pm-4.30pm Saturday and Sunday 8am-4.30pm Monday 7am-11am

Captains Flat waste transfer station:

Saturday and Sunday 9am-3pm (gates close at 2.45pm) Monday 9am-2pm

Braidwood waste transfer station Fri, Sat Sun & Mon - 10am to 4.30pm

Monday - 1pm to 4pm Braidwood buy back centre: Sunday 10am-4pm

CB BOBCATS

Bobcat & excavator, with attachments & truck for hire. Residential & rural. Landscaping, topsoil & roadbase. Rural animal graves. Phone Cameron on 0423 513 238



VINTAGE & RETRO

Vintage, retro, secondhand shop. 144 Uriarra Road Crestwood, Queanbeyan 6297 8636. Open Friday, Saturday, Sunday 10.00am to 4.30pm - ART By ANDERS

LIONS COMMUNITY BOOKSHOP

A non-for-profit group with all funds donated to local charitable organisations. LOCATED IN THE QUEANBEYAN PARK Tuesday to Saturday 10am-4pm. See page 19 for more info



BDORE SPOT SPRAYING

Rural Contracting

David Sillis - 0428 265 111 Shaun Read - 0428 572 061

MJ Kennels and Pet Sitting



Offering one on one care. Limited to a maximum of 5 dogs at anyone time, ensuring personal attention and lots of playtime! We offer flexible drop off and pick up options and 24hr supervision. Check us out on FB at MJ Kennels or phone 0404 844 161

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Empowering intuitive readings for better outcomes. 30 years experience. When logic fails, go up a level! www.thesagehutwizard.com.au, https://www.facebook.com/sagehutwizard.com.au/



BUNEGNDORE WAR MEMORIAL HALL

If you are looking for a venue for a party or another event then check out the Hall. We have plenty of tables and chairs, a well equipped kitchen and our rates are very reasonable. Please contact Jill on 6238 1470 for bookings.



BUNGENDORE SENIORS

Next get together will be Thursday May 22, at the Bungendore Sports Hub amenities building \$5.00 per person.ALL WELCOME

Business Classifieds

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Pergolas - Decks – Fit outs - Cladding Maintenance – Residential & Commercial Shed Builds – Stables – Farm Yards

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Livestock transport available. Mobile loading ramp, 2 x 1 stock crates, competitive rates. Servicing all areas, located Bungendore. Contact Harold on: 0424 452 821



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Premium yellow box, well seasoned, thoroughly clean. All wood sieved prior to delivery. 2.5 tn load \$1050. C.O.D.

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Find your new Best Friend at DAS. These are the faces of 21 dogs ready & waiting for adoption. Please consider. (As of 17 May 2025)



Chief



Bull Arab x, Male, Approx 8 years

Available since 21 March www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/chief

Banjo



Mastiff x, Male, Approx 2 years

Available since 4 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/banjo

Dozer



Staffy, Male, Approx 9 years

Available since 6 March www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/dozer

Romy



Bull Arab x, Female, Approx 1 year

Available since 20 Feb www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/romy

Roxy



American Staffy x, Female, Approx 1 year

Available since 30 Jan www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/roxy

Ziggy



Bull Mastiff x, Female, Approx 1 year

Available since 19 March www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/ziggy

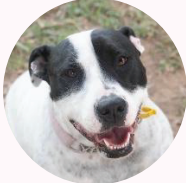
Oscar



Staffy x Lab, Male, Approx 1 year

Available since 15 Dec www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/oscar

Lucy



Staffy, Female, Approx 1 year

Available since 8 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/lucy

Kaas



American Bull Terrier, Male, Approx 3 years

Available since 12 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/kaas

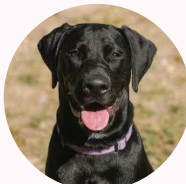
Aila



Crossbreed, Female, Approx 3 years

Available since 12 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/aila

Hershey



GSP x Rottie, Male, Approx 9 months

Available since 14 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/hershey

Chaos



Kelpie x Mastiff, Male, Approx 7 months

Available since 9 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/chaos

Whether you rescue an older dog or a puppy, dogs tend to follow the 3-3-3 rule when getting acclimated: 3 days of feeling overwhelmed & nervous. 3 weeks of settling in. 3 months of building trust & bonding with you. Give them that time

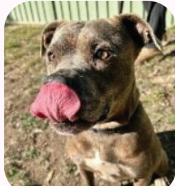
Cookie



Staffy x, Female, Approx 10 months

Available since 27 Feb www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/cookie

Kelsey



Staffy, Female, Approx 4 years

Available since 29 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/kelsey

Roxy2



GSD x Rottie, Female, Approx 3 years

Available since 17 April www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/roxy2

Nate



Greyhound, Male, Approx 10 years

Available since 14 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/nate

Odie



Bull Arab, Male, Approx 4 years

Available since 1 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/odie

Riku



Staffy x Border Collie, Male, Approx 1 year

Available since 14 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/riku

Zumi



Crossbreed, Female, Approx 10 months

Available since 6 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/zumi

Rome



Rottweiler, Male, Approx 6 months

Available since 12 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/rome



Khalanee Staffy x Husky, Female, Approx 1 year Available since 14 May www.cityservices.act.gov.au/pets-and-wildlife/dogs/dogs-for-adoption/khalanee

More details on all the dogs available for adoption: https://www.cityservices.act.gov.au/pets-and-wildlife/dogs/adopt Shelter Address: 92 Mugga Lane, Symonston. Walk-in adoptions: Mon-Fri. 10-3 Sat. 10-2. Info on adopting from DAS: www.cityservices.act.gov.au/pets-and-wildlife/domestic-animals/dogs/adopt-a-dog

GOULBURN MULWAREE ANIMAL SHELTER has 5 lovely pooches & 8 kittens/cats looking for people to give them a 2nd chance at a long & happy life (17 May 2025)



Rehoming Organisation No.: R251000140 Go to www.petrescue.com.au/groups/11042/Goulburn-Mulwaree-Council to see photos and information about these animals and for info on how to adopt from the Shelter.

Bungendore Netball

Bungendore Netball Club

BNC Round 2 Wrap-Up

What an awesome day on the courts for Bungendore Netball Club! The sun was shining, the energy was high, and it was fantastic to see so many players, families, and supporters out and about for another great round of netball.

A big thank you to our coaches, umpires, managers, and volunteers who make each game day run smoothly—it truly takes a village, and we’re lucky to have such a dedicated one.

Match Report: Under 8s White

A beautiful sunny day for netball. The girls showed great improvement moving the ball up and down the court and worked hard as a team. They came home with a win! Congratulations girls!

Player of the Match: Wren Rempe

Round 3 Wrap-Up

It was a classic cold and foggy netball morning, but that didn’t stop our teams from hitting the courts with energy for another great round of netball! As the fog lifted and the sun came out, it turned into a beautiful day for netball, with plenty of exciting action to enjoy.



This week featured not one, but two “Battle of Bungendore” matchups, Cadets 15/17s Pink v White and Seniors Black v Pink It was fantastic to see the players bring their best efforts while showing great sportsmanship and club spirit.

Across all ages there was no shortage of impressive teamwork, it’s great to see all the hard work at training really paying off on game day

Match Report

This week, Senior Black faced off against Senior Pink in an exciting local derby.

Senior Black came out firing in the first quarter, showcasing impressive teamwork and sharp attacking play. As the match went on, their defense held firm, not allowing Senior Pink attempts to break through.

Both teams played with great



sportsmanship, making for an enjoyable and respectful contest.

In the end, Senior Black claimed victory, finishing the game with a final score of 54-12.

Photos supplied



Bungendore Tigers

Georgia Buckley

Bungendore Tigers

Bungendore Tigers v Binalong Brahams

George Tooke Shield - Round 3
10th May 2025

A tough, end-to-end battle sees our Bungendore Tigers walk away

with the scoreboard locked at 24-24 in the final minutes, both sides fought hard for the win, but neither could break the deadlock, leaving both the Tigers and Brahams to share the points.

Try scorers:

Alex Evans , Some Wulf. Simione Latu and Luke Colquhoun

Conversions successful from Harry Buckley

3 points - Alex Exans, 2 points - Michael Gordon, 1 point - d sse Collins

A tough outing for the Bungendore Tigerettes, who went down swinging in a gritty 20-10 battle against the d rsey Girls.

After trailing 10-0 at halftime, the girls came out firing in the second half with two quick tries from Ellie Shoobert

Try was converted by Molly Nelson



3 points - Ellie Shoobert , 2 points - Sally Williams, 1 point - Charlotte Thompson

Photos: Lauren Woodward Photography

Wamboin Golf: May 2025

Thunday, May the fourth go with you. What a beautiful day it was! Temperate and sunny with a zephyr wafting the bouquet of Autumn and its falling leaves around the course. Normally we would be playing for Ye Olde Merrie Monthe of Maye Trophye. Instead we brought forward the GST Memorial Handicap, sponsored by Keith France and Kathy Handel (whom we thank for the prizes and refreshments) in view of their imminent trek North. The rules of the day's play, an Ambrose event for teams of two, were simple. At the end of 9 or 18 holes the team's total strokes are tallied. The team handicap is then deducted from the gross score. It is calculated thus: both players' usual handicaps are summed and divided by 2 or 4 depending on the comp contested. That figure is increased by 10% (the GST factor). The product is then increased by a further 10% (the US tariff factor). That number is then deducted from the team's gross score. Got it? Scratching our heads we took to the field.

Back amongst the corflutes, as the captain pressed the buttons, the

election didn't exactly dominate conversation. Labor's remarkable win took second place to the Drivel Fest of the various campaigns. As my old buddy, Al Capp said: "As long as no one knows where no one stands, the country's in the very best of hands". No one really felt sorry for the Libs who were unable to convince sufficient voters that they'd done enough since 2022 to deserve another crack. Your correspondent was thrilled by the early news that the Greens might be wiped off the board. Alas, it was not to be but I am encouraged by their declining vote to observe that Ys, Zs and Millennials have not fallen for their nonsense. But it's all over now, and our Kristy has retained the Holden Monaro. Ms Van Der Hum may be a metre or two off the pace since her victory in the 1976 Melbourne Cup. Note: you could house the homeless under her corflutes. I think we can forget the Coalition for the next six years at least - three to get rid of the dross (if they can); another three to rebuild the moderate core. The Liberals were never a 'Conservative Party': Chifley saw the light on the hill but Menzies

fostered his welfare state. Big business also has to rediscover the old so-called Christian Capitalist Ethic (update for other faiths): I am my brother's keeper. The ASX200 seems now to be mostly run by no-good, lousy sons and daughters of bachelors. There are, of course, honourable exceptions. Elbow can help by stamping on union excess. The Pope's funeral reaffirmed your correspondent's determination to limit the hoards at his own send off. A \$100 entrance fee should keep out the riff raff. It also induced solemn thoughts about the inexorable passage of time. I recalled the words of old mate, Clive d mes: "The eternal is going on right there in front of you, but to contemplate it too long must reinforce the message that one day it will be going on without you". My good friend, Steve Lambert, has a T shirt which puts it more succinctly: "Eternity is a very long time, especially towards the end." Both could invite pessimism but, instead, they encourage me to carry on as usual: to live for the moment, not in a hedonistic sense but as an Existentialist, like another old chum, d an-Paul Sartre. At that point I popped the Stelvin on



the second bottle.

The captain established order and introduced our guests, il m and Pamela Nasium. Ted's d ke was about a man unnaturally obsessed with golf. The googly ball was first awarded to Deb Gordon whose drive came straight back having hit a rock (in Wamboin? Most unusual). Pete Harrison's apocryphal story of his and Steve Lambert's drives finding the middle of the fairway was ignored. The googly ball went to Vicki Still on the tenuous ground that she was too ill to play. Yes, we are a sensitive lot. The encouragement award went to the youthful Emma Hansen. The nine hole comp was won by the team of Pete Harrison and Steve Lambert with a score after handicap of 26.0425 (no, I am not making this up) from 33 off the stick. Runners-up were

Ken Gordon and Gerard Ryan 30/27.3 from Deb Gordon and Ken Gridiron 35/28.95. Winners of the 18 hole comp were Nev Schroder and Col Urquhart 69/60.2275 from Paul Griffin and Stephen Miners 74/62.8075 and Tim Barter and 'Sicki' Still 74/65.2275. Well played one and all!

Next month, i.e., viz and to whit, u ne, we contest the Solstice Pennant. Why not join us at the Hall at 12.15pm on Sunday, 1 u ne for the prompt 12.30pm start? Meanwhile, we pay our respects to the retiring Antony Green, a psephologist's psephologist. And now we can all go back to watching the new SBS crime series, Omicidio Con Funghi.

Larry King, golfer
Photos: Pete Harrison

Mudhooks Win Again

Stewart Wilson

The Bungendore Mudhooks rugby team has continued its unbeaten run in 2025 with another high-scoring win, this time a 57-8 victory against the Cooma Alpine Seniors at Cooma on 17 May to keep them on the top of the table. Until this game, Cooma had also been undefeated so far and were in second place behind the Mudhooks. Considering that, it was perhaps a little surprising that the Mudhooks won so convincingly - most were expecting a much closer tussle. The Mudhooks led 19-8 at half time and were starting to assert their dominance. They fully displayed their true form in the second half by keeping Cooma

scoreless and piling on 38 points of their own. Cooma actually scored first early in the first half with a try followed by a penalty goal a bit later, but that was their only joy. By then the Chooks had already started to control the game and had taken the lead. They scored three tries in the first half courtesy centre Gerhardus 'Geeps' Pretorius, lock Scott Geronimi and winger d ne Waqa. Halfback Tom Worman kicked two conversions. Once they got going, the Mudhooks looked very good with all the players - both forwards and backs - working together well. As has been the case in several games this year, some of the

backline moves were beautiful to watch running rugby. The Mudhooks' six second half tries were scored by centre Maloni Tubekitu and number eight Viliame Taleca (each with a double) and forwards Aiden Shand and Mark Norton. Tom Worman put over four more conversions while Viliame was given the job of attempting to convert the last try just near the end - nearly, but not quite! The Mudhooks have scored more than 50 points in four games out of five so far this year including one over 60 and two over 70. Impressive statistics which bode well for the rest of the season, but this is sport and nothing can be taken for granted. There is always work to do, improvements to be

made. But so far, so good. Next up for the Mudhooks is the Crookwell Dogs at home this Saturday, 24 May, at the Bungendore Sports Hub starting at 2.30pm. Be there to cheer to cheer them on at the club's annual Sponsors' Day! A three weeks gap between games follows due to a bye on 31 May and the u ne long weekend after that when the Provincial Championships are played. Then it's Cooma again on 14 u ne, this time at home. Player awards and their sponsors for the Cooma game were: Best and Fairest: Royal Hotel - Scott Geronimi (3 points), Gerhardus Pretorius (2 points),



Aiden Shand (1 point).
Players' Player: Mint Air Conditioning and Refrigeration - Aiden Shand.
Coach's Player: Bungendore Community Bank - Ethan Kruger.
Chicks' Pick: NV Panel and Paint - Maloni Tubekitu.

Queanbeyan Whites

Queanbeyan Whites

The Queanbeyan Whites have continued their undefeated start to the season beating Royals last weekend (27-19) to be equal top of the ladder.

Celebrating their annual Family/ Culture Day, the Whites won 4 out of 5 games with the Women's team having the weekend off due to Goulburn withdrawing from the competition.

Reserve grade are still to recognise their potential going down 8-29 but with other results going their way find themselves in fourth spot.

Colts registered their first win of the season (27-19), third grade defeated Goulburn (14-12) and are top of the ladder while fourth grade had a hard fought win over Goulburn (24-21) to sit in third place.

Highlights of day included a jumping castle, face painting, an U9s game during half time of first grade, the launch of the Whites First Nations training top and a celebration of the many cultures that make up the Club

First grade was a tense affair with both teams having to work hard for their points. It was 25 minutes before the scoreboard was needed when Royals, who had majority of possession up to that point, found their way across the line, running in two quick tries for a 0-12 lead.

The Whites hit back just minutes later. A Whites lineout 10 m out from Royals line was secured by second rower Jack Gordon. Cooper-Jones spun the ball out

through the back line to winger Blake Miller who scored in the corner. Cooper-Jones converted.

A try to Royals and a penalty goal to Cooper-Jones on the half time bell had Royals leading at the break 10-19

The second half was a solid example of the patience the Whites are learning to play with. Their defensive effort was superb with discipline, and team work repelling wave after wave. When Royals eventually gave up trying to batter their way through the brick wall presented by players such Madjaga, Kruger, Kolopeaua and Saumaisue, the Whites back line were more than up to the task with a kob Biet and Eli Sagala covering the fringes while Nathan Carroll, Blake Miller and Koko Salim ensured any attempts at an overlap were shutdown. Andrew McFarlane was, as always, calming fielding any attempts to kick behind the line

Mid-way through the second half the Whites defensive pressure resulted in a Royals knock on. From the ensuing scrum just inside the Whites half Cooper-Jones fed the ball to Biet onto Carroll who evaded two tackles, before finding clear space up the middle of the field. A long pass from Carroll found Salim on the wing who finished the play with a diving try in the corner. Cooper-Jones missed the conversion but at 15-19 the gap was closing

Blake Miller secured the ball from the restart, a clearing kick from Carroll saw Salim win the in air



contest to maintain possession before the ball worked its way back across the field to Miller. Miller wove his way through the defence for another 5 points and the lead at 20-19

The Whites players were now seeing more of the ball and making good use of the width of the field to stretch the defence. An inside pass from sub, Mal Finau to Carroll put Royals on the back foot allowing a clear pass to Tudulu,

who was lurking in the back line, to secure the win.

First Grade:Tries: Blake Miller (2), Koko Salim, Waisea Tudulu. Conv: Cullin Cooper-Jones (2). Pen: Cullin Cooper-Jones

Reserve grade: Try: Jordan Cotter. Pen: Archie Blaney-Brown

Colts: Tries: Kalen Billiards, Brodie Preston, Zane Glanville, Penalty try. Conv: Zane Glanville. Pen: Zane Glanville

Third Grade: Billy Taylor, Luke Cochrane. Conv: Billy Taylor (2)

Fourth Grade: Tries: a ck Luksza (2) John Steel, Adam Priest. Conv: Braden Reid

This weekend the Whites travel to University Oval to take on Uni-Norths

Above Prop John Madjaga. Photo: d rdan Mirchevski Photography

Bungendore Mudchicks

Round 4 - Mudchicks V Bushrangers

The Chicks headed to ANU north oval on Saturday May 10 for their first gala day. They came up against the ever-strong Hall Bushrangers which as always, was a hard fought and tough game.

The Mudchicks came out of the gate strong, choosing structure and dominance as their goal for this weekend. The Chicks worked hard, slowly wearing down Hall's defence before Sacha Arnold scored under the posts for their first try of the game, shortly followed by another from Chemain Hansen (we love some forwards tries!). The Chicks held their own in the scrums, with a brilliant game from Kate Harris really showing her experience and strength on the field. Charlotte Horan also having a fantastic game, with cover tackles no one could get past!

After this top of the table clash, with Hall sitting at the top of the City competition and the Bungendore Mudchicks at the top of the Country competition, two more ties in the second half from Lana Bobbine and Tia Baxter, the final score sat at 22-5 to the Bungendore Mudchicks.

Points this week went to -
3- Kate Harris



2- Amanda Kay
1- Charlotte Horan
Blokes pick - Chemain Hensen
Coaches pick - Amanda Kay

Round 5 - Mudchicks V Cooma @ Cooma
Round 5 of the Mudchicks season saw us travelling to Cooma to face the ladder leaders. It was Sponsors Day in Cooma, with a huge crowd, and a number of games played throughout the day.

Our Chicks team were missing

a number of key figures due to injury, but 'next Chick up' mentality saw a number of players playing in positions that they were not normally familiar with.

The Cooma team were young, fast, and showed plenty of free-flowing rugby. Despite all of this, the Mudchicks matched them for speed and possession, and found ourselves gaining valuable metres through our powerful forwards.

The first half ended with Kylie being our first try scorer. Half time

score Cooma 10 - Chicks 5.

As the second half progressed, Cooma ran in an early try, but the Chicks grit and determination continued to fight through. Lana crossed the line out wide which brought us to 17-12. As fatigue kicked in we threw everything we had at them in the closing minutes of the game, however Cooma ran away with the final try of the match.

Final score: Cooma 24 - Bungendore 12

We re-gather our thoughts, see potential in our progression, and move on to face Yass at home the next round.

Special mention to a number of players who played above and beyond.

Player's Player: Candy
Coach's Player: Meredith and Taryn
Dicks Pick: Candy
Team photos supplied